



SEJOUR MED SPA

Sejour Medical Aesthetics

June Glow-Up. Precision You Can See.

Summer-ready planning. Expert corrections.

Results that shine brighter every day.

Book your experience today—limited appointments available.

Call/Text: (772) 800-7784 | sejourbodybar.com | DM @sejourbodybar

sejourbodybar.com

Hi,

Sejour Family

June. The month of long days, longer to-do lists, and somehow — you still want to show up looking like yourself. Actually, the best version of yourself. We see you, and we've built this month around exactly that.

Summer is officially here, which means event season is in full swing.

Weddings. Father's Day dinners. Vacations. Family photos. And the skin you've been meaning to address since January? She's about to be in every single one of them.

So let's get you camera-ready, Sejour-level polished, and walking into every room like you planned it this way.

Because you did.

— **The Sejour Team**

Welcome to the Family:

Aryanna

Please give a warm Sejour welcome to our newest aesthetician — Aryanna!

Aryanna brings experience in corrective skincare and a genuine passion for helping clients feel confident in their skin. From acne and texture concerns to building fully customized treatment plans, she is dedicated to results-driven skincare with a personalized touch — and that approach fits right in here.

We are so excited to have her join the Sejour team, and we cannot wait for you all to meet her.



Father's Day | June 15th

He Deserves More Than a Tie This Year.

Let's be honest — the man in your life has been showing up. For you. For the family. For everything in between. And for Father's Day, we think it's time to return the favor in a way he'll actually remember.

Sejour is officially offering Father's Day gift experiences — because real self-care doesn't discriminate. Whether Dad is dealing with sun damage from years of outdoor living, rough texture, or just the kind of tired skin that no face wash is going to fix, we have something for him.

Father's Day Gift Experiences at Sejour

- **HydraFacial for Him** — deep cleanse, extract, hydrate. One hour. He walks out looking ten years younger and wondering why he waited so long.
- **CO2 Laser Consultation + Treatment** — for Dad who's serious about skin correction. Sun damage, coarse texture, lines that have built up over decades. This is the one.
- **Morpheus8** — for the Dad who wants to tighten things up without anyone knowing exactly how. Jawline. Neck. The subtle kind of refresh.
- **Facial Balancing Consultation** — for the man who wants to look like himself, just more rested and refined. Structure. Proportion. A plan.

Gift cards available for all services.

Give him something that lasts longer than the weekend.

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Hero Treatment of the Month: **CO2 Laser**

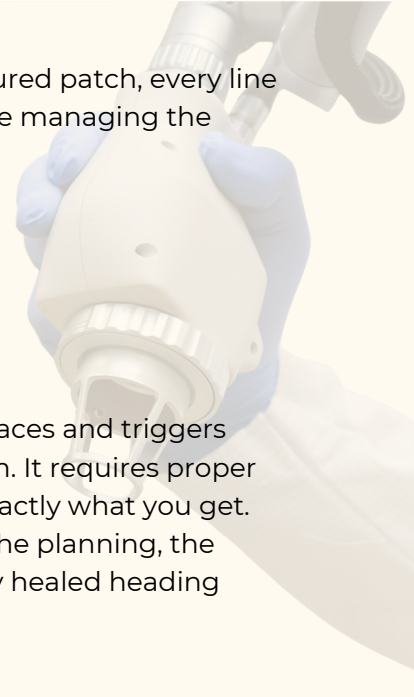
The Reset That Actually Resets.

Summer skin tells the whole story — every sun-damaged year, every textured patch, every line that foundation can't cover anymore. CO2 Laser is for clients who are done managing the problem and ready to correct it.

CO2 is the treatment of choice for:

- Rough texture and enlarged pores
- Acne scarring and visible scarring
- Deep lines and etched-in wrinkles
- Sun damage, uneven tone, and post-summer skin fatigue
- Overall skin refinement when skincare alone isn't cutting it

This is not a quick facial. CO2 Laser is advanced skin correction — it resurfaces and triggers collagen renewal at a level that changes the quality of your skin long-term. It requires proper evaluation, expert protocols, and high-touch aftercare. At Sejour, that's exactly what you get. June is actually a great time to start your CO2 journey. The consultation, the planning, the recovery — timing it right means you're glowing by late summer and fully healed heading into fall events.



The Sejour Tightening Favorite **Morpheus8**

If CO2 is the resurfacing specialist, Morpheus8 is the sculptor. It combines microneedling with radiofrequency energy to stimulate collagen deep in the skin — progressively improving firmness, texture, and definition over time.

Clients choose Morpheus8 when they want to address:

- Early laxity and softening along the jawline
- Crepey texture and changes in skin density
- Refining the lower face and neck
- Real tightening results — without surgery

For the right candidate, Morpheus8 can also complement CO2 as part of a high-level correction plan — especially when the goal is both resurfacing and tightening. It's also an incredible gift for Dad this June. Think about it: no downtime he'll complain about, results that build over weeks, and a reason to call you his favorite.

Start with a consultation so we can map the right approach for your goals and timeline.

Book your consultation

Your Summer Non-Negotiable: **HydraFacial**

The Glow That Shows Up on Camera.

If there's one treatment that earns its spot on the recurring calendar, it's HydraFacial. Cleanse. Extract. Hydrate. Three steps. One incredible outcome. And it works for literally every skin type — which makes it the perfect summer staple.

Why HydraFacial belongs in your June plan:

- Instantly refreshes and plumps dull, dehydrated summer skin
- Removes surface buildup from sunscreen, sweat, and environmental exposure
- Preps skin beautifully before or after more intensive treatments
- Zero downtime — you walk out glowing, not recovering
- Safe and effective for all skin tones and types

This is the treatment you do before a big event, between your deeper treatments, or whenever your skin just needs to breathe and be seen. Think of it as your skin's version of a refresh button — and it genuinely hits different in the summer heat.

Barbara's Signature: **Facial Balancing**

Facial balancing is about structure, proportion, and harmony — so you look like yourself, just more polished. This is the work that makes people say "you look amazing" and not quite know why.

This approach may include:

- Mid-face structure and support
- Chin and jawline refinement
- Soft, balanced lip enhancement
- Strategic injectables for smoother movement and better symmetry

If you've been thinking about filler but don't want to look overdone — facial balancing is the right starting point. Because it's guided by a plan, not impulse. Barbara's approach is meticulous, intentional, and calibrated to you specifically.

Heading into summer events, this is the quiet luxury move. The one you make before anyone else even knows to think about it.

Book your consultation



June Packages

Designed for Real Outcomes



Choose Your June Experience.

The Summer Skin Reset

CO2 Laser + curated post-procedure skincare recovery kit + private consultation + post-laser check-in. For clients who are ready to stop managing texture and sun damage and start correcting it.

The Refine & Tighten Experience

Morpheus8 series + neck add-on or skincare credit (based on candidacy). For clients who want progressive, natural tightening that builds over time — without going under the knife.

The Sejour Facial Balancing Experience

Full facial assessment + customized injectable plan + luxury follow-up touch + priority scheduling. Barbara's most sought-after service, fully tailored to your anatomy and goals.

The Glow Maintenance Plan

Monthly HydraFacial + medical-grade skincare consultation + seasonal check-in. For clients who want their skin to work for them all year — not just for one event.

Father's Day Gift Experience

Choose from: HydraFacial for Him / CO2 Consultation + Treatment / Morpheus8 / Facial Balancing Consultation. Gift cards available. Limited appointments — book early.

SEJOUR SIP OF THE MONTH

The Watermelon Citrus Glow

Ingredients:

- Fresh watermelon (seedless)
- Cucumber
- Lime juice
- Fresh mint leaves
- A pinch of Himalayan pink salt

Blend watermelon and cucumber until smooth. Strain, then stir in fresh-squeezed lime juice and a few torn mint leaves. Add a small pinch of pink salt — it brings out the sweetness and adds electrolytes.

Serve over ice. Glowing from the inside out is officially on the menu.

Packed with lycopene, vitamin C, and natural hydration — exactly what summer-stressed skin need



RECIPE COURTESY

Fresh Fusion Juice Bar

- @FRESHFUSIONPSL 1334 SW BAYSHORE BLVD