

THE JESUS BLUEPRINT™

A Spiritual Path to an Extraordinary Life

WORKBOOK

REFLECT • EXPLORE • PRACTICE • LIVE IT



QUESTIONS
CREATE
A BRIGHTER
TOMORROW



QUESTION

Seek with an open mind.



CONNECT

Discover your Oneness.



AWAKEN

See with new eyes.



SURRENDER

Let go and be transformed.



TRUST

Live from Divine Intelligence.



EXPRESS

Love in action.

*A Deeper
Connection.
A Brighter Life.*

COACH MICHAEL TAYLOR

HUMAN POTENTIAL ARCHITECT

The Jesus Blueprint Masterclass Workbook

A Spiritual Path to an Extraordinary Life

Coach Michael Taylor

Human Potential Architect

Question • Connect • Awaken • Surrender • Trust • Express

This workbook follows the complete masterclass slide by slide. Each reflection gives you one focused question, writing space, and a simple invitation to carry the teaching into your life.

Name _____

Date _____

How to Use This Workbook

Keep this workbook beside you during the masterclass. After every slide, Coach Michael will read the corresponding reflection question and pause for 30 seconds.

Use the pause to begin writing the first honest response that comes to you. You do not need to produce a polished answer. If you need more time, pause the recording and continue when you are ready.

Return to your answers after the masterclass. Notice repeating beliefs, protective patterns, spiritual insights, and commitments. The purpose is not perfect answers. The purpose is greater awareness and a more conscious way of living.

Some questions touch personal experiences. Share only what feels appropriate, and seek qualified support when a reflection brings up distress that would be better explored with a counselor, therapist, minister, or trusted professional.

My intention

What do I hope to understand, release, or begin through this masterclass?

The Jesus Blueprint

Core idea This journey is an invitation to explore your own truth about God and the person you are becoming.

Reflection

Set an intention for this journey: What would make this masterclass personally meaningful to you?

My response

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

One insight I want to remember

One way I can live this teaching

Who or What Is God

Core idea Examining inherited ideas creates room for a more conscious relationship with the Divine.

Reflection

What were you taught about God, and what have you personally experienced?

My response

One insight I want to remember

One way I can live this teaching

God Is a Man Made Word

Core idea Human language can point toward the Divine without fully containing it.

Reflection

What changes when you treat the word God as a pointer toward Mystery rather than a complete definition?

My response

One insight I want to remember

One way I can live this teaching

Humanity Search for God

Core idea Different traditions reveal humanity's shared longing for meaning and connection.

Reflection

How can you honor your spiritual path while remaining humble about what no group can fully comprehend?

My response

One insight I want to remember

One way I can live this teaching

What Are We Trying to Describe

Core idea Better questions can move us beyond religious competition and into honest exploration.

Reflection

Which great question about existence, consciousness, purpose, or death feels most alive for you now?

My response

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One insight I want to remember

One way I can live this teaching

Divine Intelligence

Core idea The intelligence that animates life may also be available as inner guidance.

Reflection

Where in your life might Divine Intelligence already be offering guidance that you have not yet followed?

My response

One insight I want to remember

One way I can live this teaching

Pure Consciousness

Core idea Pure Consciousness is Michael's spiritual name for the infinite Source from which creation emerges.

Reflection

What does it mean to you to live as an expression of Pure Consciousness?

My response

One insight I want to remember

One way I can live this teaching

Knowing About God and Knowing God

Core idea Knowing about God and experiencing intimacy with God are not the same.

Reflection

When have you felt closest to the Divine, rather than merely knowledgeable about the Divine?

My response

One insight I want to remember

One way I can live this teaching

Three Windows Into the Mystery

Core idea Science, philosophy, and spirituality ask different questions that can enrich one another.

Reflection

Which window - science, philosophy, or spirituality - do you rely on most, and which could deepen your understanding?

My response

One insight I want to remember

One way I can live this teaching

Highly Evolved Beings

Core idea Humanity's great teachers can be honored through the qualities their lives invite us to practice.

Reflection

Which quality of a highly evolved teacher do you most want to embody?

My response

One insight I want to remember

One way I can live this teaching

Then Who Was Jesus

Core idea Jesus can be approached as a living demonstration of alignment with the Divine.

Reflection

What quality in the life of Jesus makes him a meaningful example for you?

My response

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One insight I want to remember

One way I can live this teaching

Why I Resonate With Jesus Teachings

Core idea An honest search can reveal shared values such as love, service, forgiveness, and connection.

Reflection

What has your own search for spiritual truth taught you beneath religious labels?

My response

One insight I want to remember

One way I can live this teaching

Then Something Happened

Core idea Direct experience can move a spiritual idea from the head into the heart.

Reflection

Recall an experience that changed how you understood God or life. What shifted within you?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

Jesus and Christ

Core idea The Blueprint distinguishes Jesus as the example and Christ as the Divine reality he expressed.

Reflection

How does distinguishing Jesus the person from Christ the Divine reality change your understanding?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

Christ Divine Energy Set in Motion

Core idea Christ becomes practical when Divine qualities move into thought, word, and action.

Reflection

What Divine quality is seeking expression through your life today?

My response

One insight I want to remember

One way I can live this teaching

I and My Father Are One

Core idea Oneness invites us to live as expressions of Source rather than as abandoned, separate beings.

Reflection

What would living in conscious oneness with Source change about your next decision?

My response

One insight I want to remember

One way I can live this teaching

Separation or Oneness

Core idea Recognizing an existing connection can replace isolation with guidance and possibility.

Reflection

Where are you living from perceived separation, and what would conscious connection make possible?

My response

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One insight I want to remember

One way I can live this teaching

Example or Exception

Core idea Treating Jesus as an example turns admiration into personal application.

Reflection

If Jesus is an example, what quality from his life are you willing to practice?

My response

One insight I want to remember

One way I can live this teaching

Jesus Was the Example

Core idea Divine potential invites growth without placing us above anyone else.

Reflection

What possibility opens when you stop seeing yourself as spiritually inferior or incomplete?

My response

One insight I want to remember

One way I can live this teaching

What If His Life Is a Blueprint

Core idea The teachings become a Blueprint when we ask how they guide everyday life.

Reflection

If Jesus were coaching you today, what part of your life would he invite you to examine?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

Christianity Is a Process

Core idea Christianity can be lived as an ongoing process of transformation rather than only a label.

Reflection

In what specific way is your spiritual life helping you become more Christlike?

My response

One insight I want to remember

One way I can live this teaching

Jesus Journey Our Journey

Core idea The life of Jesus can serve as a metaphor for our own transformational journey.

Reflection

Where are you now in the inner journey: awakening, testing, service, surrender, death, resurrection, or expression?

My response

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One insight I want to remember

One way I can live this teaching

Five Teachings Five Clues

Core idea Jesus' teachings offer practical clues to oneness, purpose, intimacy, openness, and trust.

Reflection

Which of the five teachings speaks most directly to the consciousness you need now?

My response

One insight I want to remember

One way I can live this teaching

Two Aspects of Who You Are

Core idea The Big S represents our open, aware, loving nature; the little s represents our protective conditioning.

Reflection

When do you most clearly experience your Big S Self leading?

My response

One insight I want to remember

One way I can live this teaching

When Life Hurts

Core idea Protective patterns deserve understanding even when they no longer need to lead.

Reflection

What does your little s try to protect you from when life hurts?

My response

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One insight I want to remember

One way I can live this teaching

The Little s Has a Job

Core idea A defense can be evidence of an old wound rather than evidence that something is wrong with you.

Reflection

Choose one defense. What past pain might it be trying to prevent from happening again?

My response

One insight I want to remember

One way I can live this teaching

When the Protector Becomes the Driver

Core idea Survival strategies can restrict present choices when they continue operating automatically.

Reflection

Where has a once-useful protector remained in the driver's seat after the emergency ended?

My response

One insight I want to remember

One way I can live this teaching

Who Is Driving Your Life

Core idea Awareness of who is driving creates the possibility of conscious choice.

Reflection

In one important area of life, is your Big S or little s making most of the decisions?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

Awakening

Core idea Awakening begins when an unconscious pattern becomes visible.

Reflection

What pattern can you now see clearly enough to begin choosing differently?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

What Needs to Die

Core idea Inner death is the surrender of what no longer serves the life seeking to emerge.

Reflection

What belief, identity, or protective pattern must loosen so more of your true Self can emerge?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

Death and Resurrection

Core idea Resurrection can symbolize the Christ Self rising into conscious leadership.

Reflection

What would resurrection look like as a new way of living within you?

My response

One insight I want to remember

One way I can live this teaching

Put the Little s Back on the Cot

Core idea The protector can be appreciated and rested rather than attacked or destroyed.

Reflection

What can you thank your little s for before allowing your Big S to lead this situation?

My response

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One insight I want to remember

One way I can live this teaching

The Christ Self

Core idea The Christ Self becomes visible through the qualities we consistently express.

Reflection

Which Christlike quality - love, compassion, courage, presence, forgiveness, creativity, faith, service, or possibility - will you practice?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

From Christian to Christlike

Core idea Spirituality becomes transformational when identity develops into lived character.

Reflection

Where is there a gap between the spiritual identity you claim and the qualities you practice?

My response

One insight I want to remember

One way I can live this teaching

Seek First the Kingdom

Core idea Seeking the kingdom first means making inner alignment the foundation of outer action.

Reflection

What external result have you been asking to provide an inner state only alignment can create?

My response

One insight I want to remember

One way I can live this teaching

What If the Kingdom Is Within

Core idea The inner kingdom allows us to engage life from growing wholeness.

Reflection

What quality can you begin cultivating within instead of waiting for circumstances to give it to you?

My response

One insight I want to remember

One way I can live this teaching

Prayer or Relationship

Core idea Prayer deepens when request expands into honesty, listening, alignment, and response.

Reflection

How could your prayer become a two-way relationship that includes listening?

My response

One insight I want to remember

One way I can live this teaching

Be Still Enough to Hear

Core idea Stillness creates room for deeper awareness and the voice of the soul.

Reflection

What might you hear if you became still enough to listen beneath the noise of your mind?

My response

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One insight I want to remember

One way I can live this teaching

Whatever You Ask

Core idea Belief influences perception, behavior, action, and persistence without guaranteeing every outcome.

Reflection

What possibility have you dismissed before giving belief and action a chance to work together?

My response

One insight I want to remember

One way I can live this teaching

Miracles

Core idea A miracle can be a meaningful shift in perception, opportunity, healing, or direction.

Reflection

What ordinary turning point in your life now feels miraculous?

My response

One insight I want to remember

One way I can live this teaching

Some Miracles Arrive Disguised as Disasters

Core idea Some painful experiences reveal their transformative meaning only with time.

Reflection

What difficult ending eventually opened a new beginning or deeper truth in your life?

My response

One insight I want to remember

One way I can live this teaching

Cosmic 2 by 4

Core idea Life sometimes moves from gentle guidance to dramatic interruption when change is resisted.

Reflection

What whisper is life offering you now so it does not need a cosmic two-by-four to get your attention?

My response

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One insight I want to remember

One way I can live this teaching

What If Life Is Always Speaking

Core idea Every experience can become material for consciousness and growth.

Reflection

Regarding a current experience, what can you learn, release, become, or create?

My response

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One insight I want to remember

One way I can live this teaching

Science and Jesus

Core idea Science and spirituality can be explored together when their different methods and limits remain clear.

Reflection

How can you remain spiritually open while also being honest about what science has and has not established?

My response

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One insight I want to remember

One way I can live this teaching

Consciousness the Great Mystery

Core idea The nature of consciousness remains mysterious, but we can examine the consciousness from which we live.

Reflection

What inner state are you bringing into the way you meet the world today?

My response

One insight I want to remember

One way I can live this teaching

Everything Is Relationship

Core idea Life exists through relationship with people, nature, culture, body, thought, and cosmos.

Reflection

Where could recognizing your interconnectedness lead to greater compassion or responsibility?

My response

One insight I want to remember

One way I can live this teaching

What You Believe

Core idea Beliefs help construct the lens through which we interpret and respond to life.

Reflection

What belief is shaping what you notice, expect, choose, and do?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

The Jesus Blueprint Model

Core idea The six movements offer a practical path for returning to conscious alignment.

Reflection

Which Blueprint movement do you most need now: Question, Connect, Awaken, Surrender, Trust, or Express?

My response

One insight I want to remember

One way I can live this teaching

Question

Core idea Conscious questioning is an act of honesty rather than automatic rejection.

Reflection

What inherited belief are you now willing to examine honestly?

My response

One insight I want to remember

One way I can live this teaching

Connect

Core idea Connection grows through consistent attention, honesty, and receptivity.

Reflection

What daily practice would help you recognize that you are not separate from the Divine?

My response

One insight I want to remember

One way I can live this teaching

Awaken

Core idea Awakening reveals the deeper Self without denying the history that shaped the protector.

Reflection

Who are you beneath the fear, conditioning, and strategies you learned for protection?

My response

One insight I want to remember

One way I can live this teaching

Surrender

Core idea Surrender loosens control while preserving responsibility, boundaries, and wise action.

Reflection

What can you release, and what responsible next step remains yours to take?

My response

One insight I want to remember

One way I can live this teaching

Trust

Core idea Trust combines openness to guidance with discernment and responsible action.

Reflection

What next step can you take without knowing how the entire journey will unfold?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

Express

Core idea Spiritual understanding becomes transformation when it enters behavior, purpose, and service.

Reflection

How will you express one spiritual value through a specific action today?

My response

One insight I want to remember

One way I can live this teaching

Love God With All Your Heart

Core idea Loving God wholeheartedly means bringing your full life into relationship with the Divine.

Reflection

What would wholehearted intimacy with Divine Intelligence look like in your daily life?

My response

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One insight I want to remember

One way I can live this teaching

Love Is the Test

Core idea Love is tested in disagreement, fear, frustration, boundaries, and ordinary behavior.

Reflection

Where is love most difficult for you to practice, and what would a loving, responsible response look like?

My response

One insight I want to remember

One way I can live this teaching

Sin Missing the Mark

Core idea Growth joins accountability with compassion: aim, notice, adjust, and try again.

Reflection

Where have you missed the mark, and what adjustment would help you realign?

My response

One insight I want to remember

One way I can live this teaching

Forgiveness

Core idea Forgiveness can release the past's control without approving harm or requiring reconciliation.

Reflection

What are you still carrying, and what small step could begin freeing your future?

My response

One insight I want to remember

One way I can live this teaching

What Would Coach Jesus Say

Core idea Imagining Jesus as a coach can help us examine life with compassion and responsibility.

Reflection

What question would you bring to Coach Jesus, and what might love and wisdom invite you to consider?

My response

One insight I want to remember

One way I can live this teaching

Jesus at Your Door

Core idea Awareness of a loving spiritual presence can become a reference point for everyday choices.

Reflection

What would change tomorrow if you remained conscious of Jesus' presence throughout your ordinary day?

My response

[illegible]

One insight I want to remember

One way I can live this teaching

Who Walked In

Core idea Transformation begins by honestly recognizing the consciousness from which we started.

Reflection

Which belief, fear, or pattern did you bring into this masterclass?

My response

One insight I want to remember

One way I can live this teaching

Who Walks Out

Core idea The same person can walk out with a new lens and a more conscious way of choosing.

Reflection

What new awareness, freedom, intimacy, or purpose are you carrying forward?

My response

One insight I want to remember

One way I can live this teaching

Jesus Was the Example Closing Reflection

Core idea Jesus' example becomes real when his demonstrated qualities enter our behavior.

Reflection

Where can you practice love, forgiveness, service, peace, courage, or compassion this week?

My response

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One insight I want to remember

One way I can live this teaching

The Blueprint Is Something You Live

Core idea The Blueprint is not merely information; it is a repeatable process for real situations.

Reflection

Apply all six movements to one situation you will face this week. What does each movement ask of you?

My response

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One insight I want to remember

One way I can live this teaching

Who Are You Becoming

Core idea The central spiritual question is not only what we believe, but who our way of living is creating.

Reflection

Who are your repeated choices helping you become?

My response

One insight I want to remember

One way I can live this teaching

The Extraordinary Life

Core idea An extraordinary life is measured through consciousness, love, courage, connection, authenticity, purpose, and peace.

Reflection

How do you define an extraordinary life when becoming matters more than having?

My response

One insight I want to remember

One way I can live this teaching

Live It

Core idea The six movements become transformative through a clear and immediate commitment.

Reflection

What one action will you take within twenty-four hours to live the Blueprint?

My response

One insight I want to remember

One way I can live this teaching

Closing and What If Jesus Were a Coach

Core idea The closing invitation is to continue questioning, connecting, awakening, surrendering, trusting, and expressing.

Reflection

What will you continue practicing after the masterclass, and what support will help you follow through?

My response

[illegible]

One insight I want to remember

One way I can live this teaching
