

# ITAR COMPLIANCE

Cybersecurity & Legal Compliance  
Self-Check



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# A PRACTICAL CHECKLIST FOR DEFENSE CONTRACTORS HANDLING ITAR-CONTROLLED DATA

Ensure your organization protects export-controlled data, restricts foreign access, and meets obligations under ITAR (22 CFR Parts 120–130).

Includes

- Core requirements from 22 CFR 120–130
- Registration and licensing obligations
- Data protection and access controls
- Governance and oversight requirements
- Yes / No / Maybe readiness review
- Clear remediation next steps

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# INTENDED AUDIENCE

This document is intended for organizations subject to ITAR (22 CFR 120–130), including:

- USML manufacturers
- USML exporters
- ITAR defense service providers
- ITAR technical data controllers
- DDTC registrants (§122)

This framework supports evaluation of ITAR governance, technical safeguards, and regulatory obligations.

# ITAR APPLICABILITY DETERMINATION

ITAR jurisdiction (22 CFR 120–130) is triggered by U.S. Munitions List (USML) classification, ITAR-defined technical data, provision of ITAR-controlled defense services, or foreign person access to controlled items or data.

In practice, ITAR applicability is typically identified within contractual language. Prime contracts and subcontracts frequently reference “ITAR (22 CFR 120–130),” DDTTC registration requirements, export restrictions, or foreign person limitations.

When ITAR is explicitly referenced in contract terms, the organization is operating under ITAR regulatory obligations.

# ITAR COMPLIANCE MATURITY MODEL

ITAR compliance is not a single action or filing. It involves layered legal, organizational, and technical obligations under 22 CFR Parts 120–130.

The U.S. Government does not publish a formal “maturity model” for ITAR compliance. The structure presented here is a conceptual framework developed to illustrate the progression from registration to full operational compliance.

This model organizes ITAR obligations into three practical tiers to clarify scope, complexity, and implementation effort.

Registration is procedural. Governance establishes accountability. Technical defense enforces protection.

Most compliance gaps occur when organizations complete registration but do not advance through governance and technical control implementation.

# ITAR COMPLIANCE MATURITY MODEL

## MATURITY LEVEL 1: REGISTRATION

Focus: Legal eligibility to handle ITAR-controlled data

Status: Required starting point

Effort: Low

### What's Required

- Registration with the [U.S. Department of State DDTC](#)
- Annual registration renewal
- Payment of annual registration fee

### What This Does Not Do

- Does not secure your systems
- Does not protect ITAR data
- Does not prevent violations

Registration simply puts you on record.  
It does not make you compliant in practice.

Difficulty: Low

Estimated Time: Days

# ITAR COMPLIANCE MATURITY MODEL

## MATURITY LEVEL 2: GOVERNANCE

Focus: Organizational intent, accountability, and policy

Status: Required for operational compliance

Effort: Moderate

### What's Required

- ITAR Program Manual developed
- Written policies and procedures
- Executive ownership and accountability
- Formal leadership approval and oversight

### Typical Deliverables

- CEO or executive memo
- Board or leadership resolution
- Defined roles and responsibilities
- Documented ITAR compliance program

Governance establishes who is responsible and how decisions are made.

Without this level, technical controls lack authority and consistency.

Difficulty: Moderate

Estimated Time: Weeks

# ITAR COMPLIANCE MATURITY MODEL

## MATURITY LEVEL 3: TECHNICAL DEFENSE

Focus: Actual protection of ITAR-controlled data

Status: Where real compliance happens

Effort: High

### What's Required

- ITAR-aware technology stack
- Secure email and collaboration tools
- Data stored and processed in the United States
- U.S.-person-only access controls
- Endpoint, network, and cloud security
- Encryption at rest and in transit
- Monitoring, logging, and alerting
- Physical security controls
- Ongoing compliance program

This is where ITAR and CMMC Level 2 overlap most heavily.

Most violations occur because organizations never fully reach this level.

Difficulty: Critical / Complex

Estimated Time: Months

# ITAR COMPLIANCE MATURITY MODEL

## WHY MOST COMPANIES STRUGGLE WITH ITAR

Many organizations:

- Stop after registration
- Rely on informal rules instead of enforced controls
- Use cloud tools not designed for ITAR
- Assume cybersecurity tools alone are enough

ITAR requires people, policy, and technology working together.

Missing any one of these creates risk.

### HOW THIS CHECKLIST FITS INTO THE MODEL

This checklist focuses primarily on:

- Maturity Level 2 (Governance)
- Maturity Level 3 (Technical Defense)

It helps you identify:

- Gaps in access control
- Weak documentation
- Technical exposure
- Legal and reporting risks

If you have completed Level 1 only, this checklist will show you what comes next.

# ASSESSMENT METHODOLOGY

This document is an internal compliance review tool and does not constitute certification or legal determination.

For each control:

- Validate implementation
- Record compliance status
- Document deficiencies

Evaluation should be based on documented policy, technical configuration, and operational enforcement, not informal practice.

Controls identified as No or Maybe indicate areas requiring remediation or further review.

# ITAR CONTROL FRAMEWORK

## TECHNICAL SAFEGUARDS

<b>U.S. Person Access Enforcement</b>	Access to ITAR-controlled technical data is restricted to verified U.S. Persons through technical controls.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Role-Based Access Control (RBAC)</b>	Access to ITAR systems and data is limited based on defined job roles and least-privilege principles.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>ITAR Environment Segmentation</b>	ITAR systems and data are logically or physically segmented from non-ITAR environments.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Unauthorized Export Prevention Controls</b>	Technical safeguards prevent unapproved transmission, transfer, or sharing of ITAR-controlled data.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Automated Data Loss Prevention (DLP)</b>	Automated controls monitor and block unauthorized transmission of ITAR data via email, web, or removable media.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Encryption in Transit</b>	ITAR-controlled data is encrypted during transmission using validated cryptographic protocols.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Encryption at Rest (Server &amp; Storage)</b>	ITAR-controlled data stored on servers or storage platforms is encrypted.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented

# ITAR CONTROL FRAMEWORK

## TECHNICAL SAFEGUARDS

<b>Endpoint Full-Disk Encryption</b>	All endpoints accessing ITAR data enforce full-disk encryption using validated cryptography.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Removable Media Technical Restrictions</b>	USB and removable storage access is restricted, disabled, or technically controlled on ITAR systems.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Media Sanitization Controls</b>	ITAR data is securely erased or destroyed prior to device reuse or disposal.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Secure Remote Access Controls</b>	Remote access to ITAR systems is restricted, encrypted, and technically enforced.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Split Tunneling Prevention</b>	VPN configurations prevent split tunneling that could expose ITAR data to unsecured networks.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Secure Cloud Configuration</b>	Cloud services handling ITAR data are configured to meet jurisdictional, access, and export control requirements.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Audit Logging &amp; Activity Monitoring</b>	Access to ITAR systems and data is logged and reviewed.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented

# ITAR CONTROL FRAMEWORK

## TECHNICAL SAFEGUARDS

<b>Administrative Account Monitoring</b>	Privileged or administrative accounts are monitored and reviewed for anomalous activity.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Network Monitoring Controls</b>	Outbound network traffic is monitored for unauthorized data transfer.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Malware &amp; File Scanning</b>	Systems handling ITAR data are protected by active malware detection and scanning controls.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Secure Backup Controls</b>	Backups containing ITAR data are encrypted and access-restricted.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>System Hardening Standards</b>	Systems handling ITAR data are configured using defined security baselines and hardening standards.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented

# ITAR CONTROL FRAMEWORK

## PERSONNEL & ACCESS CONTROLS

<b>Annual ITAR Training</b>	Personnel with access to ITAR-controlled data receive documented annual ITAR training.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>ITAR Acknowledgment</b>	Personnel formally acknowledge ITAR handling responsibilities prior to access.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>U.S. Person Verification</b>	U.S. Person status is verified and documented before granting ITAR system access.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Foreign Person Access Restriction</b>	Access by foreign persons to ITAR-controlled data is technically and procedurally restricted.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Access Authorization Approval</b>	Access to ITAR systems is formally approved prior to provisioning.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Role-Based Access Assignment</b>	User access is assigned according to defined job roles and least-privilege principles.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Privileged Access Governance</b>	Administrative or elevated access requires documented executive approval.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented

# ITAR CONTROL FRAMEWORK

## PERSONNEL & ACCESS CONTROLS

<b>Access Change Management</b>	Changes to user roles, privileges, or department assignments are formally controlled.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Account Termination Controls</b>	User access is promptly revoked upon termination or role change.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Insider Threat Awareness</b>	Personnel are trained to recognize and report insider risk indicators.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Adverse Personnel Monitoring</b>	Processes exist to identify behavioral, legal, or foreign influence risks.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Multi-Factor Authentication Enforcement</b>	MFA is required for user authentication to ITAR systems.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Session Lock &amp; Timeout Controls</b>	User sessions automatically lock or terminate after defined inactivity periods.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented

# ITAR CONTROL FRAMEWORK

## PHYSICAL SECURITY

<b>Controlled Facility Access</b>	Physical access to ITAR areas is restricted to authorized personnel.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>U.S. Person Area Restriction</b>	ITAR-controlled areas are restricted to verified U.S. Persons.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Visitor Logging &amp; Escort</b>	Visitors are logged, screened, and escorted in ITAR areas.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>ITAR Area Signage</b>	ITAR-controlled areas are clearly marked with access restrictions.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Badge Identification System</b>	Badge controls distinguish U.S. Persons from restricted visitors.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Physical Access Logging</b>	Access to ITAR-controlled areas is logged and retained.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>CCTV Monitoring</b>	ITAR-controlled areas are monitored via surveillance systems.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented

# ITAR CONTROL FRAMEWORK

## PHYSICAL SECURITY

<b>CCTV Footage Retention</b>	Surveillance footage is retained according to defined policy.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>NDA § 889-Compliant Equipment</b>	Telecommunications and surveillance equipment complies with NDA § 889 restrictions.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Secure ITAR Storage</b>	Physical ITAR documents and media are stored in controlled, locked environments.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Alternative Work Site Controls</b>	Off-site or alternate work locations handling ITAR data enforce equivalent safeguards.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented



# ITAR CONTROL FRAMEWORK

## INCIDENT RESPONSE & REPORTING

<b>ITAR-Specific Incident Response Plan</b>	The organization maintains an incident response plan that addresses ITAR-controlled technical data exposure scenarios.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Export Violation Escalation Procedures</b>	Defined procedures exist to escalate suspected ITAR violations to executive leadership and compliance officers.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Regulatory Reporting &amp; Disclosure Procedures</b>	Documented procedures exist for evaluating, escalating, and submitting required or voluntary disclosures to the DDTC under ITAR (22 CFR §127).	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Incident Containment Procedures</b>	Documented procedures exist to isolate affected systems and prevent further unauthorized export.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Incident Documentation &amp; Retention</b>	Security incidents involving ITAR data are formally documented and retained.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented
<b>Post-Incident Review &amp; Corrective Action</b>	Incidents involving ITAR data trigger corrective action and control improvements.	<input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented

# LEGAL & REGULATORY REQUIREMENTS (22 CFR 120–130)

<p><b>ITAR Registration</b></p>	<p>The organization maintains active registration with the Directorate of Defense Trade Controls (DDTC) in accordance with 22 CFR §122.</p>	<p><input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented</p>
<p><b>Export Licenses</b></p>	<p>Valid export licenses are obtained and maintained for USML-controlled defense articles and technical data in accordance with 22 CFR §123.</p>	<p><input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented</p>
<p><b>Technical Assistance Agreements (TAA)</b></p>	<p>Technical Assistance Agreements are executed and maintained when providing defense services or authorizing foreign person access under 22 CFR §124.</p>	<p><input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented</p>
<p><b>Third-Party Flow-Down Clauses</b></p>	<p>Contracts with vendors, subcontractors, and partners include appropriate ITAR flow-down and export control clauses.</p>	<p><input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented</p>
<p><b>ITAR Recordkeeping (Five-Year Retention)</b></p>	<p>Export-related records are retained for a minimum of five years in accordance with 22 CFR §122.5.</p>	<p><input type="checkbox"/> Implemented <input type="checkbox"/> Partial <input type="checkbox"/> Not Implemented</p>

# SCORING INTERPRETATION

Organizations handling ITAR-controlled technical data are responsible for safeguarding that information in accordance with U.S. export control regulations (22 CFR 120–130).

This framework is designed to help leadership evaluate exposure across technical, personnel, physical, incident response, and regulatory domains.

## Interpreting Your Results

### Mostly “Implemented”

Core safeguards are in place. Continued validation, monitoring, and governance oversight are required.

### Mix of “Implemented” and “Partial”

Controls may exist but lack consistency, documentation, or enforcement. Exposure risk remains.

### Multiple “Not Implemented” Responses

The organization may face regulatory, contractual, or legal risk. Immediate remediation planning is recommended.

Items marked “Partial” or “Not Implemented” represent areas requiring executive review and prioritized action.

# RECOMMENDED ACTIONS

If you have not already completed CMMC Level 2, start there.

CMMC Level 2 provides the cybersecurity foundation required to properly protect ITAR-controlled data.

## 👉 Download our CMMC Level 2 Readiness Checklist

Understand the full set of cybersecurity practices required before assessment.

If you are already working toward compliance or need help closing gaps:

## 👉 Schedule a Compliance Strategy Call

Review your ITAR and CMMC posture with a compliance expert and get clear next steps.

## IMPORTANT NOTE

This checklist is for educational and planning purposes only. It does not constitute legal advice or a compliance determination.

ITAR and CMMC requirements may vary based on contracts, data types, and organizational structure.

You are responsible for protecting controlled data. This checklist helps you start that process with clarity and confidence.