



Hi,

 Welcome to this week's Dean Scene!

It looks like another fantastic weekend to get out and enjoy everything our local community has to offer!

Saltdean Lido is the place to be this weekend, with a fantastic line-up of **FREE activities for the whole family**. Whether you're looking to keep the kids entertained or simply enjoy a day out, there's plenty happening to make the most of.

 **Love your flowers and gardens?** Don't miss the **Woodingdean Horticultural Society's Annual Garden Show**. Expect beautiful blooms, home-grown produce, creative arrangements and plenty more - a real celebration of local talent and green-fingered expertise!

 And if you haven't yet visited **The Grange Gallery**, there's still time to catch the wonderful **E.Q. Nicholson Summer Exhibition**, running until **29th August**. It's well worth a visit and a lovely way to spend a summer afternoon.

As always, we've packed this week's edition with local events, community news and things to see and do.

Thank you for reading and for being part of what makes our little corner of Sussex so special. Enjoy this week's Dean Scene!

Please note: If you'd like to contact me, please email lisa@deanscene.co.uk rather than replying directly to this newsletter, as replies are not always seen promptly.

Best Wishes,

Lisa Staples

What's Happening In The Deans This Week...

Woodingdean Horticultural Society Annual Garden Show **TODAY!** Saturday 15th August

WOODINGDEAN HORTICULTURAL SOCIETY

ANNUAL GARDEN SHOW

Member's Annual show of
Flowers, Fruit & Vegetables
Flower Arrangements, Home Economics
& Handicrafts





Saturday, 15th August
2.00-4.00pm
at Woodingdean Community Centre
Warren Road

Admission Free

Raffle

Refreshments

Sponsored by:
KTV Landscapes, Java Café, Woodies, Woodingdean Fish Bar,
G & N Garage Doors.

Saltdean Lido Family Fun Day!
Saturday 15th August
Today!



Go along to Saltdean Lido for the **Saltdean Lido Family Fun Day**, a celebration of community, wellbeing, and family fun. Enjoy a packed programme of **FREE** exercise classes, exciting children's activities and a Mad Hatter's Tea party!

More Information & To Book Now!

Saltdean Lido Wellbeing Day
Sunday 16th August
10am - 7pm
TOMORROW!



Come and try some **free** Exercise, Relaxation and Wellbeing classes at Saltdean Lido (Classes have limited capacities please book in advance)

Register Here!

Walking Tennis
Saltdean Tennis Club
Mondays
10.30am - 12pm



Email For More Information

**The Grange Gallery
Summer Exhibition - E.Q. Nicholson
Now Until Saturday 29th August 2026**



Our wonderful Summer Exhibition, E.Q. Nicholson is in full swing!

You'll find us on the green, opposite the pond in the beautiful Grange building, once the home of William Nicholson (EQ's father-in-law). We show the paintings she produced in the 1940s, a remarkable decade when she lived at Alderholt Mill in Dorset. The exhibition shows some of her finest work from that period – the landscape and garden around the house and interiors with ceramics and flowers – joyful idiosyncratic depictions of the life in the English countryside.

In addition, we are including key works by the brilliant young painter John Craxton. For a while, he lived and painted alongside E.Q. at the mill, exploring landscape for the first time and embarking on his own impressive career that would earn him international distinction.

E.Q. Nicholson is open until Saturday 29th August.

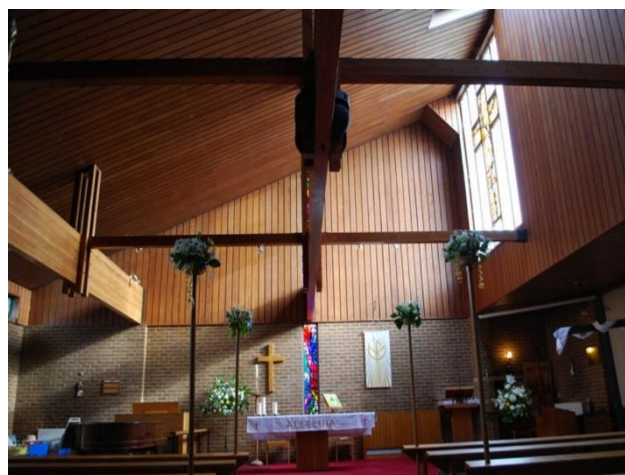
The exhibition is on the first floor (above Rottingdean Library) and a chairlift is available.

Gallery opening hours are Wednesday to Saturday 10.00 am to 4.00 pm and Sunday 1.00 pm to 4.00 pm. Admission free.

Rottingdean Heritage CIO is a locally run charity. Please do look at our website for information on what Rottingdean Heritage looks after in our beautiful village, and please do sign up if you'd like to receive quarterly newsletters.

Visit The Rottingdean Heritage Website

Holy Cross Church Woodingdean "A Cool Space"



Cool Spaces 🧐 🧐

As advertised by Brighton & Hove City Council Cool Spaces Mapping: Holy Cross Church remains open daily 9am-6pm for residents to find spaces to cool down during the heatwaves. We are actually open 9am-6pm 365 days a year, serving as a quiet space for anybody to seek respite from the outside world.

South Coast Taxis - 01273 301111



SOUTH COAST TAXIS

24/7 TAXI

— YOUR JOURNEY, OUR PRIORITY —

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AREA
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SERVICE
- SAFE**
COMFORTABLE
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GATWICK £60 **HEATHROW £120**

WOODINGDEAN | ROTTINGDEAN | SALTDEAN | Ovingdean



Scan The QR Code that will take you to our APP

The Open Art Café



Hot day? We have the answer!

Wall's Ice Cream has landed at the **Open Art Café**, with a gorgeous range of flavours to cool you down. And because we would never leave anyone out, we have doggy ice cream for the four-legged members of the family too.

Come for the ice cream, stay for everything else. Great coffee, fresh homemade food, summer salads, homemade cake, and a menu that works for every dietary requirement. A beautiful collection of gifts and artwork from local artists. Bold, quirky new pieces to discover and a shaded garden that is absolutely made for days like this.

Come and pay us a visit. We would love to see you!

★ Dean Scene Deal of the Week! ★

Mention **The Dean Scene** and enjoy **coffee and cake for just £6**.
Support local, discover local, and treat yourself to a visit to The Open Art Café this week.

(The Open Art Café, Nevill Road, Rottingdean)

Raystede FREE Family Learning Days



During the summer holidays we will have a new exciting trail for you to enjoy.

Collect your trail sheet and follow the clues to explore our site and learn more about our animals.

In addition to the trail, you can also enjoy:

- Film show in our craft room.
- Animal themed arts and crafts, games and activities.
- Take home fun resources to enjoy with your animals at home!

ANIMAL DETECTIVES 🔍

19, 20, 26 and 27 August

We need your help!

A mysterious poo has appeared in our yurt garden – it must have come from one of our animals! Can you assemble an animal detective squad to find out whodunnit?

Which animals will be best at following a trail?

Which animals will make the best security guards?

Will you and your squad be good enough to catch the culprit?

On the day, you can also enjoy a film in our craft room, join in the fun and games in our education garden, and take part in our craft activities!

Book Your Free Trail Here!

**Wildblood & Queenie X
Saltdean Lido
Friday 21st August
7pm - Midnight**



Join us on the dancefloor as **Wildblood & Queenie** bring their glitter-fuelled disco magic to Saltdean Lido.

Expect disco classics, edits, remixes, reworks, nu-disco and Italo, all delivered with the infectious energy that has made them one of Brighton's most-loved DJ duos.

Before the dancing begins, soak up the summer atmosphere on our iconic terraces and enjoy food and drinks from the Reading Room. Then head into the Ballroom for an uplifting night celebrating great music, community and disco's queer roots.

Whether you're a lifelong disco devotee or simply looking for a brilliant summer night out, everyone is welcome.

Gather your friends, dress to sparkle and prepare to dance from start to finish. With Wildblood & Queenie on the decks, the jump will always be had and disco joy is forever included!

Book Tickets!

Family Fun Day

St Nicholas Church
Thursday 27th August
10.30am - 2pm



Charity of the Month

COPPAFEEL!



Our Team and Culture

Our charity is nothing without the people who make up its community. Collectively with our supporters, staff, patrons, trustees and advisory groups, CoppaFeel! has a voice far greater than our size!

Our Senior Management Team

CoppaFeel!'s Senior Management Team have overall responsibility for the strategy, management, organisational delivery and impact. They work closely with the Board to ensure that they are delivering **CoppaFeel!'s** vision in a way that is sustainable and will have the greatest impact in ensuring that all breast cancers are diagnosed early.

Our Trustees

CoppaFeel!'s Board of Trustees is responsible for shaping our strategy, governance and ensuring that everything that we do will have the greatest possible contribution to achieving our vision of ensuring that all breast cancers are diagnosed early. We aim to have a Board that reflects the diverse communities that we serve, with a range of expertise and lived experience to best meet the needs of our audience as well as support the sustainable growth of the charity. Trustees have terms of office lasting four years and are eligible to stand for a maximum of 3 terms.

Medical Advisory Group

Our Medical Advisory Group members are here to support the **CoppaFeel!** team in reminding, educating and empowering the nation to check their boobs. We are proud to have their expertise on board to help evaluate, develop and inform our messaging and campaigns.

Education Advisory Group

Our Education Advisory Group members are here to support the **CoppaFeel!** team in reminding, educating and empowering the nation to check their boobs, pecs and chests. We are proud to have their expertise on board to help evaluate, develop and inform our education programmes and resources for schools and young people. Behind this month's nomination is local fundraising superstar **Lyndsay**, whose determination is nothing short of extraordinary. **Lyndsay** is now preparing for her next incredible adventure – trekking the **Great Wall of China** in support of **CoppaFeel!**

You can donate towards this amazing cause here:

<https://www.justgiving.com/page/lyndsay-treks-china>

You can also follow Lyndsay's journey here, I'll be updating and posting along the way in China

- <https://www.instagram.com/lyndsay.and.the.girls>

All money raised will go directly to CoppaFeel! and their vital work in breast cancer awareness. Here you'll find us

Visit The CoppaFeel! Website

Inspire Beauty - Woodingdean



Hello, my name is Danat I am a fully qualified beauty technician providing bespoke beauty therapies at my home salon and spa. I pride myself in providing professional therapies in a relaxed and friendly environment creating calm atmosphere mixed with fun and friendship.

I am based in Woodingdean with easy access from the surrounding areas with easy and free parking.

Book Now

Later In The Deans...

The Rockin' Rendezvous
Saltdean Lido
Saturday 29th August
3pm - 7pm



Get ready to **swing, jive, and stroll** to the hottest hits of the 1940s and 1950s at **Saltdean Lido!** 🎵 🎶

Join us for **Rockin' Rendezvous** - an afternoon of non-stop dancing, toe-tapping, and groovin' to the timeless classics that defined an era. From smooth swing and energetic jump jive to soulful doo-wop, R&B, rock 'n' roll, and western swing, there's something to get **every dancer moving!**

Dress to impress in your **finest vintage attire** - think swing dresses, pencil skirts, sharp suits, fedoras, and saddle shoes - and let the rhythm carry you through an unforgettable afternoon. The dance floor is calling, and we're ready to **rock around the clock** with you! 🕺 🕴

Book Your Tickets!

**Opera In The Park
Kipling Gardens
Bank Holiday Monday 31st August
5pm**

OPERA IN THE PARK

THE BARBER OF SEVILLE performed by
OPERA KIPLING in Kipling Gardens

This young, vibrant professional opera company bring us Rossini's Barber of Seville complete with English surtitles. One of the greatest masterpieces of comedy within music, and has been described as the opera buffa of all "opera buffa".

Tickets £20.00

Bank Holiday Monday 31 August 5.00pm St Margaret's Church if wet
Sponsors Chris and Dawn Davidson, Elaine Eardley, A J Taylor Electrical Contractors Ltd



**Line Dancing With the Double Dolly's!
Saltdean Lido
Thursday 3rd September
7pm - 9pm**

**LINE DANCING
WITH
THE
DOUBLE
DOLLY'S!**

**COMEDY - SONGS
LINE DANCING**



Double the fun, double the trouble and double the glamour!

Howdy there! The Double Dolly's return to Saltdean Lido!

Dolly Parton has been cloned as the world needs more positivity, love and joy.

So, join The Double Dolly's for an hilarious hoedown, featuring live Dolly Parton hits, raucous comedy, and extraordinary line dancing.

Bring your mates, or your Nan for a do-si-do at this inclusive, feel good show.

Dressing up as Dolly, or a cowboy is highly encouraged as there will be coveted prizes to be won.

It's the place to be after you've finished your 9 to 5. So shine like a diamond in a rhinestone world and head on down!

Baby you'll be burnin' after doing the electric slide! So saddle up and ride on out to the party of your life!

Can we get a Yee-Haw!

Book Your Tickets!

Helping Paws Fun Dog Show!
Saltdean Oval Park
Sunday 6th September
11am - 3.30pm



The poster features a central teal circle with various dog breeds around it. Text inside the circle lists competition classes. At the bottom, there are two red award ribbons, a QR code, and contact information. The top and bottom of the poster have blue banners with white text.

HELPING PAWS FUN DOG SHOW

SALTDEAN OVAL PARK

PRE-REGISTER ON OUR WEBSITE **SPONSORED BY MERIDIAN VETS** **REGISTRATION STARTS AT 10:15**

£3 a Class
Handsome Boy - Pretty Girl
Best Puppy - Golden Oldie
Inbetweeners
Best Rescue - Best non Rescue
Waggiest Tail - Sausage Catcher

BEST IN SHOW WINS PET PORTRAIT **STALLS FOOD RAFFLE TOMBOLA**

WE SUPPORT ANIMALS ALL OVER THE WORLD
ENQUIRIES 07818 402771 HELPINGPAWSTERS@GMAIL.COM

SUNDAY 6TH SEPTEMBER 11AM - 3.30PM

There will be loads of Helping Paws stalls but also we invite charities (free of charge). This year these will include Blind Dogs, The RSPCA Brighton, Raystede, Polga's Fund Bulgaria, Kitty in the City Brighton, City Cat Shelter Brighton, Lunch Positive Brighton.

In addition there is a Helping Paws Bar, The Rover's Return, food outlets and commercial stalls selling all manner of things.

The RSPCA will be holding dog games including tennis ball bobbing, agility, temptation alley and hurdling.

We will have our WORLD FAMOUS TOMBOLA and an amazing raffle with some incredible prizes including a week for 4 at a dog friendly cottage in Devon.

We also have a silent auction with some super lots including a package donated by the lovely Peter James which includes a signed book and Roy Grace merchandise.

We have things for the kids including a kids tombola and for the first time this year SUGAR'S SLOTS - great fun!

Here is the running order of the day

11.00 Waggiest Tail & Best Sausage Catcher
11.30 Best Puppy & Golden Oldie
12.00 Inbetweeners & Best Trick
12.45 Prettiest Girl & Most Handsome Boy
13.30 Best Rescue & Best Non-Rescue
14.15 Best in Show & Dog Who Has Made a Difference
14.30 Silent Auction Winners Announced & Raffle Draw

The Deans Repair Cafe

Next Date: Saturday 5th September!

Reduce waste: share and learn new skills



2026: The Deans Repair Cafe

Sat 5 Sept, Repair Cafe 10:30-12:30

Sat 14 Nov, Repair Cafe 10:30-12:30

St Nicholas Church Hall, 40 Saltdean Vale, BN2 8HA

FREE community event. Just find your non-working **small home electricals**, eg, lamps, kitchen and garden tools, vacs, mixers, anything with a plug. **PAT testing** available. Also **mechanicals** (may not have a plug) such as floor sweeper, small rickety table, etc. Also **clothes, crafts, upcycling projects** for our **stitchers** to look at. Come with your **computer queries**, too, for our experts to advise on. Be prepared to stay, soak up knowledge, or just drink tea and chat. New fixers, welcome!

Donations: yes please, to cover insurance (but don't worry if you can't)



Energy advice and update on all things
Saltdean Climate Action Network, also available.

Facebook: Deans Repair Cafe
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