

FIRST RESPONDER AND MILITARY
MINDSET REPS
free workout

»» 1:30 - 2:30 PM

»» KODA CROSSFIT IRONVIEW. 740
PIERCE AVE #5 LOUISVILLE CO

»» DATES:

- JANUARY 14
- FEB 18
- MARCH 4
- APRIL 8
- MAY 13
- JUNE 17
- AUG 19
- SEPT 16
- OCT 28
- NOV 11TH
- DEC 9TH



FIRST RESPONDER AND MILITARY
MINDSET REPS
free workout

»» 10:00 AM-11:00

»» **CROSSFIT EVOLVE**

4862 INNOVATION DR. STE 102 FORT COLLINS, CO

»» **DATE:**

- JANUARY 26TH
- MARCH 9TH
- APRIL 13TH
- MAY 18TH
- JUNE 1
- AUGUST 24
- OCTOBER 5
- NOVEMBER 9
- DECEMBER 14

STAY AFTER FOR A FREE FIT AID AND HANG OUT!



CF ★ **Ev**
CROSSFIT EVOLVE