

~Medicine Chest Rx~ (for kids)

"Let food be thy medicine and medicine be thy food"

- Hippocrates

Julie E uses the best nutrients from around the globe to help you thrive towards optimal health. The Julie E nutrients are healthier than most foods.

Since food is medicine, these nutrients can be and should be used as such!

Think of your nutrients the way you would Tylenol, Advil and cough medicine.

You already have some of these in your cabinets, so why not use them to boost health when in need?

When your child feels ill any of these products, below will help.

There are NO negative side effects.

Children:

Most of the nutrients below are liquid making it easy to get these into your precious little ones!
Coral comes in powder and capsules.



| Remedy Product | Uses | Drainage Tone | <ul style="list-style-type: none"> Lymph, Puffy/Bloated/Constipated Runny Nose, Sniffles Bind/Purge anything within the Body |
|-------------------------|--|-----------------|---|
| <u>Kidney Tone</u> | <ul style="list-style-type: none"> Kidney Support Low Back Pain Bruises on their Legs When equilibrium is off (when they're clumsy and fall a lot) | <u>Liver ND</u> | <ul style="list-style-type: none"> Irritable or Angry Moods All illness symptoms |
| <u>Aloe Arborescens</u> | Pulls toxins right out of the gut, sinus and lung. Use 1x/week for overall health and daily when a cold, flu, constipation, sinus or gut issue | <u>GB Tone</u> | <ul style="list-style-type: none"> Difficulty falling asleep Gassy &/or Floating poops |

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| Remedy Product | Uses |
|------------------------|--|
| <u>Rehydration</u> | <ul style="list-style-type: none"> Helps Nutrients get into cells great for tight muscles Hydrating |
| <u>Zinc Liquid</u> | <p>For a diagnostic tool and as a supplement.</p> <p>If tastes yucky = sufficient If it tastes like water = deficient</p> <p>Use every day until it tastes yucky</p> <p>Zinc has 80 jobs</p> |
| <u>Balance Oil</u> | <ul style="list-style-type: none"> Growth and Development Brain, Skin, Bones Essential Fats For every Cell and pH Balance <p>Kids needs this daily</p> |
| <u>Core Olive Leaf</u> | This is an herbal antibiotic and can be used as such |

DOSAGE: For Homeopathic Liquids in Blue Bottles: 1 drop per 5 lbs. body weight

MONTHLY: Give Kids 1 serving of Liver/GB/Kidney and Drainage Tones. 1-2x/month just to keep everything moving through. Earlier in the day is ideal (before 4pm). GB tone in the day, evening or at bedtime, it helps to promote deep sleep.

| | |
|----------------------|---|
| <u>Castor oil</u> | Apply Topically on any Organ, Gland Injury, Wound or Cut Use regularly on the Sacrum to maintain health |
| <u>Nucleo Immune</u> | <ul style="list-style-type: none"> (nucleo) 1st Line of Defense for Immune System and for Building new cells and DNA. Wound Healing |
| <u>Colostrum-IgG</u> | Perfect for mom and baby during 3rd trimester and nursing! (colostrum) immune Support; found in breast milk – perfect during 3rd trimester and nursing |
| <u>Adaptagen</u> | <ul style="list-style-type: none"> Kidneys Adrenals stress (especially in the stomach) |

Optional:

Kids thrive on cellular support. If your child is moody, sluggish, or sensitive, start with these 3 essentials daily:

- Pink Salt
- Balance Oil
- Cal/Mag

Every child deserves a strong foundation for lifelong health. I've seen firsthand how these simple, natural remedies can bring peace of mind to parents and comfort to little ones—without the side effects of conventional medicine. Whether you're facing a tummy bug, a mood swing, or a mystery rash, your Medicine Chest is more than just backup—it's your first line of loving defense. Keep these tools on hand, trust your mama instincts, and know that healing really can be this simple.