

Terms & Conditions for Online Boost Your Mindset Coaching Services

Clients interested in receiving online coaching services must be at least 18 years old.

Client eligibility and acceptance will be based on whether online coaching services is appropriate for a potential client. If it is determined that online coaching would not be in the best interest of a potential client, alternative therapeutic interventions will be recommended.

If it is determined that online Mental Fitness Coaching is appropriate, clients must submit written verification to the terms and conditions (see below) before services are rendered.

Eligibility for Online Services:

Online Mental Coaching services are not meant to take the place of mental health treatment or direct, face-to-face psychotherapy services.

Online Coaching services are most suitable for clients over the age of 18 years-old who have engaged in self-help programs to improve their lives, and/or are seeking a coach to help master skills for masterful living and for issues that are unrelated to major crisis, severe mental health issues, suicidal, homicidal or violent behavior (past and present).

You may be asked to present a copy of your state license in order to verify your name and birth date.

Online Coaching does not provide crisis counseling and is not intended for clients who:

Have a history of major psychiatric episodes, hospitalizations or drug/alcohol dependence.

Have been diagnosed as any of the following – Borderline Personality Disorder, Major Depressive Disorder, Bipolar Disorder Type 1, Mentally Ill/Chemically Addicted (MICA), and/or Schizophrenia.

Have a history of suicidal, homicidal or violent behavior or present as suicidal, homicidal or violent.

If you are considering suicide or believe yourself to be a potential safety threat to others, you must immediately call 911 and/or notify the police and/or seek emergency care at your local hospital.

Full Client Mental Health Disclosure & Right to Refuse Online Coaching Services:

If you have any history of major psychiatric episodes, hospitalizations or drug/alcohol dependence or have been diagnosed as any of the following – Borderline Personality Disorder, Major Depressive Disorder, Bipolar Disorder Type 1, Mentally Ill/Chemically Addicted (MICA), and/or Schizophrenia -YOU MUST disclose this information prior to being considered for online coaching services.

Failure to do so or knowingly misleading or withholding the above said information excludes The Mind Gym LLC from any legal obligation or liability related to said client's diagnosis, prognosis, outcome and actions.

If it is deemed at any point in the treatment that your needs are greater than The Mind Gym can provide and a client is unsuitable for online coaching services, The Mind Gym reserves the right to refuse and/or end coaching program and appropriate referral sources will be provided.

About Distance Coaching:

Is providing education and coaching service that is not “in person” and is facilitated through the use of technology. Such technology may include, but is not limited to, telephone, telefax, email, internet, or video conference.

Disadvantages include varying time zones, cultural differences, language barriers, and strength of internet connection which may impact the delivery of services. Clients must provide off-line contact information in case of a technology breakdown.

Online coaching is meant for clients who are not in major crisis nor been diagnosed with major mental health issues.

The Mind Gym LLC – Boost Your Mindset Coaching Program are not open to those living in a country that is prohibited by law, regulation, treaty, or administrative act from entering into trade relations with the United States.

Expected Outcome:

There are no guarantees of what you will experience, and that you enter this Agreement and use The Boost Your Mindset Coaching programs at your own risk and shall not hold The Mind Gym LLC legally liable for any information or insight distributed here.

Pre-Payment & Cancellation Policy:

Online coaching appointments require pre-payment. If you fail to pre-pay for your session, your appointment will be cancelled unless other arrangements have been made ahead of time.

Coaching is only effective when appointments are kept consistently. The time scheduled for your appointment is reserved for you and you alone. If you need to cancel or reschedule a session, I require at least 24 hours notice.

If you miss a session without canceling, or cancel with less than 24 business hours' notice, you will be charged your full session fee. In addition, you are responsible for coming to your session on time and at the time scheduled. If you are late, your appointment will need to end on time.

Agreement:

This Agreement shall be interpreted only in accordance with the laws of the State of Georgia and any legal proceeding associated with this Agreement will occur exclusively in the courts located in Georgia.

If have any questions about the Terms and Agreement, you may contact us via email at coach@justaskdr.com

2025 The Mind Gym LLC

Verified Signature