

Breakfast | Brunch Menu at Lu's

Check our Counter for our Selection of ready to be **Toasted Sandwiches**
Pastries freshly Baked every morning **Fruit Smoothies**
Ask us for our **Soup of the Day**



Breakfast Smoothie

GF extra fine oats, Harry's Cocoa Peanut butter, Frozen Banana and Coconut Milk
€7
Add a double shot of Coffee + €1
Add Syrup + 0.50cts
Served All Day

Eggs & Avo

Organic Free Range Poached Eggs & Smahed Avocado on Toast
(Choose between White or Rye Sourdough)
served with Peanut Rayú and a side of Chilli Jelly
€ 12.50
Add Bacon + €2
Change to GF Boxty + €2
Served Until 11am Only



Hummus Plate

Lemon Confit Hummus topped with Bruschetta (slow roasted Aubergine, Courgette, Sundried Tomatoe and Olives), Olives and Garden Salad served with French Vinaigrette and bread of your choice
€ 12.50
Choose from White/Rye/Ciabatta" Sourdough
Change to GF Boxty + €2
Served All Day



Brioche French Toast

with Confit Mango & Mascarpone served with Crispy Bacon,
Drizzled with Golden Syrup
€ 12.50
Served All Day



Pesto Wild Mushrooms on Toast

Served on Rye Sourdough with Confit Lemon Hummus, Pesto and Green Jalepeno Jelly on top
€ 12.50
Add Bacon + €2
Change to GF Boxty +€2
Served All Day

Dragon Fruit & Granola Bowl

Served with Greek Yogurt and Dae Pistachio Sauce
€ 10.50
Served All Day



Chicken Parmi

GF Chicken Fillet with Tomato relish and Melted Emmental served with Green Leaves and Homemade vinaigrette
€ 12.50
Add Bacon + €2
Served All Day

Smoked Salmon and Smashed Avocado on Toast

Served on Rye Sourdough with Confit Lemon Hummus, Pesto and Green Jalepeno Jelly on top
€ 12.50
Change to GF Boxty +€2
Served All Day



Drink's Menu at Lu's

Ask our Team for our selection of made to order **Smoothies**

Coffees precisely calibrated every morning

Ask us for our **Teas and Soft Drinks**

Americano	€3.50
Short Black	€3.50
Double Espresso	€3
Double Macchiato	€3.60
Cappuccino	€3.80
Latte / Cortado	€3.80
Flat White	€3.80
Matcha	€4.20
Valrhona Ganache Hot Chocolate	€5.20
with Homemade with real Rich and Creamy Valrhona Chocolate directly from France	

Belsito Hot Chocolate	€4.20
Sweet, velvety, indulgent, suitable for Vegan	

Smoothies	€5.50
Check out current selection with a member of our team We make our Smoothie with frozen fruits, and mix with either Orange Juice, Coconut Milk or Half and Half	

Birchall English Breakfast Tea	€3
Birchall Herbal Teas	€3
Check out current selection with a member of our team	

Add ons	+ 0.50€
Make it on Ice, Change to alternative Milk; Oat or Coconut, Add Syrups Add 1 shot of espresso Make it Decaf	

Soft Drinks	€3-4
We like to work with a small amount of drinks which we source based on their quality. Take a look in our drinks fridge for the current selection. See our Kid's Innocent Smoothies Too.	

See our Cup pricing on the next page

Things to Know at Lu's

Our Chocolate Almonds

This is our little touch to accompany your hot beverage. We offer you a Valrhona Chocolate Coated Almond. We find it complements the coffee flavours very well. Don't hesitate to ask for yours if you didn't already get it. This luxury item is sourced directly in France from the very well known Valrhona Chocolaterie in Tain l'hermitage..

Our Cup system

Bring your own cup

Bring your Trim Cup Back

Get your 1st Trim Cup and pay your deposit today

Get a Paper Take Away Cup

- 0.20€

Pay €2 initial deposit then
pay regular price

+ 0.20cts on regular price

Our Ordering system

When you are ready, come up to the counter or the Hatch and place your order, you will be giving a table number it is important you take it so we know where to bring your order.

Our Catering Options

Please check our website at platterbylu.square.site to find out some of our options. We love to hear about your event so if you have something in mind, do not hesitate to contact us and we would be delighted to create a tailored package for your special occasion

Our Platterboxes

Like our name indicates; Platterbylu, everything we do can be made into a Platterbox.

Don't hesitate to get in touch for any enquiries at hello@platterbylu.ie

Order online 24 hours in
advance at
platterbylu.square.site

Our Poached Eggs

The Eggs come from a very local Farm, they are organic and certified Free Range- We pre-poach our eggs in the morning, therefore they cannot be made any other way than runny on the inside.

Our Artisan Pantry and Fromagerie

We would be delighted to help you make a meaningful gift, don't hesitate to enquire. We have a variety of products and hamper bags available.