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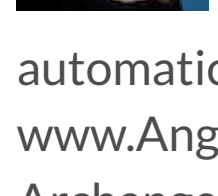
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A Message from Archangel Michael

By [Daylle Deanna Schwartz](#)



I'm delighted to have my friend and Self-Love Ambassador, [Dr. Joy S. Pedersen](#), CEO and Founder of [Express Success](#)., as my guest today. She's a Licensed Spiritual Healer and Certified Spiritual Health Coach and Doctor of Divinity, who channels God, angels and others through automatic writing. Dr. Pedersen shares channeled messages regularly through [www.AngelEnlightenment.com](#). She has a book coming out that she channeled from Archangel Michael, called [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She recently channeled Archangel Michael who asked her to get a message out about self-love. His message is below:

Self Love

Channeled by [Dr. Joy S. Pedersen](#) at request of Archangel Michael January 20, 2014

You are a most precious child of the Creator loved beyond the imaginable. What you do to yourselves, however, is often unloving. You treat your neighbors better than you do yourself many times.

I see your pain. I hear your anguish. You want more for your lives but not sure how to get it. It starts with the love of self from within your own heart.

Treat yourself as the most important being on the planet. Put yourself first. Not in a selfish way but because you are honoring the self.

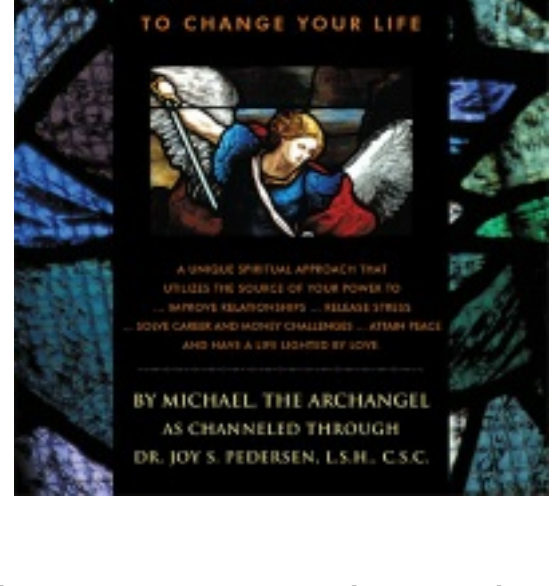
Life was not meant to be about self sacrifice. Self sacrifice has caused more harm to humanity than you would ever realize.

By denying the self, you deny the Creator within. By not putting yourself first and loving yourself enough, you deny the Creator and why He put you on this earth. He wants you to be, do and have what is possible for you by divine right. You deny yourself what the Creator has in store for you by not allowing yourself to be a priority.

If you won't love yourself enough, please allow me to love you in your place. Honor yourself, your heart, your hopes and your dreams.

You deserve everything that you desire within your own heart. Deny yourself no longer. I am here with you as is your Creator. Peace be with you. Archangel Michael

Join [The Self-Love Movement™](#)! Take the [31 Days of Self-Love Commitment](#) – “I commit to do my best to do something loving for myself, however big or small, for the next 31 days.” and get my book, [How Do I Love Me? Let Me Count the Ways](#) for free at [http://howdoiloveme.com](#). Read my 2014 31 Days of Self-Love Posts [HERE](#). Join the [Self-Love Movement™](#)! on [Facebook](#). Watch the [video](#) made with Hoobastank's song–The reason–that illustrates the power of self-love.



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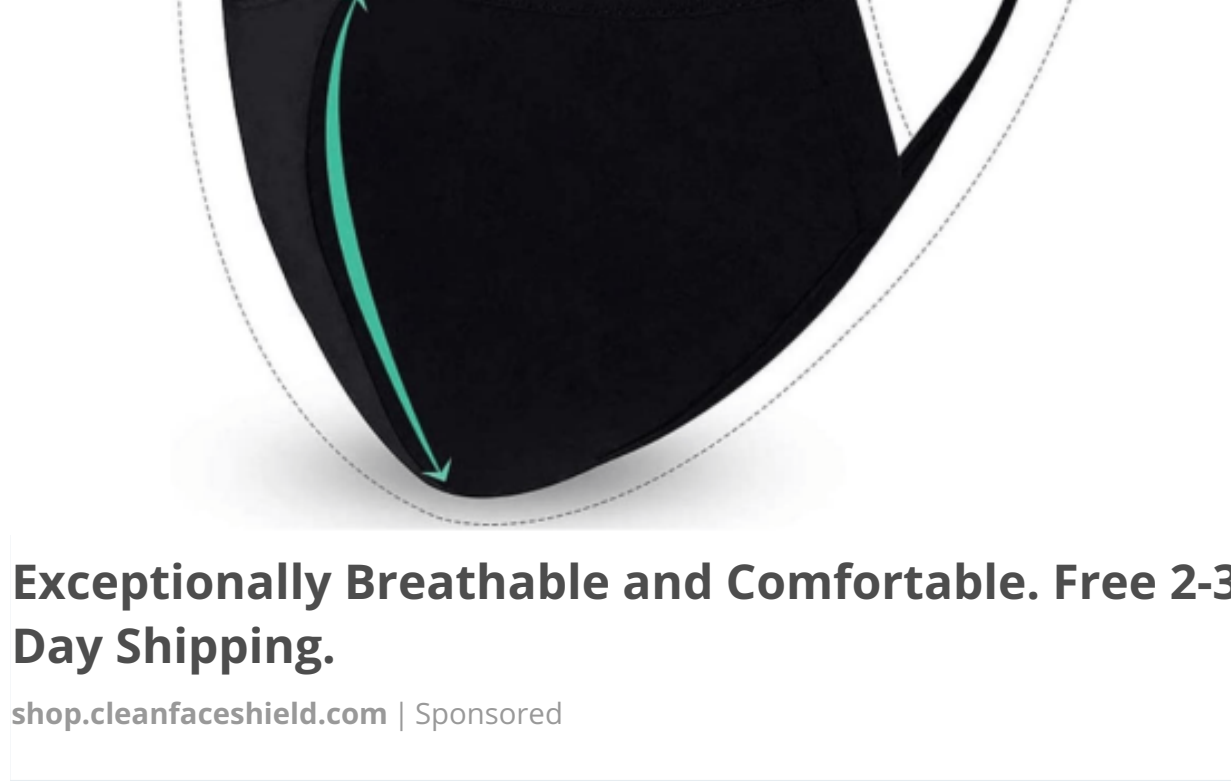
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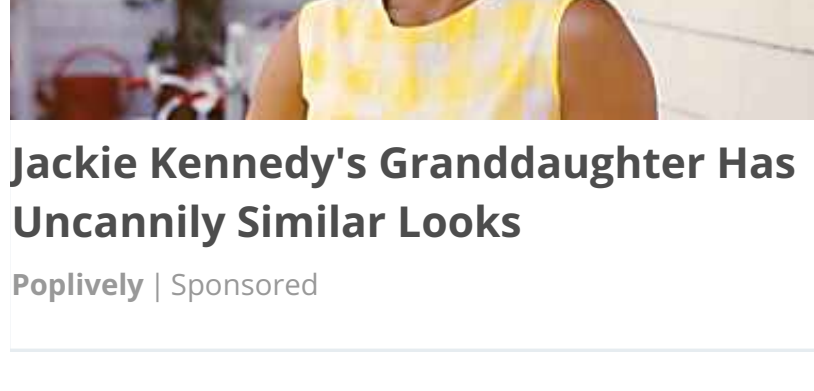
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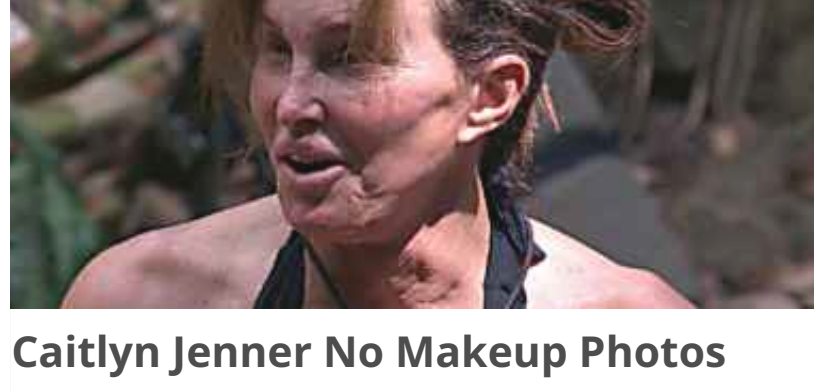
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By [Daylle Deanna Schwartz](#)

A common thread among clients who come to me for self-empowerment counseling is “Why do people use me?” And they groan, “Why me?” And they whine, “I’ll never get what I want because of ____.” I tell them to fill in that blank with, “because I allow myself to be a victim.” People don’t make [...]

Standing Up for Yourself

By [Daylle Deanna Schwartz](#)

You may be angry at many people and want to tell them all of. But you need to –prepare to take a stand first. Before taking a stand, ask, “Am I WILLING to be serious?” You may want to stop unacceptable behavior, but are you willing to leave or mean “no” or cut visits if [...]

Law of Attraction in Action: What You Think Of Yourself

By [Daylle Deanna Schwartz](#)

This is post 290 in my series on the Law of Attraction in Action. You CAN use your power to manifest your desires. I do it every day! Read all the posts in my Law of Attraction in Action Series to see how. Very often, your biggest roadblocks to achieving goals are the labels you [...]

Why People Become DoorMats/People Pleasers

By [Daylle Deanna Schwartz](#)

George Bernard Shaw said, “The reasonable man adapts himself to the world: the unreasonable one persists in trying to adapt the world to himself.” Having DMS (DoorMat Syndrome) made me a People Pleaser who catered to others, with little reciprocation. People Pleasers don’t turn down requests or assert their needs. Do you want to stop [...]

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