



**MAHSA**  
**COLLEGE**  
SABAH CAMPUS

**PHYSIO @ MCS**



# THE PLATFORM FOR PRIDE – SHAPE

Physio @ MCS is more than a care centre, it is where training meets real patient practice. Students build clinical skills, develop precision, and strengthen professional confidence through direct, hands-on engagement.

Through Physio @ MCS, students work across physiotherapy, wellness, and home-based services, gaining real-world experience in assessment, rehabilitation, and patient management. Every interaction builds capability, sharpens judgement, and prepares them to perform with confidence in real healthcare settings.



# PHYSIO CENTRE

Physio @ MCS is more than a treatment facility, it is a clinical training and rehabilitation gym where students build hands-on skills, apply physio techniques, and develop professional confidence through real working environment.

In the Physio Centre, students assist in assessment, deliver exercise-based rehabilitation, and support recovery programmes, gaining practical experience, developing clinical skills, and strengthening confidence while working and learning in a real healthcare setting.



# HOME PHYSIO

Home Physio @ MCS is more than a service, it is a real outreach environment where students deliver physiotherapy support in home settings, working directly with patients in their daily living spaces.

Through Home Physio, students assist in assessments, guide exercise routines, and support recovery programmes under supervision, gaining hands-on experience, building adaptability, and developing confidence in managing patients in real-world conditions.



**MORE THAN A CLASSROOM.  
THIS IS WHERE YOUR  
FUTURE BEGINS.**