

## Privacy Policy

### The Mind Gym LLC

The Mind Gym LLC is sensitive to concerns that personal information collected from its customers (“you” or “your”) be handled respectfully and appropriately.

This Privacy Policy (the “Policy”) discloses the privacy practices for the Site and applies solely to information collected by the web site [www.justaskdr.com](http://www.justaskdr.com)

Including any related domains and sub-domains (the “Site”). This Policy is intended to notify you of the following:

- What personally identifiable information the Site collects from you through the Site, how it is used and with whom it may be shared.
- What choices are available to you regarding the use of your data.
- The security procedures are in place to protect the misuse of your information.
- How you can correct any inaccuracies in the information.

### What Information Is Collected?

#### Internet Traffic Data

Internet traffic data includes but is not limited to Internet service provider information, collection of IP addresses, entry and exit pages, various operating systems and other such information. We collect no personally identifying information through this process, and it is used to help analyze user traffic with respect to various services available through the Site to allow for a more customized and enjoyable user experience.

#### Cookies

We use “cookies” on this Site. A cookie is a piece of data stored on a site visitor’s hard drive to help us improve your access to our site and identify repeat visitors to our site. For instance, when we use a cookie to identify you, you do not have to log in a password more than once, thereby saving time and improving efficiency while on our site. Cookies can also enable us to track and target the interests of our users to enhance the experience on our site. Usage of a cookie is in no way linked to any personally identifiable information on our Site.

## Personal Information

The Site must collect some information from you (“Identifier Information”) to allow you to use and access services, products and materials.

Identifier Information is only collected by your personally providing such information to the Site via e-mail, by phone, or otherwise through the Site’s website pursuant to making a purchase or requesting service.

## Testimonials

The Site may display personal testimonials of yours from time to time received via email or as otherwise received from you by the Site. By accepting the Terms of Use, which incorporate this Privacy Policy that you may access on [www.justaskdr.com](http://www.justaskdr.com) you give the Site-specific consent to use such personal testimonial.

If you would like the Site to remove your testimonial or customer review at any time, please simply contact us at the information included within this policy, and we will promptly do so.

## Information Collection, Use, and Sharing

No mobile information will be shared with third parties/affiliates for marketing/promotional purposes. Information sharing to subcontractors in support services, such as customer service is permitted. All other use case categories exclude text messaging originator opt-in data and consent; this information will not be shared with any third parties.

We will use your information to respond to you and will not share your information with any third party outside of our organization, other than as necessary to fulfill your request, e.g. to ship an order.

Unless you ask us not to, we may contact you via email in the future to tell you about specials, new products or services, or changes to this privacy policy.

## Your Access to and Control Over Information

You may opt out of any future contacts from us or request that we discontinue sending of email and other communications at any time at any time by contacting us at the information included within this Policy.

## Security

We take precautions to protect your information. When you submit sensitive information via the Site, your information is protected both online and offline.

Wherever we collect sensitive information, that information is encrypted and transmitted to us by secure servers. We have included common indications of such secured features when appropriate such as a closed lock icon at the bottom of your web browser.

While we use encryption to protect sensitive information transmitted online, we also protect your information offline. Only employees who need the information to perform a specific job (for example, billing or customer service) are granted access to personally identifiable information. The computers/servers in which we store personally identifiable information are kept in a secure environment.

### Registration

In order to use this site, a user may complete the registration form. During registration, a user is required to give certain information (such as name and email address). This information is used to contact you about the products/services on our site in which you have expressed interest. At your option, you may also provide demographic information (such as gender or age) about yourself, but it is not required.

### Orders

We may request information from you on our order form. To buy from us, you must provide contact information (such as your name and shipping address) and financial information (like credit card number, expiration date). This information is used for billing purposes and to fill your orders. If we have trouble processing an order, we will use this information to contact you.

### Third Parties

Please be aware that some of our business partners may use cookies or other methods of tracking and targeting use on our site (advertisers, for example). However, we have no access to or control over these cookies and this Privacy Policy does not extend to such third parties. Please be aware that we are not responsible for the content or privacy practices of such other Site. We encourage our users to be aware when they leave our site and to read the privacy statements of any other site that collects Identifier Information.

### Surveys & Contests

From time-to-time our site requests information via surveys or contests. Participation in these surveys or contests is completely voluntary and you may choose whether or not to participate and therefore whether or not to disclose information sought by such surveys or

contests. Information requested may include contact information (such as name and shipping address), and demographic information (such as zip code, age level). Contact information will be used to notify the winners and award prizes. Survey information will be used for purposes of monitoring or improving the use and satisfaction of this site.

#### Other Disclosures

We may provide your personal information to third party service providers who work on behalf to provide some of the services and features of the Site and to help us communicate with the members of our Site. However, these service providers do not have any independent right to share this information (except pursuant to a legal requirement such as a subpoena or warrant).

We may share some or all of your personal information with our parent company, subsidiaries, joint ventures, or other companies under a common control (“Affiliates”), in which case we will require our Affiliates to honor this Privacy Policy.

If the assets related to the Website are acquired by another company, that company will possess the personal information collected by us and it will assume the rights and obligations regarding your personal information as described in this Privacy Policy.

We have security measures in place to minimize the loss, misuse, destruction and alteration of the information that you provide us, or that we obtain from you. We will have no liability however to you or to any third-party arising out of any such loss, misuse, destruction, or alternation.

#### Other Limits to Your Privacy

Our Site contains links to other third-party websites (“Linked Websites”). We are not responsible for the privacy practices or the content of the Linked Websites. If you choose to visit other websites, we are not responsible for the Privacy Practices or content of those other websites, and it is your responsibility to review the Privacy Policies at those websites to confirm that you understand and agree with their policies.

We may also make chat groups, forums, and message boards available to you, but please understand that any information you disclose in these areas becomes public information and accordingly, such information is not subject to this Privacy Policy. We have no control over its use and you should exercise caution when deciding to disclose any personal information.

## Updates and Changes to Privacy Policy

We reserve the right, at any time and without notice, to add to, change, update or modify this Privacy Policy, by posting such change, update or modification on the Site. Any such change, update or modification will be effective immediately upon posting.

If have any questions about this Privacy Policy, you may contact us via email at [coach@justaskdr.com](mailto:coach@justaskdr.com)

2025 The Mind Gym LLC