

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 IN2L morning exercise. Chair yoga AM: Baking club: Halloween Cookies PM: Thursday theater: Mia and the White Lion	2 IN2L morning exercise: Seated workout with bands. AM: Music and manicures PM: IN2L BINGO	3 Morning exercise. Walking club outside AM: Basketball PM: Saturday night theater. Bewitched the Movie Simchat Torah Begins
4 IN2L Morning exercise: Pilates workout AM: Church service IN2L 12:00: Sunday football	5 Morning exercise IN2L: Arthritis workout. AM: Monday crafts: Paint cute ghost on canvas. PM: Monday Night football	6 *Beauty shop Morning exercise: Walking club 1100: Devotions with Bruce and Myrna. 2:00: Glowin' and Groovin' Community building. PM: Pub trivia	7 IN2L Morning exercise: Range of motion workout. AM: Giant bowling PM: Wine and dine and Bonus BINGO!	8 IN2L morning exercise. Chair yoga 10:00: Orchard outing! Janet's Birthday! PM: Thursday theater: August Osage County	9 IN2L morning exercise: Seated workout with bands. AM: Music and manicures 2:00: Tie Dye and Music with Josh Sinclair - Community building. PM: IN2L BINGO	10 Morning exercise. Walking club outside AM: Bean bag toss PM: Saturday night theater. Practical Magic
11 IN2L Morning exercise: Pilates workout AM: Church service IN2L 12:00: Sunday football	12 Morning exercise IN2L: Arthritis workout. AM: Monday crafts: Decorate pumpkins. PM: Monday Night football Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 *Beauty shop Morning exercise: Walking club 1100: Devotions with Bruce and Myrna. PM: Pub trivia	14 IN2L Morning exercise: Range of motion workout. AM: Basketball PM: Wine and dine and Bonus BINGO!	15 IN2L morning exercise. Chair yoga AM: Baking club: Halloween Snack Mix PM: Thursday theater: Somewhere in Time	16 IN2L morning exercise: Seated workout with bands. AM: Music and manicures PM: IN2L BINGO	17 Morning exercise. Walking club outside AM: Giant Bowling PM: Saturday night theater. Casper the Movie
18 IN2L Morning exercise: Pilates workout AM: Church service IN2L 12:00: Sunday football	19 Morning exercise IN2L: Arthritis workout. AM: Monday crafts: Halloween foil art. PM: Monday Night football	20 *Beauty shop Morning exercise: Walking club 1100: Devotions with Bruce and Myrna. PM: Pub trivia	21 IN2L Morning exercise: Range of motion workout. AM: Giant darts PM: Wine and dine and Bonus BINGO!	22 IN2L morning exercise. Chair yoga AM: Baking club: Halloween Witch Hat Cookies PM: Thursday theater: Troop Zero	23 IN2L morning exercise: Seated workout with bands. AM: Music and manicures PM: IN2L BINGO	24 Morning exercise. Walking club outside AM: Ring Toss PM: Saturday night theater. Harry Potter and the Sorcerer's Stone
25 IN2L Morning exercise: Pilates workout AM: Church service IN2L 12:00: Sunday football	26 Morning exercise IN2L: Arthritis workout. AM: Monday crafts: Painting ghost frames. PM: Monday Night football	27 *Beauty shop Morning exercise: Walking club 1100: Devotions with Bruce and Myrna. PM: Halloween Party with Jesse and the Medicine Men!	28 IN2L Morning exercise: Range of motion workout. AM: Bean bag toss PM: Wine and dine and Bonus BINGO!	29 IN2L morning exercise. Chair yoga AM: Baking club: Popcorn Balls PM: Thursday theater: Begin Again	30 IN2L morning exercise: Seated workout with bands. AM: Music and manicures Judy's Birthday! PM: IN2L BINGO	31 Morning exercise. Walking club outside AM: Giant Darts PM: Trick or Treat at Maggie's Place! Halloween

Type the name, address, and other information about your community/company here.