

Touch-Learn International Limited

Massage for the Growing Child Programme



Overview

The **Massage for the Growing Child** programme is a fun, interactive, and enriching one-day workshop designed for **Qualified Infant Massage Teachers** who want to expand the services they offer to families.

This course is part of Touch-Learn International Ltd's comprehensive suite of continuing professional development (CPD) opportunities. The skills gained from this workshop may be used as a standalone offering or blended with content from other Touch-Learn programmes to provide a broader and more flexible approach when working with parents and children.

As with all Touch-Learn International courses, you can expect:

- Clear, structured instruction
- Comprehensive course manuals
- Engaging, practical sessions
- The high-quality standard associated with Touch-Learn

What You Will Learn

You will explore:

- Massage techniques and a specially adapted routine for older children
- How to incorporate **games and storytelling** into massage and positive touch sessions
- Relaxation techniques suitable for children
- A “First-Aid Box” of **self-help tools** for emotional regulation
- Guidelines for running **effective and enjoyable group sessions** with parents and children or peer-to-peer massage in early years and school settings

Programme Structure

- One full day of tutor-led learning
 - Teaching practice and tutor evaluation
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Admission Criteria

To enrol on this course, you must be a **qualified Infant Massage Teacher**, with the necessary skills to deliver parent-infant sessions ethically, safely, and professionally. *(We recommend that you have completed at least four days of infant massage training.)*

Accreditation & Insurance

This workshop and qualification are approved by **Wellbeing Insurance**, and Touch-Learn International is a member of their panel of approved schools.

If you plan to practise independently, you'll need to obtain insurance cover from Wellbeing Insurance or an equivalent provider.

Cost

£225 per person

Your course fee includes:

- One full tutor-led study day
 - Teaching practice and tutor feedback
 - Comprehensive course handbook
 - Canvas resource bag
 - Nursery rhyme CD
 - Post-course tutor support
 - Access to our members-only website section with regular updates and newsletters
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In-House Training

We also offer in-house delivery of this programme for **groups of 4 or more**, tailored to your organisation's needs. Please contact us for more information.

What You Will Need to Bring

Each student must bring:

- One toddler-sized demonstration doll (approx. 85cm) with briefs – available from [Touch-Needs](#)
 - 2–3 hand towels
 - An exercise or yoga mat
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To Book a Place

 Call **Jo** on **01889 566222**

 Email: jo@touchlearn.co.uk

 Visit: www.touchlearn.co.uk