

Where Care Blooms: Celebrating the Heart of Northridge Village

Each May, we celebrate National Skilled Nursing Care Week (NSNCW)—but at Northridge Village, this week feels less like a scheduled event and more like a reflection of who we are every single day. From May 10–16, 2026, we'll honor this year's theme, "Moments in Bloom," a beautiful reminder of how the smallest acts of care can grow into something truly meaningful.

What makes Northridge Village so special isn't just the services we provide—it's the people who show up, day after day, with compassion, patience, and heart to deliver those services. Our staff doesn't just complete tasks; they build relationships. They notice the quiet moments. They celebrate the little victories. They sit, listen, laugh, and care in ways that can't be taught, only given.

Our recent deficiency-free survey is something we are incredibly proud of—but more than anything, it reflects what families and residents already know. Excellence here isn't something we turn on when someone is watching. It's who we are when no one is. It's in the early mornings, the late nights, and the in-between moments when kindness matters most.

"Moments in Bloom" lives in the way our team cares for one another, supports our residents, and creates a sense of home that goes far beyond four walls. It's in the trust that's built, the dignity that's protected, and the joy that's shared.

To our staff—thank you for the way you give of yourselves so freely. You are the reason Northridge Village feels different. You are the reason it feels like home.

CITY OF Ames™

MEET THE MAYOR

JOHN HAILA
AMES CITY MAYOR

Thursday
May 7th
2:30

Northridge Village
3300 George W.
Carver Ave.

www.northridgevillage.com 3300 George W. Carver Ave., Ames, IA 50010 (515) 232-1000

The *Viva*er

OFFICIAL NEWSLETTER OF NORTHRIDGE VILLAGE

May 2026

THANK YOU VETERANS

MOTHERS DAY

April Highlights

New Residents

- Herb Tussey - AL
- Deb Purcell - AL
- Karen & Galen Chitty - Commons

New Employees

- Kennedy Whitaker - Housekeeping
- Launa Mitra - CNA
- Kenadi Lowe - CNA
- Kathryn Stiles - Housekeeping
- Mya Geffre - CNA
- Kiana Schulz - CNA
- Sierra Richmond - Assisted Living Director

Employee Anniversaries

- Lisa Lowe - 8 years
- Rose Fowler - 4 years
- Rosetta Moore - 4 years
- Regan Peter - 4 years
- Nick Adams - 3 years
- Kelly Barbour - 3 years
- Issie Bohl - 1 year

Birthdays

- Jerry Gardner - 9th
- Hal Brockman - 11th
- Irene Hölthaus - 12th
- Ramona Bell - 16th
- Shirley Shaw - 18th
- Karen Chitty - 22nd
- Karen Lidman - 25th
- Arliss Stockdale - 26th
- Martha Huinker - 28th
- Darlene Hade - 30th

CINCO de MAYO



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May


Purpose, Passion, and Joy in Life!

2026

Northridge Activity Calendar for AL/IL

ALD-Assisted Living Dining Room CMR -Community Room ILD-Independent Living Dining Room
CC-Coffee Cafe CH-Chapel ALL-Assisted Living Lobby 2nd Floor
IL-Library ILL-Independent Lobby 1st Floor HCD-Healthcare Dining Room CHL-Chapel Lobby
Mail Delivered-Monday-Saturday **All activities subject to Change**

10:30 Catholic Time CH 3




9:30 Exercise CH 4
10:30 Bible Study ALL
1:00 Wii Bowling CH
1:00 Bridge CHL
1:00 Hand & Foot Cards ALL
2:00 Reader's Theater ILL
2:00 Needlework Club IL
3:00 Dave Watson ILD

9:30 Exercise CH 5 **HAPPY CINCO DE MAYO**
10:30 Noodle Ball CH
11:30 Town Hall Meeting ILD
12:00 Town Hall Meeting ALD
2:00 Paul & Paula Program CH
"What's in a Name"
2:30 Rosary HCPD
3:30 Fareway Shopping


9:30 Exercise Ch 6
10:30 Chapel w/Pastor Tom CH
Communion Offered
1:00 Wii Bowling CH
3:00 Reminisce Group ALL
3:30 Lady Bugs CC

World Day of Prayer! 7
9:30 Exercise CH
10:00 Pig & Hog Cards
10:30 Covid Booster Clinic CH
1:00 World Day of Prayer CH
2:30 Community Connection
"Meet the Ames Mayor"- CH
3:30 Bingo ALD

8
8:00 to 9:30 Hearing Unlimited Spa Area 2nd Floor
9:30 Exercise CH
10:00 Bullfrog Men's Group
10:00 Spinner Dominoes ILL
1:00 Wii Bowling CH
2:00 Mother's Day Tea Party



9:30 Chat and Color CC 9
1:00 Spinner Dominoes ALL




10:30 Catholic Time CH 10

HAPPY Mother's DAY

Library Visit Today! 11
9:30 Exercise CH
10:30 Bible Study ALL
1:00 Wii Bowling CH
1:00 Bridge CHL
1:00 Hand & Foot Cards ALL
2:00 Reader's Theater ILL
2:00 Needlework Club IL
2:00 Pearle Vision Center CMR

9:30 Exercise CH 12
12:00 Aloha Luau Party!
2:30 Rosary HC
Happy B-Day Irene Holthaus!




8:45 Reiman Gardens Trip 13
9:30 Exercise Ch
10:30 Chapel w/Pastor Tom CH
1:00 Wii Bowling CH
2:00 Music w/Jim Quales (outdoors-weather permitting)

9:30 Exercise CH 14
10:00 Pig & Hog Cards
10:30 One-Act Play Reading CH
1:30 Popcorn & Movie CH
"The Glass Bottom Boat "

9:30 Exercise CH 15
10:00 Bullfrog Men's Group CC
10:00 Spinner Dominoes ILL
1:00 Wii Bowling CH
2:00 Train Dominoes ILL
2:30 Golden K Singers HCD

9:30 Chat & Color CC 16
Happy Birthday Ramona Bell!
Armed Forces Day



10:30 Catholic Time CH 17



9:30 Exercise CH 18
10:30 Bible Study ALL
1:00 Alzheimer's Support CH
1:00 Bridge CHL
1:00 Hand & Foot Cards ALL
2:00 Reader's Theater ILL
2:00 Needlework Club IL
3:00 Central Iowa Jazz Trio ILD

9:30 Exercise CH 19
10:00 Euchre ILL
10:30 Noodle Ball CH
1:00 Des Moines Art Center & Rootbeer Floats CH
2:30 Rosary HCDR
2:15 Walmart Shopping


9:30 Exercise Ch 20
10:30 Chapel w/Pastor Tom CH
1:00 Wii Bowling CH
2:00 Rubber Ducky Draw ALL
3:00 Reminisce Group ALL
3:30 Lady Bugs CC

9:30 Exercise CH 21
9:30 Pig & Hog Cards
10:15 Fareway Shopping ALL
1:00 Thrift Shopping



9:30 Exercise CH 22
Meet your Pen Pal Trip TBA
10:00 Bullfrog Men's Group CC
10:00 Spinner Dominoes ILL
1:00 Wii Bowling CH
2:00 Train Dominoes ILL
3:00 Bingo ILD

9:30 Chat and Color CC 23
1:00 Spinner Dominoes ALL



10:30 Catholic Time CH 24
3:30 Bingo w/Sharon ILD



Have a Happy and Safe Memorial Day 25
4:00 Ladies Supper Club w/Commons
Happy Birthday Karen Lidman!



9:30 Exercise CH 26
10:00 Euchre ILL
10:30 Noodle Ball CH
1:30 Travel Tuesday CH
2:30 Rosary HCDR
3:00 Crafts at the Commons (transportation provided)

9:30 Exercise Ch 27
10:30 Chapel w/Pastor Tom CH
1:00 Wii Bowling CH
3:00 Music w/Ron Smith ILD
3:00 Reminisce Group ALL
3:30 Lady Bugs CC

9:30 Exercise CH 28
9:30 Pig & Hog Cards
10:30 Creative Notes CH
1:30 Scenic Drive
3:00 Book Club CH

9:30 Exercise CH 29
10:00 Bullfrog Men's Group CC
10:00 Spinner Dominoes ILL
1:00 Wii Bowling CH
2:00 Train Dominoes ILL
2:00 Bingo ALD
3:00 Volunteer Work

Indianapolis 500 Anniversary! 30
9:30 Chat and Color CC
1:00 Spinner Dominoes ALL



National Smile Day! 31
10:30 Catholic Time CH

