

Snack List



As a nutritionist & wellness expert for 20+ years, friends and clients are always telling me I have the tastiest, healthy snacks around.

I'm letting you in on some of my favorite products and brands here, PLUS a way to save money on your shopping bill!

Get more protein in a tasty way

Dairy-free options that taste sinful

Healthy fats for your brain + body

Satisfy a sweet tooth, with zero guilt

Ready-made meal options



Guilt-free condiments



Order at shop.julieehealth.com

Carbs + protein solutions



Crunchy/ Savory favorites



For more information:

Visit: www.JulieEHealth.com

Email: info@JulieEHealth.com

or Call: (310) 503-6336