

# Terms of Use

## The Growing Years

**Effective Date:** 26 February 2026

By accessing or using this website, you agree to be bound by these Terms of Use. If you do not agree, please do not use this website.

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## 1. Website Purpose

This website provides educational information, digital products and professional services relating to infant and child sleep and nutrition. All content is for general informational purposes only.

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## 2. No Medical Advice

The information on this website, in programs, and during consultations is educational in nature and does not replace medical advice, diagnosis or treatment.

You are responsible for seeking appropriate medical care where required.

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## 3. Eligibility

By using this website, you confirm that you are at least 18 years of age and legally capable of entering into binding agreements.

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## 4. Intellectual Property

All content on this website, including text, graphics, resources, course materials, downloads and branding, is the property of The Growing Years unless otherwise stated.

You may not:

- Copy, reproduce or distribute materials
- Share course logins or downloadable content
- Republish or modify content without written permission

Purchased programs are for personal use only.

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## **5. Payments & Refunds**

All prices are listed in Australian Dollars (AUD) unless otherwise stated.

Due to the nature of digital products and professional services, refunds may not be provided once services have commenced or digital materials have been accessed, unless required under Australian Consumer Law.

Specific refund policies may apply to individual services or programs and will be outlined at the time of purchase.

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## **6. Limitation of Liability**

To the extent permitted by law, The Growing Years is not liable for:

- Decisions made based on website content
- Outcomes resulting from implementation of advice
- Indirect or consequential loss

You acknowledge that results may vary depending on individual circumstances.

Nothing in these Terms excludes rights you are entitled to under Australian Consumer Law.

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## **7. User Conduct**

You agree not to:

- Use the website for unlawful purposes
  - Attempt to interfere with website functionality
  - Upload malicious or harmful content
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## 8. Third-Party Links

This website may contain links to third-party websites. We are not responsible for the content, policies or practices of external sites.

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## 9. Changes to These Terms

We may update these Terms of Use from time to time. The most current version will always be published on this page.

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## 10. Governing Law

These Terms are governed by the laws of New South Wales, Australia.

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## 11. Contact

For questions regarding these Terms, please contact:

**The Growing Years**

hello@thegrowingyears.com.au