

Nurse-Led · Results-Driven · Port St. Lucie, Florida



Sejour Medical Aesthetics

Aesthetics · Wellness · Transformation

Mother's Day · Nurses Week · The Full-Face Issue

May appointments are limited—begin your refinement phase.
Call/Text: (772) 800-7784 | sejourbodybar.com | DM @sejourbodybar

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Thank You For Subscribing!

*May is for the women who show up
— for everyone else, and now,
finally, for themselves.*

Welcome to the most feel-good month on the Sejour calendar. We're celebrating mothers, honoring our nurses, and dedicating the entire month to the treatment we believe in most deeply: facial balancing — the art of harmony, not hype. This is your May, and it's going to be beautiful.

RESERVE YOUR CONSULTATION



May's Main Event

The Art of the Balanced Face

Why facial balancing isn't about more — it's about harmony.
And why Sejour is doing it differently.

Let's clear something up right now. Facial balancing is not a filler appointment. It's not a lip flip. It's not a single treatment with a single goal. Facial balancing is a full-face philosophy — and at Sejour, it's the framework behind every consultation we do.

Here's how we think about it: your face is a composition. Your lips, your chin, your jawline, your skin texture — every element relates to every other element. When one area is treated in isolation without considering the whole, that's when results look "done." That's when you get the look that you cannot quite put your finger on, but something feels off. We see it. We know exactly what it is. And we fix it.

*"Facial balancing is not about adding — it's about harmony.
Natural, never overdone. Customized for you."*

At Sejour, our nurse-led approach means we assess before we inject. We map your face. We look at proportions, symmetry, structure, and skin quality — all before a single unit of tox or a single syringe of filler is considered. That's the difference. The result? You walk out looking like the most elevated, refreshed version of yourself. Not someone else's idea of beautiful. Yours.

01

Structure

Jawline + chin definition using tox and filler to create the frame your face deserves.

02

Volume

Lip enhancement placed with precision — proportional, lush, and completely natural.

03

Skin Quality

Texture and tone are part of balance too. No injectable looks its best on tired skin.

This month, we're going all in on the conversation. Follow along on Instagram and Facebook as we break down the full-face approach — with real results, real education, and real talk about what facial balancing actually looks like when it's done right.

Mother's Day Celebration · May 10th

The Glow She Deserves

Sejour Mother's Day Giveaway 2026



She's been putting everyone else first — and it's time someone put her first. Whether it's your mom, your grandmother, your best friend who became a mother, or the woman who raised you without the title — nominate her. We're giving away three extraordinary prizes to celebrate the women who show up every single day.

Hydrafacial

\$299 Value

The glow-starter. Deep cleansing, hydration, and luminosity — in one luxurious session.

3rd

1 Month Medical Weight Loss

\$499 Value

Clinically supported, personalized, and designed to finally work. The confidence shift she's been waiting for.

2nd

CO2 Laser Treatment

\$999 Value

The big one. Our most transformative skin treatment — resurfacing, tightening, and renewing from the inside out.

GRAND

How to Enter & How to Nominate

1. **Follow Sejour Aesthetic Spa** on both Instagram (@sejourbodybarspa) and Facebook. This step is required to be eligible.
2. **Nominate a Mom** — post your nomination and tag three people in our giveaway post. Anyone can nominate, but only mothers are eligible to win.
3. Winners drawn **live on Instagram on Mother's Day, May 10th**. Watch the stories — it could be her moment.

NOMINATE HER ON INSTAGRAM

Must follow @sejourbodybarspa on Instagram and Sejour Aesthetic Spa on Facebook to participate. Winners must be mothers. Drawing held live on Instagram Stories on May 10, 2026. No purchase necessary. Prizes are non-transferable and have no cash value.

Nurses Week · May 6–12

To the Women Behind the Needles

Every result we produce starts with a nurse who actually understands the anatomy beneath the skin. This week, we honor the profession that forms the backbone of everything we do at Sejour — and we're celebrating one extraordinary nurse in particular: Barbara.

***"We don't just inject — we assess, we balance, and we enhance.
That's the nurse difference."***

Nurse injectors bring something to the treatment room that can't be replicated: a clinical understanding of structure, risk, and anatomy that transforms good results into exceptional ones. When you trust Sejour with your face, you're trusting the full weight of that expertise. Happy Nurses Week to every nurse who has ever made someone feel safe in their own skin.

Treatment Spotlights

High-Ticket Anchor · Grand Prize Treatment

CO2 LASER

If there is one treatment that delivers a genuine before-and-after moment, this is it. CO2 laser resurfacing targets texture, tone, fine lines, and skin laxity — all in a single session with results that build beautifully over the following weeks. This isn't a subtle treatment. This is the one you do when you're ready to stop managing and start transforming. Skin quality is step one in facial balancing, and CO2 laser is how you elevate that step to an art form.

Entry Service · Your Skin's First Chapter

HYDRAFACIAL

Think of the Hydrafacial as your foundation — and we mean that literally. Clean, hydrated, glowing skin is the canvas every other treatment performs best on. Whether you're new to aesthetics or maintaining the results of something more intensive, a Hydrafacial is the non-negotiable maintenance your skin deserves month after month. It's not a luxury. It's a baseline.

The Tightening Piece

MORPHEUS8

Skin laxity is one of the most overlooked components of facial balance. You can have perfect placement of injectables and still feel like something isn't quite right — because tightening is part of the equation too. Morpheus8's radiofrequency microneedling technology firms and remodels from the inside out, making it an essential chapter in any comprehensive facial balancing journey.



Facial Slimming

and Body Confidence
go hand in hand.

The conversation about looking and feeling your best doesn't stop at the jawline. Our medical weight loss program — powered by clinically proven protocols and guided by our expert team — is about something much bigger than a number on a scale. It's about how you stand in a room. How you move through the world. The version of yourself that was always there, waiting.

This month, as we spotlight full-face transformation, we're also holding space for the full-body conversation. Because confidence is holistic. And you deserve all of it.

At-Home Care

Your Results Don't Live Only at Sejour

The ZO Skin Health edit for May.

Here's a truth we repeat in every consultation: the best in-office treatment in the world is only as good as the routine that supports it at home. ZO Skin Health is what we trust, recommend, and use ourselves — and this month, as we talk endlessly about skin quality being the foundation of facial balance, it bears repeating that your skincare shelf matters.

Ask us at your next appointment for a personalized ZO recommendation based on where you are in your facial balancing journey. The right products maintain your results, protect your investment, and extend the life of every treatment you've done at Sejour.

This Month's Mantras

"Facial balancing is not about adding — it's about harmony."

"Natural, never overdone."

"Customized for you."

"Nurse-led. Results-driven."

May Offer

Facial Balancing Consultation Special

You've been thinking about it. You've been scrolling, saving, comparing. Now it's time to have the real conversation — the one that's actually about your face, your goals, and your version of beautiful.

Book your Facial Balancing Consultation this month and your consultation fee applies directly toward your treatment. It's not just a conversation. It's the first step.



PERSONALIZED PLAN · TOX + FILLER + SKIN · CONSULTATION FEE CREDITED TOWARD TREATMENT

What to Watch For in May

Follow us on Instagram and Facebook all month long. Here's a peek at what's coming — because the content is as good as the treatments.

WEEK 1
May 1-4

Full Face Approach — What facial balancing actually means. Reels on lips, chin, jawline, and skin. Behind-the-scenes of our elevated experience.

WEEK 2
May 5-11

Giveaway Launch + Nurses Week — Mother's Day prize reveal, nurses week celebration with Barbara, and the deep dive on why facial balancing beats just getting filler.

WEEK 3
May 13-18

Education = Conversions — The 3 areas of facial balancing, Q&A boxes, before & afters, and how body confidence and facial slimming connect.

WEEK 4
May 19-25

Luxury Positioning — A day of facial balancing from consult to result. Full-face transformations. Morpheus8. ZO Skin Health maintenance.

WEEK 5
May 26-31

Close + Fill the Schedule — Memorial Day softness, Hydrafacial glow, team spotlight, and the top 3 treatments to balance your face before summer.

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Tues-Sat 10am-3pm



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