

DR. FRED ROUSE, PhD

Retired CFP | The REAL Money Doctor

Nation's Leading Authority on Short Window Retirement Planning

As Seen In: **Wall Street Journal** • **Forbes** • **Newsweek** • **USA Today** • **Inc. Magazine**

Featured On: **ABC** • **NBC** • **CBS** • **FOX**



ABOUT DR. FRED ROUSE

Most of the people who find me have already done everything they were supposed to do. They saved when they could. They worked with advisors. They stayed the course through market drops. And they are still sitting at 58, 62, or 67 looking at a number that does not add up. That is the conversation I have been having for 40 years.

I built a \$5,000 account into \$2 million in two years. Then I lost every dollar of it in six months. That loss, not the credential, is what actually educated me. It led to ten years of research and \$350,000 of my own money before I had something that worked. Rules-based. Risk-capped. Independent of the stock market. Short Window Retirement Planning launched in 2010. Over 1,012 students have come through it since.

The discipline behind all of that started earlier. I served five years in the U.S. Coast Guard during the Vietnam era, three of them running small boats for search and rescue operations, followed by one year in the NJ Army National Guard. Search and rescue teaches you that process either holds under pressure or does not hold at all.

I hold a PhD in Taxation and a Doctorate in Business Administration. I spent 28 years as a Certified Financial Planner before retiring the credential in 2022. I am a nine-time bestselling author. My book with Jack Canfield reached international bestseller status, and I have co-authored with Brian Tracy, Dick Vitale, and Lisa Nichols. I am an Executive Producer with Abundance Studios and DNA Films, with credits including *Iron Cowboy: Conquer 100* (Emmy nominated, Silver Telly, Amazon Prime), *Brisa* (Silver Telly, Apple TV and Amazon Prime), *CreatiVets* (Silver Telly), and *HERO*, all with 24-time Emmy Award-winning director Nick Nanton.

The system is a rules-based commodities approach covering twenty commodities. The current public record documents corn futures and 30-year Treasury bonds. Under 20 minutes a day. Every trade posted publicly since 2022 and independently verified by AI. Nothing hidden.

If your audience includes anyone wondering whether their retirement window is still open, I have something worth saying.

MEDIA & PODCAST TOPICS

- Why Your Retirement Window Is Closing, and What to Do Before It Is Too Late
- The Retirement Lie Nobody Talks About: Why 20 Years Is Never Enough
- How Normal People Are Retiring in 3 to 5 Years Outside the Stock Market
- Why Your Broker's Strategy Was Built for Someone 30 Years Younger
- The 2008 Playbook: What I Did When Everyone Else Lost a Third of Everything
- From \$5,000 to \$50,000 in the Worst Market Year in a Generation

WHAT PEERS ARE SAYING

"Dr. Fred's refreshingly honest Short Window Retirement Planning really does look like the last best hope for thousands of people 50 and older to save their retirement."

— **Brian Tracy**, Intl. Bestselling Author

"Take advantage of Dr. Fred Rouse and all that he's learned. He can help you get to where you want to go."

— **Jack Canfield**, Chicken Soup for the Soul

"Dr. Fred has authentic and entertaining insights into life, money, taxes and retirement that people can actually use."

— **Nick Nanton**, 24x Emmy Award-Winning Director

BOOK DR. FRED ROUSE

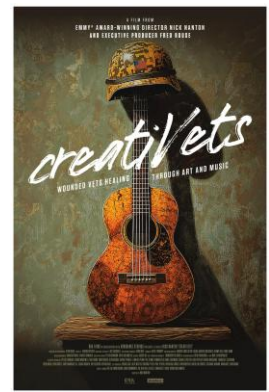
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Public Trade Record: **DrRouseNow.com/trades** | Speaker Reel: **DrFredRouse.com/BookNow**

MEDIA KIT

Dr. Fred Rouse — The REAL Money Doctor

FILM CREDITS



Executive Producer credits with 24-time Emmy Award-winning director Nick Nanton: Iron Cowboy: Conquer 100, HERO, Brisa, CreatiVets

PRESS FEATURES



Selected press coverage, 2015 to present

AWARDS & SPEAKING



Multiple Expy and Quilly Award recipient
National Association of Experts, Writers and Speakers



Featured speaker
National Academy of Best-Selling Authors

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