

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1 style="font-size: 48px; color: #4F81BD; margin: 0;">May 2026</h1>							<p>1</p> <p>IN2L morning exercise: Seated workout with bands. AM: Music and manicures. PM: IN2L BINGO.</p> <p style="text-align: center;">May Day</p>	<p>2</p> <p>IN2L Morning exercise. Seated HIIT workout. AM: Giant Bowling PM: Saturday night theater: The Heart Knows - Netflix</p>
<p>3</p> <p>IN2L Morning exercise Pilates workout AM: Church service !N2L PM: Resident choice</p>	<p>4</p> <p>Morning exercise IN2L: Arthritis workout. AM: Monday crafts: Cinco De Mayo Headbands and margarita mocktails. Cinco De Mayo lunch PM: Balloon swat Mondays</p>	<p>5</p> <p>*Beauty shop IN2L Morning exercise Resident pick 1100: Devotions with Bruce and Myrna. PM: Pub trivia</p> <p style="text-align: center;">Cinco de Mayo</p>	<p>6</p> <p>IN2L Morning exercise: Range of motion workout. AM: Basketball PM: Wine and dine and Bonus BINGO!</p>	<p>7</p> <p>IN2L morning exercise. Chair yoga AM: Baking club: Spring Snack Mix PM: Thursday theater: Eleanor the Great - Netflix</p>	<p>8</p> <p>IN2L morning exercise: Seated workout with bands. 2:00: Mother's Day celebration AM: Music and manicures. PM: IN2L BINGO.</p>	<p>9</p> <p>IN2L Morning exercise. Seated HIIT workout. AM: Cornhole PM: Saturday night theater: 13 Going on 30 - Netflix</p>		
<p>10</p> <p>IN2L Morning exercise Pilates workout AM: Church service !N2L PM: Resident choice</p> <p style="text-align: center;">Mother's Day National Skilled Nursing Care Week</p>	<p>11</p> <p>Morning exercise IN2L: Arthritis workout. AM: Monday crafts: Adult coloring PM: Balloon swat Mondays</p>	<p>12</p> <p>*Beauty shop IN2L Morning exercise Resident pick 1100: Devotions with Bruce and Myrna. PM: Pub trivia</p>	<p>13</p> <p>IN2L Morning exercise: Range of motion workout. AM: Giant Bowling PM: Wine and dine and Bonus BINGO!</p>	<p>14</p> <p>IN2L morning exercise. Chair yoga AM: Baking club: Spring cracker blossoms 2:00: Floral arrangement class. PM: Thursday theater: Father of the Bride - Netflix</p>	<p>15</p> <p>IN2L morning exercise: Seated workout with bands. AM: Music and manicures. 2:00: Music with Jesse. PM: IN2L BINGO.</p>	<p>16</p> <p>IN2L Morning exercise. Seated HIIT workout. AM: Basketball PM: Saturday night theater: Eat Pray Love - Netflix</p> <p style="text-align: center;">Armed Forces Day</p>		
<p>17</p> <p>IN2L Morning exercise Pilates workout AM: Church service !N2L PM: Resident choice</p>	<p>18</p> <p>Morning exercise IN2L: Arthritis workout. AM: Monday crafts: 3D flowers PM: Balloon swat Mondays</p> <p style="text-align: center;">Victoria Day (Canada)</p>	<p>19</p> <p>*Beauty shop IN2L Morning exercise Resident pick 1100: Devotions with Bruce and Myrna. PM: Pub trivia</p>	<p>20</p> <p>IN2L Morning exercise: Range of motion workout. AM: Horseshoes PM: Wine and dine and Bonus BINGO!</p>	<p>21</p> <p>IN2L morning exercise. Chair yoga AM: Baking club: Bunny Bait PM: Thursday theater: Bad News Bears</p> <p style="text-align: center;">Shavuot Begins</p>	<p>22</p> <p>IN2L morning exercise: Seated workout with bands. AM: Music and manicures. PM: IN2L BINGO.</p>	<p>23</p> <p>IN2L Morning exercise. Seated HIIT workout. AM: Ring toss PM: Saturday night theater: Meet the Parents - Netflix</p>		
<p>24</p> <p>IN2L Morning exercise Pilates workout AM: Church service !N2L PM: Resident choice</p>	<p>25</p> <p>Morning exercise IN2L: Arthritis workout. AM: Monday crafts: Painting on canvas PM: Balloon swat Mondays</p> <p style="text-align: center;">Memorial Day</p>	<p>26</p> <p>*Beauty shop IN2L Morning exercise Resident pick 1100: Devotions with Bruce and Myrna. PM: Jesse and the Medicine Men.</p>	<p>27</p> <p>IN2L Morning exercise: Range of motion workout. AM: Cornhole PM: Wine and dine and Bonus BINGO!</p>	<p>28</p> <p>IN2L morning exercise. Chair yoga AM: Baking club: Birds Nest PM: Thursday theater: Pretty Woman - Netflix</p>	<p>29</p> <p>IN2L morning exercise: Seated workout with bands. AM: Music and manicures. PM: IN2L BINGO.</p>	<p>30</p> <p>IN2L Morning exercise. Seated HIIT workout. AM: horseshoes PM: Saturday night theater: The Breakfast Club - Netflix</p>		
<p>31</p> <p>IN2L Morning exercise Pilates workout AM: Church service !N2L PM: Resident choice</p>								

Type the name, address, and other information about your community/company here.