



**Local Events, History, Community
News and Special Offers -
Delivered Straight to Your Inbox
Every Saturday...**

Welcome to the Dean Scene!

This week sees the final instalment of our wonderful photographic journey through Rottingdean's past, and I'd like to say a huge thank you to our local historian **Douglas d'Enno** for sharing his incredible collection with us. The photographs have been fascinating, offering a wonderful glimpse into days gone by. If, like me, you've loved looking back through these images, Douglas' book ***Rottingdean Through Time*** is definitely worth a read!

We're continuing to shine a light on our October Charity of the Month, **Say Aphasia**. This week, our reader Monica shares a personal insight into what it's like to live with aphasia, helping us to better understand the challenges people face and why the charity's work is so important.

Fancy testing your general knowledge while raising money for a brilliant local charity? Head along to the **Helping Paws Quiz at The Plough Inn**. It's a great excuse to get friends together, enjoy a fun evening and support a worthwhile cause at the same time!

♥ **And don't forget!** If you'd like to nominate a charity for our **Charity of the Month**, we'd love to hear from you. Simply email lisa@deanscene.co.uk.

As always, thank you for reading, supporting local and helping make our community so special. ♥ **Now, grab a cuppa and see what's happening across the Deans this week!**

Best Wishes,

Lisa Staples

What's Happening In The Deans This Week...

Helping Paws Monthly Fundraising Quiz Tuesday 13th October



We still have a few spaces at our **Spookilicious** quiz on 13th October. If you are local do come along, it is a great fun evening. Teams from 2 to 6 people. Fancy dress is optional with a prize for the best costume!

Email Helping Paws

St Nicholas Church, Saltdean
Tuesday 13th October, 7pm



Film show, People's Emergency Briefing -

**All about climate change, but not scary,
all about what we need to do!**

Just a reminder about this important film showing and community discussion at St Nicholas' Church Hall on Tuesday 13th October , 6.45pm for a 7pm start.

These showings are taking the country by storm, bonding people together, community by community - it's quite remarkable. There's also an eventbrite link and it would be very helpful if you could respond to that so we get an idea of numbers.

Bring your ideas as well as your questions and meet each other so we can make things happen together!

All the best, Gill and the SCAN crew / 07860515217

Rottingdean Drama Society
Autumn Production of London Assurance,
by Dion Boucicault



TICKET WATCH

Thank you to everyone who has already bought tickets for our Autumn Production of London Assurance, by Dion Boucicault

Don't wait to secure a seat for your performance of choice, they are selling fast!

Not sure if London Assurance is for you? If you like farcical, scandalous, period comedy and a story full of twists, turns and surprises, you will likely enjoy this evening with us!

London Assurance, by Dion Boucicault

14th-17th October 2026

Tickets on sale now

Rottingdean Public Hall

Purchase Your Tickets Now!

South Coast Taxis - 01273 301111

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Email Lisa Here

Some Fabulous News For Rottingdean!



Rottingdean Parish has been successful in the South and South-East in Bloom Competition - in fact, they have won Gold again!

Many local community volunteer organisations work in partnership to maintain and improve the village including:

- Rottingdean in Bloom
- [Rottingdean Heritage](#) & Grange gardens
- [Friends of Beacon Hill](#) and the Hub
- [Friends of Kipling Gardens](#)
- Rottingdean Bowling Club

They also work with local partners including traders, Rottingdean Parish Council, Brighton & Hove CC, local primary schools, St Margaret's Church, Our Lady of Lourdes Church and the Village Hall.

Volunteers make such a huge positive difference to our village every day.

And the support from the wider community, donating and thanking those volunteers for their work also makes a big difference!

Yen's Kitchen



At Yen's kitchen, a family business based in Saltdean in its second year, our passion is for people to experience the joy of Vietnamese cuisine. Yen's food is made with pride in the flavours and cooking techniques found in her homelands dishes.

Behind every dish is so much attention to details that it is not a surprise we get rave reviews about our exceptional flavoursome dishes which can be enjoyed at the Black Horse Rottingdean on Sunday evenings or delivered to you enjoy at home.

Love Vietnamese food already and want to try what many people are saying is the best and most authentic they have had in the UK ? Maybe you want to relive that holiday to Vietnam, or want to try something new tasty and healthy?

You could be enjoying a fresh, tangy salad bursting with different flavours or a warming, comforting broth. The great things about most Vietnamese dishes is you control the amount of spice you add to your dish - add the side chilli's or not.

All of our dishes have a vegan option, in fact, the vegetable pho is our best seller after the chicken curry.

Check us out today!

Discover us at

**The Black Horse
Rottingdean**

Sundays 4pm - 8pm

**Delivery available every
day**

www.yenskitchen.co.uk

**Visit Yen's Kitchen Website and Place Your
Order!**

Walking Tennis
Saltdean Tennis Club
Mondays
10.30am - 12pm



LTA
TENNIS
FOR EVERYONE

WALKING TENNIS

Tennis at your pace

No running, no jumping and you can let the ball bounce twice. Less speed but just as much fun!

When: Mondays, 10.30 - 12 noon
Where: Saltdean Tennis Club, Oval Park, BN2 8SJ
Cost: £3 pay as you go or £25 membership package
Enquiries: Email - saltdeantennis@gmail.com

#LTAOpenCourt #TennisForEveryone

Email For More Info

The Mewes Vets Pet First Aid Course Saturday 17th October



PET FIRST AID COURSE

Join Dr Julia Mewes on this
First Aid Training session
and gain new skills that can
make a real difference



**SATURDAY 17TH OCTOBER
10 AM - 12:30**

**44 Lincoln Avenue
Peacehaven
BN10 7JU**

CONTACT US

To book your place

☎ 01273 359092
☎ 01273 359090

TRAINING INCLUDES

CPR
Wound Care
Choking Relief

£20 per person
Pre booking Essential

Rottingdean Beach - Defibrillator Update



Please be aware that the Publicly Accessible Defibrillator (PAD) that was previously located at **Molly's At The Beach** has now been

re-located to a new yellow cabinet which is located on the wall **at the top of the ramp** to the beach.

A big thank you.....

to **The Connor Saunders Foundation** for funding for the new cabinet,
to **A.J. Taylor Electrical Contractors Ltd** for installing the cabinet and
to **Rottingdean Arts** for their support.

The defibrillator unit is managed by **Seahaven Community First Responders** a charity working on behalf of **South East Coast Ambulance Service NHS Foundation Trust**.

If you're interested in **learning CPR** there is a great free online interactive course available here: <https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/how-to-do-cpr/learn-cpr-in-15-minutes>

Remember to always call **999** in an emergency - the call taker will guide you through what you need to do and they will confirm your nearest 'rescue ready' PAD if appropriate.

Charity of the Month - Say Aphasia

SUPPORT GROUPS FOR ADULTS WITH COMMUNICATION DISABILITY

APHASIA DISRUPTS THE ABILITY TO COMMUNICATE AND BREAKS PEOPLE'S CONNECTION FROM THEIR FAMILY, FRIENDS AND THE WORLD. YOUR SUPPORT WILL HELP THEM TO RESTORE CONNECTION.

Say Aphasia provides a supportive, inclusive space where adults with aphasia can connect, feel understood, and feel confident living with the condition.

We strive for a world where people with aphasia stay connected to society and have a good quality of life.



Fancy donating £5 a month or more to help the group thrive?

Scan the QR code or visit sayaphasia.org/donate



 SayAphasia



As we focus on **Say Aphasia** for the 2nd week our reader, Monica explains more about Aphasia ...

"After I had my stroke I was obviously aware that I had problems formulating words and even greater problems with sentences but it wasn't until my speech therapist came to my house that I first heard of the word "Aphasia". Hopefully this will give you some limited understanding of what it is like to have aphasia."

Aphasia

Aphasia affects people in different ways and no two people will have exactly the same difficulties. If you have aphasia you may have problems with processing language, speaking, understanding speech, reading, writing, using numbers, dealing with money and/or telling the time.

It doesn't affect intelligence, but it does prevent people from communicating their thoughts easily. This means everyday activities like using the phone, browsing the internet, or having a conversation are a source of frustration and distress, not only for the person with aphasia, but also for their families and friends.

As people cannot express themselves or make themselves understood, they may withdraw from social activities and are usually unable to return to work.

The frustration of knowing what you want to say but struggling to say it, as well as the loss of your former identity and sense of purpose, can lead to a downwards spiral of depression and social isolation.

These feelings are often further exacerbated by the lack of wider understanding of aphasia which, as an invisible disability, can provoke impatience, misunderstanding and frustration in others.

Say Aphasia Aim To Change That.



SayAphasia

Connect • Communicate • Belong

*Helping people reconnect
with family, friends and
the world around them.*

WHAT IS APHASIA?

Aphasia is a communication disability caused by brain damage, usually following a stroke or head injury.

It affects everyone differently and can make it difficult to understand and use language, speak, read, write or work with numbers.

Aphasia does not affect a person's intelligence.

ABOUT SAY APHASIA

Say Aphasia works alongside people with aphasia, their families and friends to support communication, rebuild confidence and improve quality of life.

People with aphasia are involved in everything we do. They are trustees, peer leaders and much more.



Our mission is to improve the lives of people living with aphasia by helping them re-engage with life.



*Real people.
Real support.
A brighter future.*

DROP-IN SUPPORT GROUPS

Our informal drop-in sessions are led by people with aphasia and supported by trained volunteers.

At our groups, you can:

- ✓ Meet others living with aphasia over a cup of tea or coffee.
- ✓ Share experiences, stories and ideas with people who understand.
- ✓ Learn tips and techniques for communicating with aphasia.
- ✓ Help choose the activities the group enjoys together.

Everyone is welcome, and you can stay for as long as you wish.



How many people attend?

Numbers vary, but groups can include between 5 and 35 people.



Can I bring a carer, friend or family member?

Yes!



Do I have to attend every session?

No. Our groups are informal, with no commitment to attend every time.



Can I refer someone to a group?

Yes. Please get in touch with Say Aphasia for further details.

THE DIFFERENCE WE MAKE

“Attending the group stopped isolation and I am now able to socialise.”

“There is a huge gap between leaving hospital and learning to lead a ‘normal’ life again. I couldn’t have done it without Say Aphasia.”

HOW YOU CAN HELP

All Say Aphasia activities are **free to attend**, but donations are always welcome and help us continue our work.



Find out more:



www.sayaphasia.org

*“Together,
we can help people
with aphasia stay
connected to society
and enjoy a better
quality of life.”*



Visit Our Website

History Corner...

Rottingdean Crossroads and High Street South/Manor Terrace

Welcome to another selection of scarce views of the village from the collection of local historian Douglas d'Enno illustrating the extraordinary changes which have taken place here in the last 120 or so years.



An interesting 1920s view of the crossroads and surrounding buildings. On the extreme right corner, on the cottage wall, may be seen an advert for Hazeldine's garage. Thomas F Hazeldine is listed as occupying *West House* and managing the *White Horse Hotel* in 1921.

Lower down, beside the oncoming van, stands *Manor House* (later *Barclay's Bank*), adjacent to the Newhaven Road and at the northern extremity of Manor Terrace – familiar to us today as the southern continuation of the High Street. It was a house belonging to the manor, not the manor-house as such. Adjacent to it out of view was *Manor Cottage*. On the left is the *Royal Oak Hotel* and, in the distance, houses in Newlands Road and behind – a fair number of them!.



The High Street looking north from the crossroads. Note the advert for Thomas's garage on the cottage wall at the left and, a little way beyond it, the notice outside the *Queen Victoria Inn* (whose landlord was George Avis, 1826-1904, for much of his life) informing the public that Rock Ales were available to customers.



Difficult as it is to imagine, this property stood where the premises of Fox & Sons (50 High St) stand today, on the corner of the High Street and Marine Drive. At one stage it was named *Standwell House*, while in 1895 it was known as *St Stephen's Holiday Home for [Invalid] Children*, at which time the matron was a Mrs Caroline White. By the 1920s, it had become *Lucy Anne's* confectionery shop, with steps leading up to it ('A very high class [shop] full of very nice sweets all beautifully set out on view' recalled village resident Dulcia Stenning in her reminiscences).

Lucy Ann Hilton later ran her shop from 80 High Street. In more recent times, *Flood's the Chemist* occupied this corner site. Just round the corner, roughly where the doorway in the picture is, once stood Rottingdean Police Station!



Manor Terrace long ago, with a good view of *Manor House*, with its gabled dormer window, on the corner of the coast road. From the left heading towards the crossroads are *The Cabin* (tobacconist's and confectioner's), *Sutton's* greengrocery shop, next to which are premises trading under the name AA Nash. The distant shop with many postcards on display outside is *The Depository*. On the left of the picture, we can see part of *West House*, in use as offices of the Rottingdean Estate Company.



This is *West House*, long-since demolished and rebuilt as the east-facing frontage of the *White Horse* (now *White Horses*) hotel building. Part of the hotel, as then existing, may be seen in the background. At one stage a school, *West House*, depicted here from the crossroads on a rare pre-WW1 postcard, was run in 1918-20 as a novitiate by the Roman Catholic Xaverian Brothers.

A long-term private resident prior to their occupancy was one Cuthbert Unwin. In 1921 it was listed as being occupied or owned by Tom Hazeldine. By 1927 it was operating as the premises of the Rottingdean Estate Company mentioned above.



This interesting view shows the *White Horse Hotel* before its rebuilding in 1934s and the gap between *Manor House* (with its gabled dormer) and the row of properties on the right. The open space was occupied by a garden at this time but in later years the single-storey shops illustrated in Picture 04 were built on the land. The portico visible behind the man on the right fronted the *Star of the Sea Convent*, whose history is set out in this writer's book *The Church in a Garden* (2001).

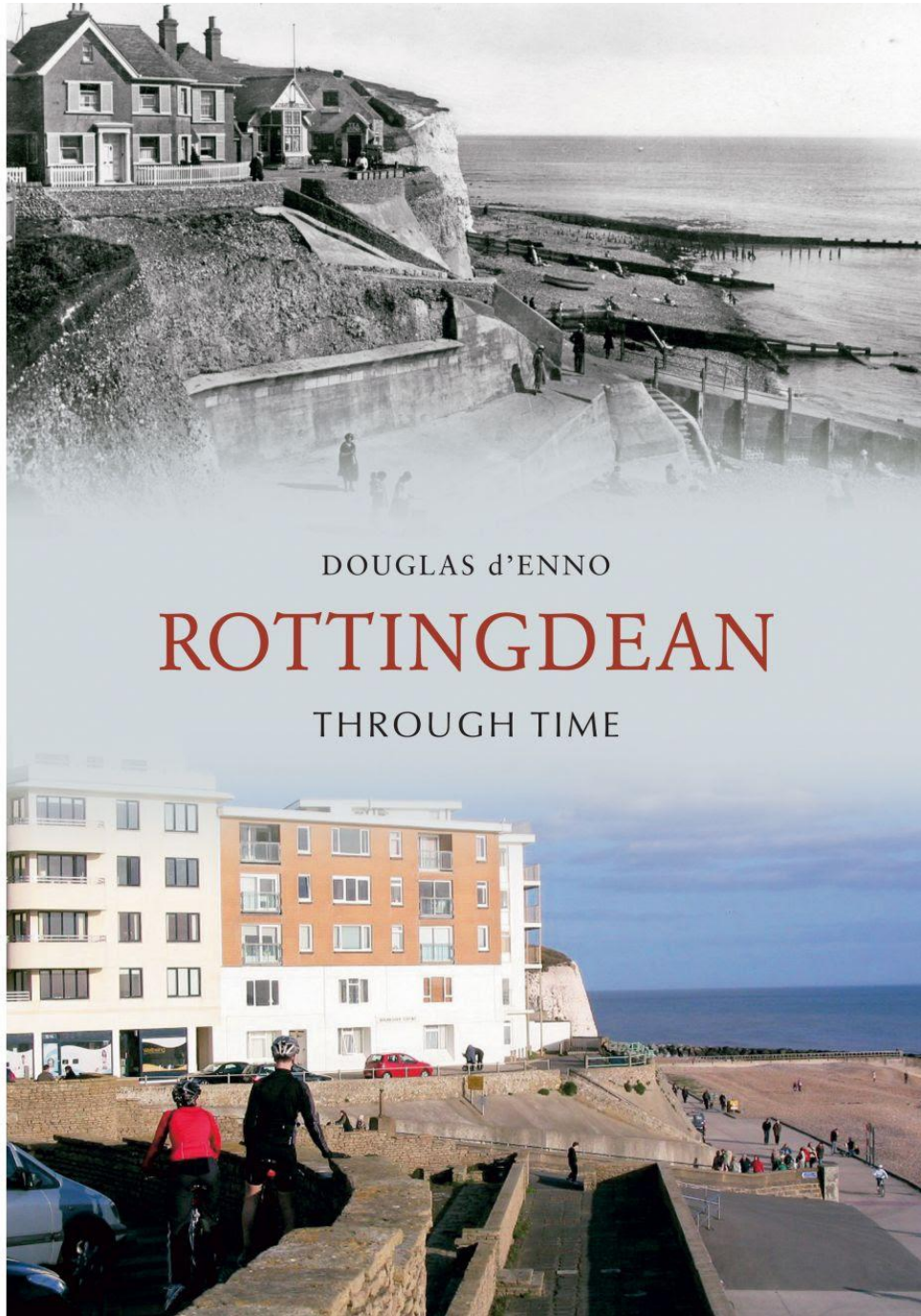


Adjacent to the Convent building with its pillared portico, on the left, is *The Creamery* (today's *Coach House*, formerly *The Coach and Horses Restaurant* at one stage). Next, from left to right, are *St Margaret's*, *Marine View* and *Cliff Cottage*. All three residences would be sacrificed for the construction of *St Margaret's* flats in 1938. A rowing boat has been stored next to the bathing machine on the hedge-lined Gap!



This unusual view of the area known as *The Quarterdeck* was taken from the pier, the eastern terminus of the 'Daddy-Long-Legs seagoing car'. It provides an excellent record not only of the Gap/slipway and beach in Edwardian times but also of the properties at the sea end of the High Street beyond *Cliff Cottage*, namely *The Haven*, *Haven Cottage* and *The Geisha* café/tea rooms. A collapse of the fragile cliffs on 31 January 1913 resulted in the death of two coast protection workers and damage to an outbuilding near *The Geisha*. *Highcliff Court* was built next to *St Margaret's* flats in 1967 and extended some way along the clifftop.

These and many other equally interesting images may be enjoyed in Douglas d'Enno's book ***Rottingdean Through Time*** (Amberley Publishing, 2009)



Order your copy of "Rottingdean Through Time"

Sussex Wildlife Trust FREE Marine Life Course



Free Marine Life Course

Hidden beneath the waves is a host of vibrant and diverse marine life. From seahorses and seals, to sharks and sea slugs - there is an extraordinary world just off the Sussex coast that most people never get to see.

That's why we've launched our new 7-day marine life email course to introduce you to some of the fascinating marine species off our Sussex shores.

Discover the secrets beneath the Sussex sea...

Sign Up Now!

Later In The Deans...

FREE Electric Blanket & Heat Pad Testing

**Hove Fire Station
Tuesday 20th October
10am - 12pm**



Free Electric Blanket and Heat Pad Testing 2026

**Tuesday 20th October
10.00 - 12.00**

Hove Fire Station

English Close, BN3 7EE

Bring your electric blanket and/or heat pad along for a **FREE** safety check at any of the above events.

If you are unable to attend, please ask a friend or neighbour to bring your blanket for you.

**East Sussex Fire & Rescue Service working
with partners for your safety**

www.esfrs.org



Visit The Website

Woodingdean Wilderness Group



Woodingdean Wilderness Group
Monthly volunteer sessions 10 am to 1 pm

Sat 17 Oct
Bee bank autumn management
Meet up at the bee bank, South boundary of the lawn memorial park
w3w location /snow.store.penny

Sat 24 Oct
Wildflower planting at the top of Balsdean Rd
Meet up at the corner between Balsdean and Bexhill Road
w3w location /signal.pays.shorthand

Sat 14 Nov, 2:00 - 4:00 pm
AGM featuring a talk by James Power
Author of Bees of Sussex
Advanced booking needed. For further detail, please email us.

Bring your own gloves, covered sturdy footwear, and refreshments
For more info email: info.woodingdeanwilderness@gmail.com
Supported by BHCC city park ranger team: 01273 292929



Woodingdean Wilderness Group Autumn WWG dates for your diary:

- **Sat 17 Oct, 10am-1pm:** Bee Bank maintenance session in Lawn Memorial Park.
- **Sat 24 Oct, 10am–1pm:** Wildflower planting at the top of Balsdean Road, Woodingdean.



Advance notice: You're invited to our Annual General Meeting, 2–4pm, Sat 14 Nov, featuring a talk from local bee expert James Power, author of Bees of Sussex. More details and how to book a place soon.

Autumn here we come



WWG Committee.

Rottingdean Whiteway Centre Inspirational Talks Saturday 24th October

“Inspirational Talks from Inspirational People in Sussex”

Newhaven Fort - transformation to a
Heritage Visitor Attraction

Ian Everest Saturday 24 October 2026 10.30-12.30



Newhaven Fort is a remarkable example of 19th century military engineering and is one of the best preserved Victorian Forts in the country. Former Fort Manager, Ian Everest, will trace the story of Newhaven Fort, from its origins and construction, its strategic role during both World Wars, its role during peacetime and its subsequent abandonment by the military. This talk will also cover the fascinating story about the Fort's restoration and its phoenix like re-emergence as a popular visitor attraction. Ian will explain the trials and tribulations of preparing this Scheduled Ancient Monument for opening to the public and what can be enjoyed in a visit to the Fort today.

£10 includes a tea/coffee & biscuit. To book go to www.rwc.org.uk

Book Now!

Stories & Starlight Half Term Holiday Club Rottingdean Village Hall Wednesday 28th October

stories & starlight

Starlight Academy

Witch & Wizard School
Half Term Holiday Club

PERFECT FOR FANS OF HARRY POTTER & THE WORST WITCH

✦ ARTS & CRAFTS
✦ DRAMA
✦ STORYTELLING

WEDNESDAY 28TH OCT

www.storiesandstarlight.co.uk

ROTTINGDEAN VILLAGE HALL

AGES 5 - 11

@stories_andstarlight

/storiesandstarlightuk



Half Term Holiday Club!

Welcome to Starlight Academy - Witch & Wizard School!

This half-term, sign your child up for a day full of magical activities and stories.

Perfect for fans of Harry Potter and The Worst Witch, as well as all budding witches and wizards aged 5-11years. (Sibling discount available)

Wednesday 28th October
10am - 3pm
Rottingdean Village Hall

Book Your Place Now!

**St Nicholas Church
Light Party
Saturday 31st October
5pm - 6.30pm**



**Open Art Cafe
Rottingdean
Remembrance Sunday 8th November**



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