

Edition 46 - 11th July, 2026



Hi,

Welcome to this week's Dean Scene!

As July continues, our focus remains on the **Rottingdean & Saltdean Lions Club**, our Charity of the Month. This week we are asking for a little help from the community: the Lions are in need of storage space for their Fayre equipment. Celebrating their hard work is one thing, but sometimes they need something practical in return, and this is one of those moments.

Today, head down to **Ovingdean Beach** for a Bioblitz starting at 2pm, organised by **The Rockpool Project**. It is a fantastic opportunity to explore the shoreline and discover what is living in our local rock pools.

This Wednesday also sees the return of **Wednesdays at One**, with a guided tour of the churchyard led by Mike Laslett and Bob Smale. Full details are below.

As always, thank you for reading, for supporting local organisations, and for helping to keep our wonderful community connected. Enjoy this week's edition!

Please note: If you'd like to contact me, please email lisa@deanscene.co.uk rather than replying directly to this newsletter, as replies are not always seen promptly.

Best Wishes,

Lisa Staples

What's Happening In The Deans This Week...

The Rock Pool Project Ovingdean Beach **Today!**



Next Bioblitz! *Ovingdean*

*11 July
2pm*



Friends of Beacon Hill Tuesday 14th July 10.00am - 12.00pm



Come and join the Friends of Beacon Hill!

We are a group of people who value and appreciate our local **Beacon Hill Nature Reserve** and give a little time and practical help to maintain and develop it. We carry out tasks agreed by Brighton City Council and Rottingdean Parish Council who are responsible for the nature reserve.

All Work Sessions are 10:00 to 12:00. It's meet at 10:00 at the Beacon Hub on Beacon Hill.

We ask people to bring secateurs if they have them, to wear sturdy footwear and have good gardening gloves. We provide tools for scrub removal.

The Friendship Cafe St Martins Church Saltdean



Our Friendship Café operates on the **third Monday of the month from 2pm– 3.30pm.**

We offer a warm space, a hearty welcome and refreshments, including home made cakes.

We offer a place to chat and make new friends.

We normally have a craft table and a jigsaw on the go most weeks.

We also have a selection of games to play, but if you have a game you enjoy, bring it along to share.

We do not charge for the session but there is a box for donations.

Come and meet us. We look forward to welcoming you.

The Friendship Café Team

South Coast Taxis - 01273 301111



Scan The QR Code that will take you to our APP

"Wednesdays at One"
The Grange
15th July: Mike Laslett & Bob Smale
Tour of the Churchyard



We're so pleased to be able to give details of this year's very popular **Wednesdays at One** series of lunchtime talks.

These take place in The Grange Gallery (unless otherwise stated) above the library, opposite the pond, in our beautiful village of Rottingdean.

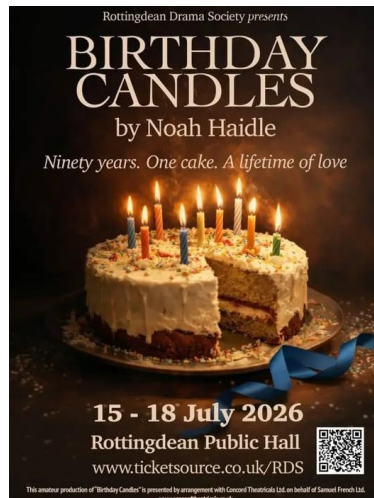
Places are limited to 40 people and as there is no booking required we operate on a first-come, first-served basis. There is a voluntary suggested donation of £3.00 to help pay for our wonderful speakers.

A series of lunchtime walks near The Grange at 1pm:-
Suggested donation to church or garden £3

Email For More Information

Rottingdean Drama Society

15th - 18th July



Tickets are selling fast for our Summer Production of **Birthday Candles**, a play by Noah Haidle



Don't miss your chance to see a beautiful, heartwarming play right in the heart of Rottingdean



Currently our best availability is for opening night



Not a football fan? Come and join us for a evening of live theatre on Wednesday 15th July instead!



Production dates: 15th-18th July



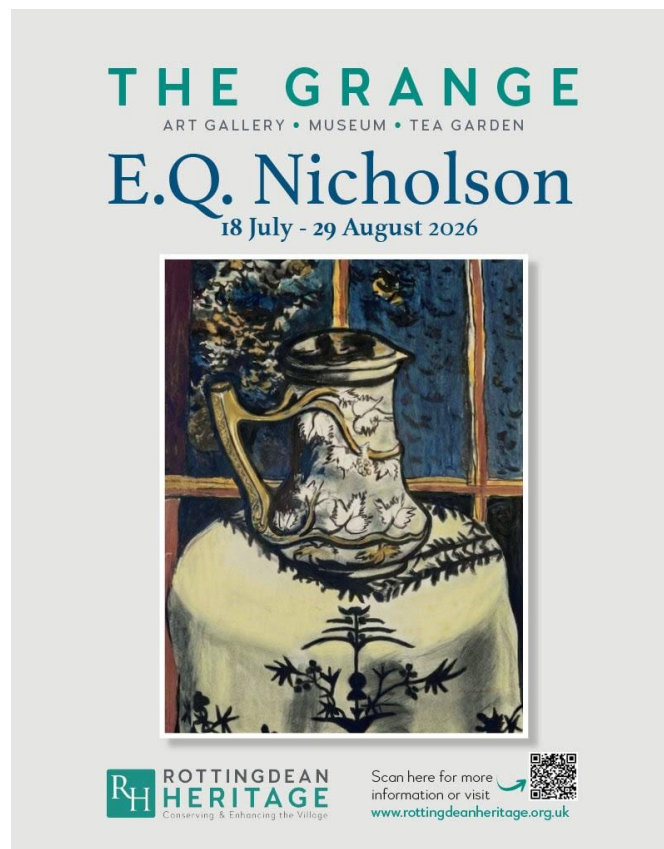
Tickets on sale now



Rottingdean Public Hall

Book Now!

E.Q. Nicholson
The Grange Gallery
Saturday 18th July - Saturday 29th August



The Grange Gallery is presenting the third in its series of acclaimed exhibitions on the life and work of members of the family of the celebrated artist **William Nicholson** who lived there from 1910-1914. In 2022, William himself was the subject, followed in 2024 by his wife **Mabel Pryde Nicholson** - the first comprehensive exhibition of her paintings for more than a century.

This summer, we are delighted to showcase the work of **E.Q. Nicholson** (William's daughter-in-law) and, in particular, the paintings she produced in the 1940s, a remarkable decade when she lived at Alderholt Mill in Dorset. The exhibition shows some of her finest work from that period – the landscape and garden around the house and interiors with ceramics and flowers – joyful idiosyncratic depictions of the life in the English countryside.

In addition, we are including key works by the brilliant young painter **John Craxton**. For a while, he lived and painted alongside E.Q. at the mill, exploring landscape for the first time and embarking on his own impressive career that would earn him international distinction.

The Grange Gallery (Rottingdean Heritage) is located on The Green in Rottingdean, opposite the village pond and The Plough Public House.

The exhibition is on a first floor (above Rottingdean Library) and a chairlift is available. Gallery opening hours are Wednesday to Saturday 10.00 am to 4.00 pm and Sunday 1.00 pm to 4.00 pm. Admission free.

Divine Light Holistics



✦ Step Into July Feeling Relaxed, Balanced and Refreshed ✦

Are you ready to make a little time for yourself this summer?

Hi, I'm **Jacqueline**, a holistic therapist dedicated to helping women relax, restore and reconnect with themselves. Whether you're feeling stressed, tired or simply in need of some well-deserved self-care, my treatments are designed to leave you feeling calmer, lighter and re-energised.

Visit The Website

The Open Art Cafe Rottingdean



If you haven't discovered the **Open Art Café** yet, you're missing something special!

Yes, we do great coffee and fresh, homemade food, but there's a lot more going on here. Browse a beautiful collection of gifts and artwork from local artists, or check out our latest bold and quirky new pieces. Whether you fancy a summer salad, a slice of homemade cake, or something in between, we cater for all dietary requirements, so nobody gets left out.

Dog owners are especially welcome, with **doggy ice cream** available for your four-legged friends too!
Come and pay us a visit. We'd love to see you!

The Rottingdean & Saltdean Lions Club Need Your Help!



Can you help the Lions?

The **Rottingdean & Saltdean Lions** are on the lookout for a garage, or even half a garage, to store their equipment between Fayres and events. As a charity, commercial storage simply isn't an option financially, so they are relying on the kindness of the local community.

If you have space to spare and would be willing to help, it would make a genuine difference to everything they do for us locally.

Please get in touch if you can help or know someone who can.

Please contact The Lions on 03458 339617 or email at info@rottingdeanandsaltdeanlions.org.uk. You can also contact us through our website: (www.rottingdeanandsaltdeanlions.org.uk)

Advertise In The Dean Scene!



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morning to residents across
Rottingdean, Saltdean,
Woodingdean, Ovingdean
& Roedean

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& Trusted**

Approaching our 1st
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our community opens,
reads and relies on
week after week

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lisa@deanscene.co.uk

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Email For More Information

Open Garden In Aid of the Martlets
Sunday 19th July
11am - 5pm





Come and visit **91 The Ridgeway, Woodingdean** on **Sunday 19th July** when Gill Maskell opens her garden in aid of the the Martlets .

Gill has been doing this annually since 2007.

This well-established garden features a wide variety of trees and shrubs, a beautiful pond, and winding paths that guide you around the grounds.

Please note that, unfortunately, the paths are not suitable for wheelchairs.

Visitors can enjoy homemade cakes and cream teas in the garden or take some treats home. There will also be a plant sale and raffle.

Entrance is by donation.

Saltdean Tennis Club

Mondays 10.30am - 12.00pm

Walking Tennis Session at Saltdean Tennis Club **Mondays from 10.30am - 12.00pm**



An introduction to this modified, low-impact version of tennis designed for all ages and abilities and those recovering from injury. It is played with slower soft balls than usual and the key rules include no running or jumping, and allowing the ball to bounce twice.

The session is open to both tennis and bowls club members as well as the wider community, a small £3 fee for non-members payable on the day. This session run for the duration of the summer. The session will be followed by refreshments in the clubhouse.

There is no need to book a place please let us know if you intend to come by emailing saltdeantennissocial@gmail.com



The club is now offering this every Monday along with a special membership package of £25 which is proving very popular!

Email And Let Us Know You Are Coming!

Charity of the Month

The Rottingdean & Saltdean Lions Club



As we continue to focus on the **Rottingdean & Saltdean Lions Club** this month, here is an example of the amazing work the Lions do to help the community...

Lions Members Fund New Emergency Vehicle.

Lions club members from across the South East have raised an incredible £53k to buy a new Rapid Response Vehicle (RRV) for Air Ambulance Charity Kent Surrey Sussex (KSS).

Representatives from the Lions District 105SE recently visited the KSS airbase at Redhill, Surrey to officially hand over the new vehicle, which will be used to provide world-leading pre-hospital emergency medical care by road when circumstances such as bad weather prevent the charity's helicopters from taking to the air.

The Lions played a key role in KSS introducing night flying by raising money to buy the night vision goggles, which in 2013 enabled KSS to become the first air ambulance charity in the UK to fly around the clock, 365 days a year.

Fundraising events and activities across the region have ranged from Easter egg hunts and classic car shows to the Hastings Half Marathon.

Chandra Kumar, District Governor of Lions District 105SE, said:
"We are proud to support KSS because of the invaluable role the charity plays in saving lives across our region. We look forward to working with KSS in the future and helping them to save more lives."

David Welch, KSS Chief Executive, commented "We are incredibly grateful to Lions District 105SE for this generous donation and all of the support over the last 13 years. Although we are strongly associated with helicopters, our RRVs are vital to our 24/7 service and allow us to deliver hospital-level care to our patients no matter where they are or what the weather conditions are like.

"Like our helicopters, they allow our crews to reach patients quickly to deliver vital life-saving interventions. It is therefore critical for us that we have a reliable and safe fleet of specially equipped cars such as this one."

If you would like more information about becoming a member please contact The Lions on 03458 339617 or email at info@rottingdeanandsaltdeanlions.org.uk. You can also contact us through our website: (www.rottingdeanandsaltdeanlions.org.uk)

Lions Gala & Dog Show!

Only One Week To Go!



**Rottingdean & Saltdean
Lions Club**
Also serving Woodingdean, Ovingdean and Falmer



**Lions Gala
and Dog Show**

**The Oval, Saltdean
Saturday, 18th July 2026
11.00 am to 4.00 pm**

**Dog Show
Registration from
11.00 am**



**Licensed bar with REAL ALE, barbeque,
stalls, arena events, raffle and
Refreshments.**

Admission Free

Rottingdean & Saltdean Lions Club Charitable Trust Fund N° 1001889

Later In The Deans...

Saltdean Lido Twilight Swim

Sunday 19th July 2026

19:00 – 21:00



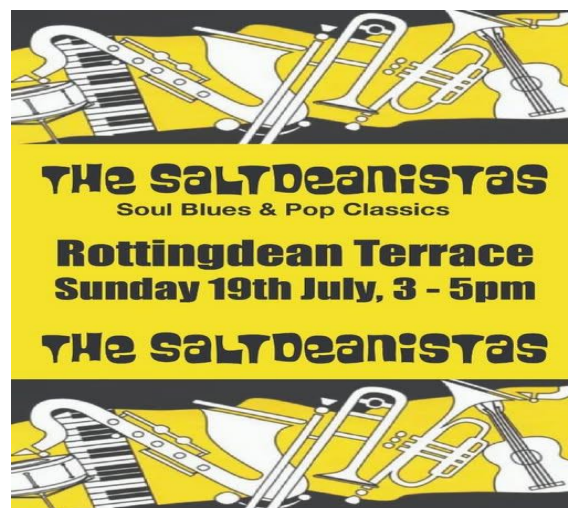
Book Your Tickets Now!

The Saltdeanistas

Rottingdean Terraces Stage

Sunday 19th July

3pm - 5pm



The Saltdeanistas, return to play some soul on the beautiful **Rottingdean Terrace Stage**. They attracted such a big crowd last year, and it would be wonderful to see you all again....plus a few more, so tell your friends. You'll hear songs by Stevie, Curtis, Gil Scott-Heron and more.

(Will be moved to St Margaret's Church if wet)

Dirty Dancing - Outdoor Cinema
Saltdean Lido
Friday 31st July
7.30pm - 10.50pm



Join us for the 1980's blockbuster coming of age cult classic Dirty Dancing, a true classic blockbuster film, that will leave your heart full and happy. Screened poolside under the stars at the Art Deco masterpiece of Saltdean Lido.

More Information & Tickets

Rottingdean Whiteway Centre Autumn Courses Launch



Dates for your diary Autumn 2026 term dates

Autumn courses launch - Friday 21 August @ 9am

In-person enrolment - Saturday 5 September 11-12 noon

Term dates - 21 September - 4 December 2026

Half term - 26 October - 30 October

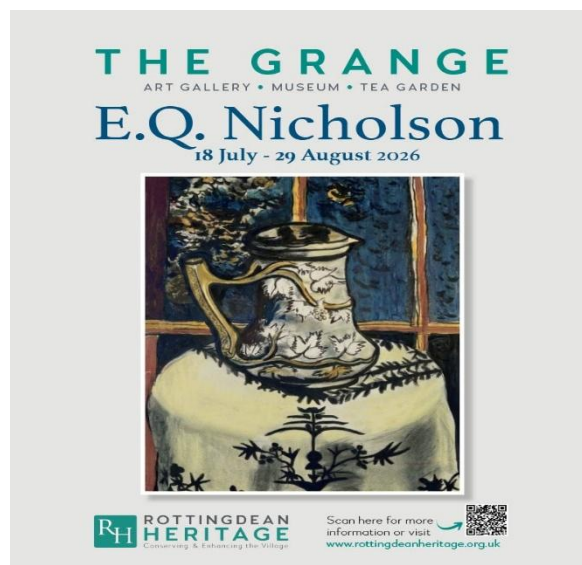


As we are rapidly approaching the end of the Summer Term, we thought we'd say a big 'Thank You' to all our tutors, students and anyone else who makes the Whiteway Centre a destination for courses & events.

Save the dates for the Autumn Term, with course enrolment commencing from **Friday 21 August..** We also have an in-person enrolment on **Friday 5 September 11-12 noon.** Keep an eye out on www.rwc.org.uk

Visit The Website

**Rottingdean Heritage & Rottingdean Whiteway
Centre
Special Event!
Saturday 8th August
10am - 12.30pm**



Part of the programme of events supporting our major art exhibition this summer - **EQ Nicholson** - is a talk, '**My Dear Qeakle: John Craxton And EQ Nicholson, A Lifelong Friendship**' which focusses on the Alderholt Mill years and which will take place at the Rottingdean Whiteway Centre, Whiteway Lane, Rottingdean.

We have great pleasure to welcome speaker, **Carolyn Trant** to Rottingdean. Carolyn is an expert on the life of EQ Nicholson and will give an illustrated talk which will explore a joyful creative relationship through John Craxton's delightfully visual letters to EQ. Discussing music, travels, and the work of other artists, they show how they shared ideas and influences and illuminate EQ's lively personality

Carolyn Trant is the author of *Art For Life: The Story of Peggy Angus*, and contributed to *The Cultural Life of Images*. Her book *British Women Artists From Suffrage to the Sixties* has just been reissued as a paperback. She is a practising artist with works in private and institutional collections including Tate, V&A and British Library Modern British Collections, and the US Library of Congress. Carolyn lives in Sussex.

Full Details & Booking Information

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