



# Paddock Paper

Northern New Mexico Horsemen's Association Newsletter

April 2026

## Learn What It Takes to Succeed in a Distance Sport Competition

If you're thinking (or just curious) about what it takes to compete on longer rides, join others at our Wednesday, April 29, 7 pm, program meeting. Veteran competitor Amelia Adair will talk about what it takes to prepare for and participate in distance events. She'll also share some behind-the-scenes that only those who are competing may know. *Save the date: NATRC Region 3 event is June 27, Ghost Ranch, near SF.*

Amelia is a retired attorney who now serves on various nonprofit boards, including NNMHA. When she's not in the saddle, you may find her hiking, biking or hanging out in her barn.



The North American Trail Ride Conference (NATRC) is a distance sport competition over a measured trail that is completed within a window of time. It was formed in 1961, and there are six regions. NATRC events are open to riders ages 8+ and all equine breeds. It also offers educational clinics and workshops to provide continuing learning. (For more info about NATRC: [natric.org](http://natric.org).)

### Articles & Pages

Ridge Riders – p 2  
Extreme Cowboy – p 3  
Youth Scholarship – p 3  
Ranch Rodeo – p 4  
Board Notes – p 6  
Bulletin Board – p 8

**Reminder:** We meet at Dr. Field Goods Kitchen, 187 Paseo De Peralta, DeVargas Center, SF. The closest entrance to the restaurant is on the south side of the center. There is plenty of parking. Join others for dinner at 6 pm in the main restaurant area. Please be in the separate meeting room a few minutes before 7 pm.

**NORTH AMERICAN  
TRAIL RIDE CONFERENCE**



# Ridge Riders Season Begins April 4

Our monthly group trail rides with Trail Boss Ed Srsic return on Saturday, April 4, at Cerrillos Hills State Park. In the saddle at 10 am. The trails are somewhat narrow, hilly and rocky - and you'll see signs of the rich history of early mining.



**Directions (April 4):** From highway 14, turn into the Village of Cerrillos. At the first stop sign, turn right onto First Street, cross the railroad tracks and follow the signs to the park. Parking is on the left side of the road. Ed will be in the parking area at 9:30 am. For this ride, bring \$5 in cash for the state paybox at the park.

Mark your calendar now for Saturday, May 2, Ridge Riders adventure. We are headed out to ride Dead Dog Trail in the Caja. This has been another favorite over the years with many riders. The ride follows the El Camino Trail down to Diablo Canyon and back. This is an easy ride that takes about 2 – 2 1/2 hours to complete. Please be in the saddle at 10 am from the parking area at the trailhead.

**Directions (May 2):** Take Highway 599 north or south, exit at the Camino La Terra/Las Campanas/Aldea exit. Coming south, turn right, northbound turn left off the exit ramp. This is County Road 77, Camino La Terra Road. Proceed to Old Buckman Road and turn right. Follow the gravel road 3 - 4 miles until you reach the parking lot on the left. You have arrived at our starting point. Ed will be at the parking area at 9:30 am.

To sign up for any of our rides, please register in advance and sign our online waiver at: [nnmha.org/events](http://nnmha.org/events). There, click on Ridge Riders. You must be a member for insurance purposes, and you may also become a member (or renew your membership) on our website. For questions, contact Ed directly at 415 305-3238, [riders@nnmha.org](mailto:riders@nnmha.org). Happy trails!

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## There's Just One More...Coffee Chat



Stop by for our last Coffee Chat of the season. It's Tuesday, April 14, 9 – 11, Big R, 725 Saint Michaels Drive, for hosting us.

Plus, take advantage of "Senior Tuesday" when Big R customers 62 and older with a valid government-issued ID get up to 10% off on purchases.

Come as you are, barn jackets and all!

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# Extreme Cowboy Clinic in SF for First Time, May 9 –10



Now is the time to sign up for this exciting new event, held in SF for the first time ever! It's a fast-growing event held throughout the country, and NNMHA is hosting this two-day clinic, Saturday & Sunday, May 9 – 10, 8 am – 4 pm, HIPICO, 100 S. Polo Dr. Follow our signs to parking. Anyone from ages 7 – 55 can participate in a variety of classes that range from horsemanship to obstacles to flag races.

On Saturday, our clinician Sarah Tyree, Sarah Tyree Performance Horses, El Paso, TX, will present proper horsemanship required for such events, as it is judged in addition to the horse and obstacles. She will also run drills and teach proper stops that are judged. Sunday will include a review and practice of a real Extreme Cowboy event, with detailed walk-throughs and then a timed competition. Start time is 8 am with riders in the saddle by 9 am on both days. Sarah has been active in EXCA since she was 16 and finished in third place in the EXCA World Championship Finals last year. She will be accompanied by Greg Baine, EXCA.

Participation is limited to ten riders, \$100 per rider for both days. Auditors may observe at no charge, but both participants and auditors must sign up in advance.

**For more info and/or to register, go to: [nmha.org/events](http://nmha.org/events).** For specific questions, contact: Carol Marthens, [luminaryllamas@msn.com](mailto:luminaryllamas@msn.com), 214 662-9616.

*EXCA is the original and only recognized association for the sport of extreme cowboy racing. Started by renowned trainer and clinician Craig Cameron, it is specifically designed to invite riders of any age and at all levels to participate in a variety of different competitive classes. There are competitions worldwide, and they culminate in an annual world championship. To learn more about EXCA, go to: [extremecowboyyassociation.com](http://extremecowboyyassociation.com).*

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## Apply Now for Youth Scholarship



Do you know someone who needs scholarship help for college or other training related to equines? Applications to the NNMHA Eldon and Karen Reyer Youth Scholarship are now open. We provide up to \$2,000 for people 22 years or younger who are residents of NM.

Deadline for applications is May 1, so see details and an application form at: [nmha.org/sgs-program](http://nmha.org/sgs-program).

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# Members, Thanks for Your Support

Thanks to everyone who renewed or joined NNMHA this year! Your support helps us provide program meetings, social get togethers, host clinics and workshops and provide the public with information and meet-and-greet opportunities about equines year-round.



If you have questions about your membership, please contact Jay Diamonon: [jay.diamonon@gmail.com](mailto:jay.diamonon@gmail.com), 713 303-1004.

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## Ranch Rodeo Preserves the Ranching Heritage of Northern NM

There's another kind of rodeo out here in the West - Ranch Rodeo. In NM, the East Mountain Rodeo Association (EMRA) was founded in 2020 as a 501(c)(3) non-profit to host an annual ranch rodeo event. It was sanctioned by the Working Ranch Cowboys Association (WRCA) and has quickly become so popular that it outgrew the initial location in the Estancia Valley.



For the past two years, it has been held at the Santa Fe Rodeo Grounds. The next annual ranch rodeo is coming up - July 17 - 18 at Rodeo de Santa Fe. Last year the Santa Fe event was the 3<sup>rd</sup> largest on the circuit.

Chris Morgan, Chairman, Event Director and one of the founding board members of the East Mountain Rodeo Association (EMRA) gave us an insider's look at this event when he joined us as our speaker at the February program meeting. This year's Ranch Rodeo Queen Destiny Tapia and Princess Paige Morganton also shared their enthusiasm for this fun sport. (In photo, left to right Paige, Chris and Destiny.)

The mission of the EMRA is "preserving and educating the community about the rich western heritage, principles and ranching practices that played a vital role in settling the NM Territory." Chris explained, "We believe we need to empower the next generations of horse women, because they are the future of ranching." Destiny listed the events in ranch rodeo and shared how the rules require a group to compete as a team. She concluded, "The sport is about the community and educating people about the ranching heritage of NM."

## Ranch Rodeo vs Pro Rodeo

What's the difference between ranch rodeo and professional rodeo? It's that the ranch rodeo events each represent what ranchers need to do in a day on a working ranch. The men and women who compete on ranch rodeo teams work together to make their living on working ranches. In the ranch rodeo competition, teams must stay the same for the competition season. Competitors ride their own horses for all the events – and the horses are real ranch horses, not specialists in only one event.



Chris assured us, "Most professional rodeo events don't happen on a ranch. You know if a cowboy ever gets on a bull he must have lost a bet." Whereas ranch rodeo events demonstrate to spectators the skills that are vital to raising cattle. Seeing what's happening in the arena, it's a positive image of what's still happening outside metro areas every day. It helps preserve that western and equestrian heritage.

The teams compete around the West, and winning at a sanctioned event like the Estancia Valley Rodeo qualifies that team to compete in the World Championship in Amarillo, TX. Ranch rodeo events include: ranch bronc, stray gathering, team penning, wild cow milking and team branding (done with chalk). EMRA focuses on youth ranch rodeo events. Youth teams compete in their World Championship Ranch Rodeo at the same time as the adult championship.



### *Want to see competitors in action?*

The Estancia Valley Youth Ranch Rodeo begins Saturday, July 18, 10 am. The adult events are held Friday and Saturday nights, starting at 6 pm. Throughout the rodeo, royalty also play a role in educating and encouraging other young women to participate in equestrian lifestyles. They learn public speaking and are important ambassadors for

their sport and western agriculture. For more info or to purchase tickets, go to: [nmranchrodeo.com](http://nmranchrodeo.com). Tickets go on sale soon!

Additionally, EMRA as a nonprofit 501(c)(3) offers college scholarships for youth of ranching families. EMRA youth help sell rodeo tickets and the WRCA holds a charity auction annually at the world championship.



Thanks to Chris, Destiny and Paige for sharing your love of, and pride in, the tight-knit community of ranching families who helped settle NM. It's easy to see how their organization helps preserve

the values and practices of their community for the future, while the riders have a lot of fun on horseback.

*Thanks to Amelia Adair for this article and to Rose Farley and Trish Hug for photos.*

## We're In Town & on the Road



Our merchandise is showing up (see trailer door and jacket in photos) at meetings, clinics and even traveling down the road. It's a great way to spread the word and show your pride in NNMHA. If you



see "merch" somewhere, please send a photo and a note about where and when. Share your sightings with us!

## Board Notes

### Organization News

Ralph Larranaga provided a treasurer's report that included current checking and investment accounts. He is working with our CPA to prepare tax reporting.

Jay Diamonon reported that paid memberships are lower than previous years, so he will send reminder emails to all non-renewing members. Using auto-renewal and offering only two-year memberships were discussed to make it easier for members to renew. He suggested that we may also need to continue to remind members about membership multiple times, as renewing may simply be overlooked.

Lynn Allen presented two funding requests: sponsorship of the Rodeo de SF Royalty to offset travel and clinics and a grant to help improve grounds used for the X Games Eventing and other events. NNMHA, in turn, receives promotional opportunities in programs, signage and other recognition. The Board approved both requests.

We have received at least one application for the annual Reyer Youth Scholarship program and expect others. Lynn has been in contact with various organizations to promote this program.

We have been approached to contribute to a gofundme account to help support a farrier recently injured at work. The Board will develop a policy for such situations for individuals who are members and/or key professionals that support the northern NM equine community. It was decided to make a direct contribution to the designee.

*Note: The Board previously approved via email participating as a sponsor in the SF Fat Tire Society "6 Hours in the Basin" race. All proceeds go the maintenance of trails in the Galisteo Basin Preserve.*

Four board members are planning to visit the Eagle Nest Horse Program this month. The program supports equine education in schools in the area.

Howard Gershon opened a discussion for April and May program meetings. He asked if we should host a program meeting instead of a member summer social event. An outdoor program meeting was suggested. It was decided to focus on the holiday member meeting and plan a program meeting in lieu of a summer social. He will advise Rose Farley and David Lyles, program organizers, of this decision.

Howard noted there is a growing interest in state government to promote various recreational activities in our area and throughout the state. Several meetings are being held by community leaders to discuss this, and we need equestrian representation in these discussions. Typically, horse people are underrepresented in such meetings, whereas motorcyclists and bicyclists, among others, are often well represented. The board will continue to monitor such meetings.

The next Board meeting is Wednesday, April 8, 7 pm via zoom. Members are welcome to attend meetings, so contact a Board member anytime for details.

### **Events, Rides & Clinics**

Carol Marthens continues to work on the extreme cowboy clinic in May at HIPICO. (See separate article.) It is planned for 10 riders/participants. She would like to involve more youth, because this association's events are geared to all ages. Volunteers will be needed during the two days of the clinic to time events, help with props such as rain slickers, move obstacles, award prizes, and more. Carol and Ed Srsic will work together to finalize details and serve as liaisons with the clinicians.

Amelia said the North American Trail Ride Conference (NATRC) competitive trail riding event on June 27 is at Ghost Ranch. This is one of several rides that NATRC hosts throughout North America. (See separate article.)

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## **Do You Know...**

The world's oldest horse is 38 years old, according to the Guinness World Records? According to a recent article in the *Santa Fe New Mexican* newspaper, Fancy, an Arabian mare, has spent most of her years with her current owner. Fancy lives at a retirement farm in Virginia where her care providers include a therapeutic farrier and veterinarians who do regular bloodwork and carefully adjust her diet.

Fandy's owner, Paige, hasn't ridden Fancy in years, but visits her almost every day. Ah, what a life.

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# Bulletin Board

*Bulletin Board is a "one-stop shop" for all equine-related products, services and events. Current members may submit listings of no more than 80 words. Be sure to include a name, brief description and website, phone and/or email for contact purposes. We can't edit fliers or other materials provided to us and be assured of describing your news accurately. Send your listing to: Sandra: smithcom@goldengate.net. At any time, let us know if you need your current listing removed or changed. We rely on members to keep their info correct and up to date.*

## Classifieds

### STUART H. GARBER, DC, PhD, AVCA

Equine chiropractor. Equines and canines, but also happy to treat any critter with a spine. By appointment. Call: 505 913-7493.

### NORTHSIDE BOARDING

Ride out on miles of trails, five minutes from NM599/La Tierra Rd. Reasonable rates, relaxed atmosphere. Prices from \$500 to \$400/mo. for pens 12x60 and larger. Arena, round pen, three tack rooms, wash rack, trailer parking. Horses fed grass mix or alfalfa twice daily. Boarders provide extras, we feed. Owner lives on premises. Contact: Carolyn, Centaurus Ranch, 505 474-0821.

### EQUINE PORTRAITS

Helen K. Garber is available to create a unique photographic portrait of your horse or you riding your horse. In sizes up to 10 feet wide. Can be printed on paper or fabric. Her work has been acquired by museum collections such as the Getty Museum, Los Angeles County Museum of Art, the Brooklyn Museum archives of the Venice Biennale and the Academy of Motion Pictures Arts & Sciences. Contact: Helen, 310 344-7883, [www.helenkgarber.com](http://www.helenkgarber.com) (Helen K Garber Studio), [mail@helenkgarber.com](mailto:mail@helenkgarber.com).

### EQUINE BODY WORK

Susan Smith | Equine and human Ortho-Bionomy® powerful and effective therapeutic bodywork. Registered Instructor and Advanced Practitioner. Equine acupressure massage, certified. Both in-person and online courses are offered. By appointment. Contact: Susan, 505 501-2478, [info@susansmithsantafe.com](mailto:info@susansmithsantafe.com).

### BODYWORK AND MASSAGE

Sandy Benson offers Integrated Equine Bodywork and Massage, working with the whole horse to build trust, restore balance and release tension. Certified in Masterson Method since 2018, CST since 2005. Consider it an investment in wellness. Contact: [sandybenenson@earthlink.net](mailto:sandybenenson@earthlink.net), 505 920-2497.

## BOARDING AT RANCHO MARIPOSA

15 minutes from Old Pecos Trail in the Eldorado area. Indoor arena, outdoor dressage and jumping arenas, access to trails. Training and instruction available. We welcome equestrians of all disciplines! Call or text Anna: 505 490-0990, [info@mariposasantafe.com](mailto:info@mariposasantafe.com).

## SANTA FE PONY CLUB

The Santa Fe Pony Club is looking for new members, volunteers and sponsors as the new year begins. The Club welcomes 5+ ages (adults too!). For more info: [lindsaylechner@gmail.com](mailto:lindsaylechner@gmail.com), [www.ponyclub.org](http://www.ponyclub.org).

## HORSE SITTER

Professional care of your equines and other pets while you are away. Extensive experience caring for horses, dogs, cats and other precious creatures. Experience as Animal husbandry Instructor, beginner riding instructor, wilderness guide, wrangler and Ranch Manager. Contact: Laurie, 970 390-5597, [thepoetlaurie@hotmail.com](mailto:thepoetlaurie@hotmail.com).

## HORSE BOARDING

\*Everything WESTERN\* Learn, grow, succeed and have fun boarding at Loal Tucker Horsemanship, Lamy. Professional trainer, cattle, mechanical flag, heel-o-matic, roping dummy on site. Group, semi- and private lessons. Indoor and outdoor arenas, round pen, six-panel Priefert horse walker, 12x12 stalls with runs, heated auto waterers, individual tack lockers, hot/cold wash rack, trailer parking, 40 acres of trails. Colt starting issues, refinement, showing. Contact: [www.loaltucker.com](http://www.loaltucker.com), 505 466-3961.

## EQUINE VETERINARY SERVICES

Offering an integrative equine practice, combining western preventive and emergency care, as well as Traditional Chinese Veterinary Medicine, including chiropractic, acupuncture and herbal options. Contact: Dr. Shannon Subasi, Los Alamos Equine Veterinary Services, 240 681-1125.

## SEEKING PRIVATE BOARDING FOR ONE HORSE

Due to sale of the property where we board, we're looking for a private barn in the Eldorado/Lamy area with room for one horse. Request daily group turnout and some room to ride on property. Can be self- or partial-care and I'm happy to serve as backup for your horses. I'm respectful, tidy and low drama; my horse is respectful, herd experienced, low in pecking order and blind in one eye. Contact: Sylvie Anacker, 415 309-0162, [asorges@gmail.com](mailto:asorges@gmail.com).

## SELF CARE BOARDING

Arrowhead Ranch has self-care boarding space available for horse owners wanting to be more hands-on with their horses and their care. Roomy indoor/outdoor stalls with large runs attached. Includes water with electric hookups, outdoor arenas, SF river trail access, trailer parking, hay, grain and tack storage. Located in town off West Alameda. Clean, safe, gated. For more info: [arrowheadsantafe@aol.com](mailto:arrowheadsantafe@aol.com), 505 690-4955.

## TWO SENIOR HORSES FOR SALE



24-25 year-old gelding (left) ridden primarily on trails for the last 15 years. Sound, has reining training and light handle. 24-25 year-old gelding (right). Trail experience, most popular children's horse at Challenge



NM in SF. For more info: 505 670-2924.

## BRAND NEW PAD FOR SALE

New, never been out to the barn. Classic Equine Zoombang Zone Series. 3/4-in felt with Black Micro Suede Saddle Pad. Size 30x32". Regular price \$350...now \$300. I can bring it to Santa Fe or meet you in Albuquerque. Contact Nance: [nance@swcp.com](mailto:nance@swcp.com).



## TRAILER FOR SALE

2019 Trails West Adventure Horse Trailer. 2-horse slant load, bumper pull, tack room w/water tank, Tack door organizer, drop-down windows (head side). Excellent condition.

Service/maintenance April 2025; new tires, October 2025. \$10,000. Pictures available. Contact: L. T. 361 877-6451, [LTUmfleet@gmail.com](mailto:LTUmfleet@gmail.com); Ruth 361 877-6520, [RAUmfleet@gmail.com](mailto:RAUmfleet@gmail.com).



## Training/Trainers

### TERRY BERG TRAINING

Trainer offers lessons, training and show coaching, among others. Specialties include ranch riding, reining and ranch trail. Contact: [sfcolores@sprynet.com](mailto:sfcolores@sprynet.com), 505 473-4147.

## LINDSAY LECHNER EQUESTRIAN SERVICES

Currently accepting new lesson students ages 5 + on your horse or one of the lesson horses and horses in training, focused on Dressage basics, introduction to jumping, trail riding essentials in and out of the arena and fox hunting. We travel to local shows and other recognized competitions in NM and surrounding states. Rancho Mariposa and other locations in the Eldorado/Lamy area. For more info, contact Lindsay: 513 850-5839, [lindsaylechner@gmail.com](mailto:lindsaylechner@gmail.com).

## MIKEL CARMON, M.A., EAL, TRAINING

Natural horsemanship lessons starting on the ground. "Horse Wellness for Wisdom" helps you learn how to "read" your horse, build trust and connection that makes you the leader in your horse's mind. With over 35 years of experience, my work promotes mental, physical and emotional wellness with individuals, couples, families, corporations, small businesses. (It's not therapeutic riding.) Equine Assisted Learning certified. Also teach harnessing and driving lessons, using my good team of mules, Bo and Jessee. Contact: Mikel: 307-277-1235, [fc4126@gmail.com](mailto:fc4126@gmail.com).

## Clinics/Workshops/Events

*Note: The New Mexico Horse Council (NMHC) posts fliers for shows, clinics and demos throughout the state in its newsletters. Go to: [www.nmhorsecouncil.org](http://www.nmhorsecouncil.org) and click on "News" to see any newsletter. You can also see info on NMHC Facebook.*

NATRC Region 3 (it includes NM) event is Saturday, June 27, at Ghost Ranch, near SF. For info: Amelia Adair, 720-563-1018.

Turquoise Trail Pack Burro Race is Saturday, May 2, 10 am, Cerrillos. For more info: [nmpackburros.com](http://nmpackburros.com), 505 554-8594, [nmeventburros@gmail.com](mailto:nmeventburros@gmail.com).

Extreme Cowboy event in SF for the first time, May 9 – 10. (See separate article.)

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# Board and Committees

### *Officers of the Board*

|                |                 |  |              |
|----------------|-----------------|--|--------------|
| President      | Howard Gershon  | <a href="mailto:howard@reach-newheights.com">howard@reach-newheights.com</a> | 505 690-8433 |
| VP             | Lynn Allen      | <a href="mailto:mlallendvm@gmail.com">mlallendvm@gmail.com</a>               | 505 595-4457 |
| Treasurer      | Ralph Larranaga | <a href="mailto:ralph@ralphalangroup.com">ralph@ralphalangroup.com</a>       | 505 470-2277 |
| Secretary      | Karla Lauritsen | <a href="mailto:karlauritsen@hotmail.com">karlauritsen@hotmail.com</a>       | 505 286-3732 |
| At-large       | Amelia Adair    | <a href="mailto:ajasantafe@outlook.com">ajasantafe@outlook.com</a>           | 720 563-1018 |
|                | Leanne DeVane   | <a href="mailto:leannedevane@gmail.com">leannedevane@gmail.com</a>           | 505 469-1165 |
|                | Ed Srsic        | <a href="mailto:esrsic@gmail.com">esrsic@gmail.com</a>                       | 415 305-3238 |
| Partnerships   | Howard Gershon  | <a href="mailto:howard@reach-newheights.com">howard@reach-newheights.com</a> | 505 690-8433 |
| Giving Program | Lynn Allen      | <a href="mailto:mlallendvm@gmail.com">mlallendvm@gmail.com</a>               | 505 595-4457 |
| Ridge Riders   | Ed Srsic        | <a href="mailto:esrsic@gmail.com">esrsic@gmail.com</a>                       | 415 305-3238 |

|                    |                                  |  |                              |
|--------------------|----------------------------------|--|------------------------------|
| Community Outreach | Leanne DeVane<br>Karla Lauritsen | <a href="mailto:leannedevane@gmail.com">leannedevane@gmail.com</a><br><a href="mailto:karlauritsen@hotmail.com">karlauritsen@hotmail.com</a> | 505 469-1165<br>505 286-3732 |
|--------------------|----------------------------------|--|------------------------------|

**Advisors to the Board**

|                      |                            |  |                              |
|----------------------|----------------------------|--|------------------------------|
| Program Co-chairs    | Rose Farley<br>David Lyles | <a href="mailto:rfarley@comcast.net">rfarley@comcast.net</a><br><a href="mailto:lylesphoto@gmail.com">lylesphoto@gmail.com</a> | 214 726-6013<br>214 587-4789 |
| Clinics              | Carol Marthens             | <a href="mailto:luminaryllamas@msn.com">luminaryllamas@msn.com</a>   | 214 662-9616                 |
| Website/social media | Vacant                     |  |                              |
| Membership           | Jay Diamonon               | <a href="mailto:jay.diamonon@gmail.com">jay.diamonon@gmail.com</a>   | 713 303-1004                 |
| Newsletter           | Sandra Smith               | <a href="mailto:smithcom@goldengate.net">smithcom@goldengate.net</a>   | 505 983-0144                 |
| At-large             | Karen Denison              | <a href="mailto:redmule@kdt.net">redmule@kdt.net</a>   | 505 469-2698                 |

**Website** <http://www.NNMHA.org>  
**NNMHA Email** [contact@nnmha.org](mailto:contact@nnmha.org)

*Please contact any Board member with questions or comments about NNMHA plans or activities. We welcome your ideas. Board meetings are usually held each month, and members are invited to participate in Board meetings. Meetings may be online or in person. See phone numbers and emails for Board members.*

*NNMHA seeks to inform and educate our members and the broader northern New Mexico community with regard to equine wellness and equestrian activities. We generally do not take an advocacy position on such issues, but endeavor to keep members and others aware of developments that NNMHA deems may be of interest.*

*We welcome letters to the editor for publication. Please send letters to Sandra, [smithcom@goldengate.net](mailto:smithcom@goldengate.net). Letters must be written by an active member and include a name, email address, phone number and full street address, as well as any information sources used in the letter. If used, submissions may be edited due to space limitation and other considerations.*



*The important thing  
is not to stop questioning.  
Curiosity has its own  
reason for existing.*

*Albert Einstein*

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