

NATIVE WELLNESS LEADERSHIP Conference

OCT 25-28 • OAHU, HAWAII

MORE THAN A CONFERENCE. **IT'S AN EXPERIENCE.**

FOUR EPIC DAYS. LIFELONG IMPACT. FOR YOU. YOUR PEOPLE. OUR FUTURE.

For four unforgettable days, wellness leaders from across Indian Country will come together to learn from national experts, experience the beauty of Hawaii, build lifelong relationships, and return home inspired with practical ideas they can immediately implement in their communities.

Unlike traditional conferences, every day includes a Leadership Adventure designed to reinforce the principles discussed while experiencing one of the most beautiful places on earth.



EPIC
ADVENTURE



POWERFUL
CONNECTIONS



EXPERT
LEADERSHIP



HAWAII
EXPERIENCE

WHY THIS EXPERIENCE IS DIFFERENT

Most conferences keep you inside four walls.

We believe leadership grows through movement, shared experiences, meaningful conversations, and unforgettable adventures.

DON'T JUST ATTEND.
Be Transformed.



GET REGISTERED TODAY

nativefitness.org

Call us at 1(541) 612-7997

NATIVE FITNESS

NATIVE FITNESS

EXPLORE THE EXPERIENCE



Welcome to paradise

SUNDAY | OCTOBER 25

ARRIVAL AND CONNECTION
(BONUS ACTIVITIES OPTIONAL)



BONUS ACTIVITY EARLY MORNING HIKE

7:00 AM – Before Lunch

Arrived early? Join OJ for a bonus hike.
Advance registration required.



BONUS ACTIVITY CRASH SOME WAVES WITH OJ

1:00 PM – 3:00 PM

Meet us on the beach. No presentations. Just surf, swim, relax and begin building friendships before the experience starts.
Advance registration required.



4:00 PM

Hotel Check-In



WELCOME RECEPTION

6:00 PM – 7:00 PM

Meet fellow attendees from across Indian Country.
Meet the team. Event overview. Networking.



MONDAY | OCTOBER 26

BUILDING THE LEADER WITHIN



SUNRISE LEADERSHIP WALK

6:00 AM – 6:45 AM

Start the morning walking Waikiki Beach as the sun rises over the Pacific.
Light mobility. Coffee. Meaningful conversation.



6:30 – 9:30 AM

Breakfast Buffet (Included with your hotel stay)



8:00 – 8:30 AM

Opening Ceremony. Welcome. Event Vision. Opening Remarks.



8:30 – 10:30 AM

Leadership Session



10:45 AM – 12:00 PM

Leadership Session



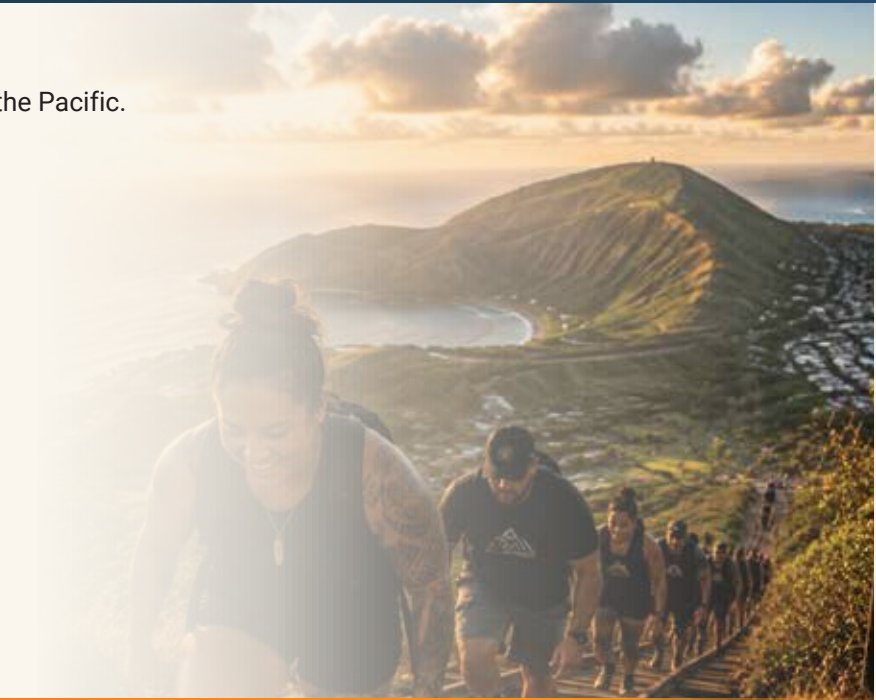
12:00 – 1:30 PM

Break for lunch. Explore Waikiki. Relax. Recharge.



1:30 – 3:00 PM

Leadership Session



KOKO
HEAD
CHALLENGE



LEADERSHIP ADVENTURE #1

Vans Depart 3:30 PM

Experience one of Oahu's most iconic hikes. Challenge yourself. Encourage one another. Create memories that last a lifetime. Return before sunset.

TUESDAY | OCTOBER 27

EXPLORE. CONNECT. RECHARGE.



LEADERSHIP ADVENTURE #2

TODAY IS ABOUT EXPERIENCING HAWAII TOGETHER.

Depart Hotel 7:00 AM

Together we will go to OJ's favorite hike on Oahu. Even if you don't make it to the top, the views alone are worth the trip. Along the journey we'll stop for authentic Hawaiian poke and experience one of the island's hidden gems. You'll return inspired, well-fed, and with stories you'll be telling for years.



Approximately 1:00 PM

Return to Hotel. Freshen up.



2:00 PM - 5:00 PM

Leadership Session. Four focused presentations with networking breaks throughout the afternoon.



SUNSET STORIES - EVENING BEACH GATHERING

7:30 PM

Walk down to the beach together. Hawaiian music. Ukulele. Stories. Conversation. Sunset. Relationships built here often become partnerships that continue long after Hawaii.

WEDNESDAY | OCTOBER 28

Leave inspired.



LEADERSHIP ADVENTURE #3

SUNRISE BEACH WORKOUT

6:30 AM - 7:30 AM

Move your body. Watch the sunrise. Start the final day together.



6:30 AM - 8:30 AM

Breakfast Buffet (Included with your hotel stay)



8:30 AM - 11:00 AM | Leadership Session

Implementation. Funding. Leadership. Action Planning.



11:00 AM - 2:00 PM | Beach Time

Relax. Swim. Network. Optional snorkeling excursion. Enjoy Hawaii. Recharge before the closing celebration.
(Final beach activities to be announced.)



2:30 PM - 4:30 PM Closing Session Celebration

Key Takeaways. Action Commitments. Testimonials. Group Photo.
What's Next. 2027 Leadership Experience Announcement. Recognition of Attendees. Reflection. Hawaiian Traditions. Final Send-Off.



See you in Hawaii, NATIVE FITNESS