

More State Fair Week Fun



Knowledge @ Northridge

11 Year Anniversary Please Join Us - All Welcome

★ ★ ★ ★ ★ KNOWLEDGE @ NORTHRIDGE

LEGISLATIVE FORUM

HEAR FROM THE CANDIDATES

TUESDAY

SEPTEMBER 8TH - 2:30

3300 GEORGE W. CARVER AVE

NON-NORTHRIDGE VILLAGE RESIDENTS RSVP TO
MARKETING@NRV-AMES.COM

ALL AREA LEGISLATORS & CANDIDATES HAVE BEEN INVITED.
PARTICIPATION IS SUBJECT TO CANDIDATE AVAILABILITY.



August Highlights

New Residents

- Dorothy Pimlott - AL
- Sharon Price - IL

New Employees

- Patrica Alvarado - Housekeeper
- Paige McGlynn - CMA/CNA
- Brooklyn Boren - Life Services Coordinator
- Sarah Bell - Life Services Coordinator
- Nyanoor Dak - Care partner
- Elexys Allen - Culinary Aide

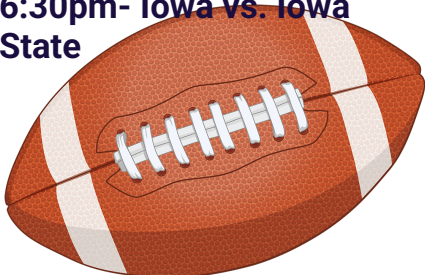
Employee Anniversaries

- Jessica Swenson - 9 years
- Angie Anderson - 8 years
- Zara Bejarno - 3 years
- Izzy Mazyck - 2 years
- Matie Morton - 2 years
- Brooke Rohe - 1 year
- Madelyn Holtzen - 1 year

Birthdays

- Helen Kordick - 3rd
- Peggy Johnson - 4th
- Norma Wolff - 5th
- Gloria Rademacher - 5th
- Keith Bailey - 9th
- Jerry Dunn - 11th
- Ramona Sommerlot - 11th
- Nina Vertanen - 13th
- Jeanne Porter - 15th
- Robert Darnier - 18th
- Marian Baumann - 18th
- Wanda Goeppinger - 20th
- Dick Hade - 29th
- Bob Telleen - 30th



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00- Exercise 1:00- Bible Study 2:15- Travel Tuesday	2 Foot Clinic 1-2:30 (RSVP) 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 2:30- Wii Bowling	3 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 10:30- Chapel 11-Piece & Freedom Bakery 1:00- Bridge Club 2:30- Bingo	4 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 2:00- Arthritis Talk with Gunnar Wyatt, PT, DPT	5 3:15- Iowa vs. Northern IL 12:00- Iowa State vs. Southeast Missouri Happy Birthday Gloria!!
6 9:30- Catholic Gathering (MB)	7 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 1:00-Table Top Games 2:30-Men/Ladies Group Labor Day	8 9:00- Exercise 1:00- Bible Study 2:15- Travel Tuesday 2:30 Knowledge @ NRV: Legislative Forum- (MB CH)	9 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 2:30- Wii Bowling 4:00- Coin Drop Game	10 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 10:30- Chapel 1:00- Bridge Club 1:30-3:30- Anniversary Party Cy Hawk Tailgate 2:30- Bingo	11 Hearing Unlimited 8-9:30 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 4:30- Tail Gate Potluck	12 6:30pm- Iowa vs. Iowa State 
13 9:30- Catholic Gathering (MB) Happy Birthday Nina!! Grandparents Day	14 Library Books Due!! 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 1:00-Table Top Games 2:30-Men/Ladies Group	15 9:00- Exercise 1:00- Bible Study 2:15- Travel Tuesday	16 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 2:30- Wii Bowling	17 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 10:30- Chapel 11- Piece & Freedom Bakery 1:00- Bridge Club 2:00- Tech Guy (Sign up) 2:30-Bingo	18 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 4:00- Wine Club	19 3:00- Iowa vs. Northern Iowa 11:00am- Iowa State vs. Bowling Green Oktoberfest Begins
20 9:30- Catholic Gathering (MB)	21 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 1:00-Table Top Games 2:30-Men/Ladies Group	22 9:00- Exercise 1:00- Bible Study 2:00- Travel Tuesday 3:00- Dukes of Haggard Music Autumn Begins	23 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 2:30- Wii Bowling	24 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 10:30- Chapel 1:00- Bridge Club 2:30- Bingo	25 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 2:30- Central Iowa Jazz Trio	26 TBA-Iowa vs. Michigan TBA- Iowa State vs Utah
27 9:30- Catholic Gathering (MB)	28 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 1:00-Table Top Games 2:30-Men/Ladies Group	29 9:00- Exercise 1:00- Bible Study 2:15- Travel Tuesday 2:30- Crafts with Judy	30 9:00- Exercise 9:20- Level 2 Exercise 9:45- Yoga 2:30- Wii Bowling	September 2026		