

Massage for Babies with Special Health Needs

(For Qualified Infant Massage Teachers)

Touch-Learn International has been a trusted provider of training in positive touch for nearly 20 years. Our flagship **Infant Massage Teacher Training Programme** is widely respected among health professionals and complementary therapists.

To support the ongoing **professional development** of qualified Infant Massage Teachers and expand their ability to work with diverse families, we have developed a range of specialised workshops.

About This Workshop

Massage for Babies with Special Health Needs is a one-day **online CPD workshop** designed for Infant Massage Teachers working with—or planning to work with—**premature babies, neonates, or infants with special health needs**.

This training builds upon the foundational knowledge gained in your original qualification, enhancing your skills and confidence to adapt massage routines and support families with additional needs.

What You Will Learn

This workshop combines **theoretical insight** with **practical techniques**, guided by an experienced tutor. Topics include:

- Understanding the unique needs of babies with special health considerations
- The emotional journey of parents: including the **physiology of stress** in both neonates and caregivers
- Supporting the wider family and nurturing positive touch in challenging circumstances
- A **specialised baby massage routine** for premature infants
- A **modified routine** for neonates and babies with medical needs
- Strengthening **infant-parent bonding** through touch
- Recognising and interpreting subtle **non-verbal cues** in babies
- Guidance for teachers on researching specific conditions and adapting massage sessions accordingly

Resources Provided

All participants receive:

- A **canvas bag** to store their demonstration doll and resources
- The **Special Needs Massage Sequence Handbook**
- Printable handouts and teaching aids

Online Learning Access

You will be provided with login details to access:

- A **library of case studies** and reference materials
- Downloadable **handouts and lesson resources**
- Research articles and supporting documentation

Ongoing Support

- Continued tutor support after the workshop
- **Regular email newsletter** with updates, insights, and teaching tips

Who Can Enrol?

This workshop is open to **qualified Infant Massage Teachers**. You must be confident in facilitating parent-infant sessions safely and ethically.

(We recommend having completed a minimum of four days of infant massage training to ensure adequate preparation.)

Accreditation & Insurance

This course is **professionally accredited** by the **Complementary Therapists Association (CThA)** and is approved by **Wellbeing Insurance**. Touch-Learn is a registered school on their panel of approved providers.

Workshop Requirements

To participate in this online workshop, you will need:

- A **premature and/or newborn demonstration doll** from [Touch Needs](#)
 - The book: *Infant Massage – The Definitive Guide for Teaching Parents* (available from Touch-Learn)
 - A **PC, laptop, or tablet** with internet access
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Course Fee: £225 per person

Your course fee includes:

- ✓ Full access to the live, tutor-led workshop
 - ✓ Comprehensive course resources
 - ✓ Access to all digital materials
 - ✓ Certificate of Completion
 - ✓ Continued support after the workshop
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In-House Training Available

We also offer **in-house training** for groups of six or more. These sessions can be tailored to your organisation's specific needs and delivered at your chosen venue.

 Please contact us to discuss a bespoke training package.

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 **Website:** www.touchlearn.co.uk