

K. Margaret Solorio

ENERGY MENTOR • AUTHOR
CREATOR OF HOME FREQUENCY RESET



RECENT GUEST APPEARANCES

- The Abundance Club
- The Gutsy Podcast
- Healing Millions
- Create Magic at Work
- Intuitive Awakening
- Momplex
- Making Meaning
- Integral Teachers Yoga Association

BIO

K. Margaret Solorio is an intuitive guide, energy mentor, and author of *Make Ease Your Vibe*.

As a certified Angel Reiki Master and creator of the Home Frequency Reset, she clears energetic clutter and realigns spaces to support peace, clarity, and personal growth.

Through her top 10% globally rated podcast *Intuitive Wisdom*, 1:1 work, and teachings on energy and environment, K. Margaret helps people feel seen, supported, and inspired—creating deeper alignment in their homes, hearts, and lives.

CONTACT

Website: deliciousease.com

Email: support@deliciousease.com

Book: <https://amzn.to/4h4l3w9>

Freebie: deliciousease.com/linkinbio

Instagram: [@deliciousease](https://www.instagram.com/deliciousease)

Youtube: [@intuitivewisdompodcast](https://www.youtube.com/intuitivewisdompodcast)

InsightTimer: [@deliciousease](https://www.insighttimer.com/@deliciousease)

LinkedIn: [@KMargaretSolorio](https://www.linkedin.com/in/KMargaretSolorio)

CURRENT OFFERS



Book



Podcast



Service

SAMPLE QUESTIONS

- You often say our homes hold energy. What does that actually mean, and how can someone tell when the energy in their home feels “off”?
- What inspired you to create the Home Frequency Reset, and what kinds of transformations have you seen in people after clearing the energy of their space?
- Many people declutter their homes physically, but you talk about “energetic clutter.” What is energetic clutter, and how does it impact our emotions, intuition, and daily life?
- Your book, Make Ease Your Vibe, centers around creating more ease in life. What does “ease” really mean to you, and why do so many people struggle to experience it?
- For someone listening who feels overwhelmed, stuck, or emotionally heavy in their home, what is one small shift they could make today to begin changing the energy?

REVIEWS

Calmer, Lighter, Deeply Supported

I've worked with many intuitive guides, but K. Margaret's Deep Home Reset is in a league of its own. She didn't just 'clear' my space; she performed a high-level, energetic audit that uncovered things she couldn't have possibly known. My home and I feel calmer, lighter, and deeply supported.

Amy Lynn Durham, Create Magic At Work

Sleeping Better, More Creative

I'm sleeping better, feeling more creative and in flow and opportunities are practices that I already do for my home and it made a huge difference; I can only imagine what it would do for moving into a new space, new stage of life, or clearing up after some heavy energy. I am so grateful for the work that K. Margaret was able to do and sharing her gifts.

Christina S., Life + Business Coach

Contact me for podcast or program guest appearances.