



K. Margaret Solorio

INTUITIVE GUIDE • ENERGY MENTOR
CREATOR OF HOME FREQUENCY RESET • AUTHOR



RECENT GUEST APPEARANCES

- Career & Life Momentum Chats
- The Key to Connection
- Healing Millions
- A Small Medium at Large
- Intuitive Awakening
- Balm to the Soul
- Making Meaning
- Oxygen First

BIO

K. Margaret Solorio is an intuitive guide, energy mentor, and author of *Make Ease Your Vibe*.

She is the creator of the Home Frequency Reset, a transformative approach that helps people clear energetic clutter and realign their spaces to support clarity, ease, and personal growth.

Through her podcast *Intuitive Wisdom*, her 1:1 work, and her teachings on energy and environment, K. Margaret blends grounded spiritual insight with practical energy work—helping conscious individuals understand how their surroundings directly influence their emotions, choices, and sense of self.

Her mission is to help people feel energetically at home—both in their physical spaces and within themselves.

CONTACT

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SAMPLE QUESTIONS

- What is energetic clutter—and how do we know if our home is holding onto it?
- How does the energy of our home affect our mood, mindset, and even our manifestation ability?
- What is a Home Frequency Reset, and how is it different from traditional decluttering or space clearing?
- Can a home carry emotional energy from past relationships, trauma, or stress—and how do we clear it?
- What are three simple ways someone can start to shift the energy in their home today?
- What signs should someone look for that their space needs an energetic reset?

REVIEWS

"Your intuition was very accurate"

Wow, thank you so much for the home frequency reset! It was quite accurate and really reflected my experience of the space. I especially loved the personalized blessing for the home and also your gentle suggestions for improving the energy of each room, and it also gave me directions for more inner work as well!

-Ana P., Meditation Guide + Teacher

"Deeply moving and affirming"

The session brought forward powerful energetic shifts—releasing layers of shame and welcoming in love and acceptance. I could feel the energy clearing in my body and my home, almost as if the earth itself was exhaling.

--Diane S., Boundaries & Empowerment Coach

Contact me for podcast or program guest appearances.