

HALLOWEEN MEMORIES

Sonja M. (AL) – “I dressed my son up as a mummy and wound him round and around with lots of toilet paper. After I was finished, we headed out only to get soaked by rain!”

Oscar H. (AL) – “I put on my sons’ football uniform, and I looked like Bronco Nugerski! (football player for the Chicago Bears back in the day!) Bronco bought a gas station in International Falls, MN and I would stop there on my way to Canada to go fishing.”

Karen C. (Commons) – “I lived on a farm and never went trick or treating. We didn’t go into town very often. I did take my kids trick or treating. I loved seeing the kids in their costumes!”

Gloria R. (Commons)- “I remember dressing up and doing the “hobo” thing or dressing like a clown!”

Sherri E. (Staff) – “My favorite memory is of my grandparents taking all 8 of my cousins and me in the box of the pickup; which you can’t do anymore, and we’d use pillowcases for candy bags. They would be FILLED with candy.”

Tara S. – “Dressing up in a couples’ costume (I can’t say what it was, HAHA) and embarrassing Greg!”

Ariel O. (Staff) - my favorite costumes were dressing up as minions in middle school and then as the M&M's in High School!

Wanda G. (HC) - I dressed up often with things we had around the house. One year I was a football player- my dad had played and I wore his old shoulder pads, leather helmet, and mom fashioned me leg pads from items she had! Football players didn’t wear as much as they do now, so it was much easier.

Carl L. (HC) - “Whenever I dressed up for Halloween, I would always try to have my face covered (with masks) but I was the tallest, so everyone always knew it was me!”

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Margaret S. (HC) - I never really dressed up but I always wear my pumpkin shirt on Halloween!”

Janet B. (Maggie’s) – “Not a big thing. I was an only child but remember making paper pumpkins and jack-o-lanterns and putting them in our windows. I do remember the older boys at school putting up a heavy wagon on top of the schoolhouse!”

Arliss S. (Maggie’s) – “We were free to go out by ourselves without our parents. I remember the outhouses being tipped over during Halloween at school and my dad was in charge of getting them back up.”

Art P. (IL) – “I didn’t do much for Halloween since I was a farm kid. I didn’t wear a costume, but I do remember wearing a ghost mask. Kids back then thought they were entitled to mischief, and they would take apart a wagon and put it on top of the barn!”

Lois H. (IL) – “I made my daughter a bunny costume out of flannel and it had a big carrot with that went with it. She was in a contest and won!”

Clyde H. (IL) – “I remember two carloads of teenagers going through the alleys in Huxley. I was in one of the cars and in one of those alleys I could make out a silhouette of a man with a gun. The driver quickly reversed the car, and we got to a streetlight and could see a bullet hole in the car. We took Blackjack chewing gum and plugged the hole and found someone to fix it and the driver’s dad never found out!”

Jerry D. (IL) – “Tipping over toilets (outhouses). We were in a dark area, and a friend fell into one, and we had to get him out. We made him ride on the outside of the car to get him back home!”



September Highlights

New Residents

- Shari Read - IL
- Jan Hopper - MC
- Marilyn Fausch - AL

New Employees

- Carrie Lushinsky - Care Partner
- Danelle Brown - CMA/CNA
- Ashley Goodspeed - Care Partner
- Kelsey Heidt - Culinary Aide
- Kayla Wisgerber - CNA
- Grant Kalb - CNA
- Lucian Tyndall - CNA
- Alivia Schilling - Culinary Aide
- Caitronia Paul - CNA
- Terri Pratt - LPN
- Galilea Melena-Cortes - CNA
- Ashley Oerman - Care Partner
- Daisy Bouvier - CNA
- Briana Partida - Care Partner
- Elise Sternhagen - Life Services Coordinator
- Makiah Hoversten - Housekeeper
- Brianna Hernandez - CNA

Employee Anniversaries

- Greg Stassen - 8 years
- Kayla Zellmer - 5 years
- Sue Sprong - 5 years
- Marissa Brinkman - 2 years
- Zach Andrews - 1 year
- Ava Chase - 1 year
- Emma Engelkes - 1 year
- Haven Witherspoon - 1 year



My Patchwork Quilt

Made up of different colors
and patterns and memories.
My body is a patchwork quilt
for all my friends to see.

A variety of materials

some left from years gone by.

Some that make me laugh out loud

and some that make me cry.

My veins are blue and lumpy

and my hair thin and gray.

I find a brand new purple bruise

almost every day.

I have bags underneath my eyes

and cancer spots on my face.

My arms have so many colored marks

it makes them look like lace.

My bulges bulge and jiggle

but in the mirror I see

A picture of the final gift

the quilt God made for me.

Beverly Bass - Resident

Medicare Open Enrollment Is Here

From October 15 through December 7, the Medicare Open Enrollment window is open for the upcoming year. This annual period allows you to review your current healthcare coverage and decide which structure best fits your personal financial and medical situation. Beneficiaries generally choose between two primary paths:

- Traditional Medicare (Parts A & B): Run directly by the federal government, this path allows you to visit any doctor or hospital in the United States that accepts Medicare, without a referral. Many beneficiaries choose to pair this with a separate, private Medigap policy and a standalone Part D prescription plan to help cover out-of-pocket costs.
- Medicare Advantage (Part C): Approved by Medicare but run by private insurance

companies, these plans bundle Part A, Part B, and usually Part D into a single plan. They operate through specific provider networks (like HMOs or PPOs), frequently offer lower upfront premiums, and may include extra benefits like routine dental or vision care.

To evaluate your coverage before the December 7 deadline, consider these official resources:

- Review Your Plan's Changes: If you currently have a plan, read your Annual Notice of Change (ANOC) to see how your specific costs, benefits, and doctor networks will change.
- Use the Plan Finder: Visit the official website at Medicare.gov to plug in your current prescriptions and doctors to see how different plans cover them.
- Get Free Guidance: You can contact the State Health Insurance Assistance Program (SHIP) at shiphelp.org or call 1-800-MEDICARE for free, unbiased counseling from advisors who do not sell insurance plans.

This article is provided for general educational purposes and is not intended to provide insurance, financial or legal advice.

KNOWLEDGE @ NORTHRIDGE SUPPORTING MENTAL WELLNESS IN AGING

BOONE HOSPITAL'S SENIOR LIFE SOLUTIONS WILL SHARE HOW THEY SUPPORT OLDER ADULTS FACING CHALLENGES LIKE GRIEF, RETIREMENT, OR DECLINING INDEPENDENCE.



BRITTANY GUS, BSN, RN, CHPN
PROGRAM DIRECTOR



**TUESDAY
OCT. 13TH 2:30**
**3300 GEORGE W.
CARVER**

****OPEN TO THE PUBLIC****



The Viager



OFFICIAL NEWSLETTER OF NORTHRIDGE VILLAGE

October 2026

September Highlights



- Margaret Fossel 10/2
- Clyde Hill 10/2
- Betty Runge 10/2
- Margaret Fossel 10/2
- Thayer Brown 10/3
- Larrie Stone 10/3
- Sandra Lundquist 10/3
- David Williams 10/5
- Charlotte Keller 10/7
- Lois Taylor 10/7
- Ellen Zimmerman 10/10
- Sandy Thompson 10/11
- Phyllis Madden 10/12
- Phyllis Kvidera 10/13
- Elizabeth Middleton 10/14
- Char Beisner 10/16
- Esther Weisshaar 10/18
- John Beisner 10/20
- Shirley Warren 10/21
- Kathy Tener 10/21
- Dixie McMasters 10/28



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

11/AL October 2026

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9:30 Catholic Service CH 4	9:30 Exercise 5 10:30 Bible Study ALL 1:00 Wii Bowling CH 1:00 Bridge CHL 1:30 Needlework Club IL 3:00 Bingo ALD Happy Birthday David Williams!	9:30 Exercise 6 10:30 Noodle Ball CH 11:30 Town Hall Mtg ILD 12:30 Town Hall Mtg ALD 2:00 Paul & Paula, "Frederick Law Olmsted, More than Central Park" CH 2:30 Rosary HCPD 3:00 NRV Ambassadors Meeting, CMR	9:00 Catholic Gathering 7 9:30 Chair Yoga CH 10:30 Chapel & Communion w/ Pastor Tom CH 1:00 Wii Bowling CH 1:00 Seven Card Game 3:00 Reminisce Group ALL 3:30 Lady Bugs CC	9:15 Trip to Deal's Orchard and Lunch @ The Centennial Cafe, Jefferson 8 9:30 Exercise CH 1:30 Pig & Hog Card Game 2:30 Fall Float Social- HCD	8-9:30 Hearing Unlimited 2nd 9 FI AL 9:30 Exercise CH 10:00 League of Women Voters CH 10:00 Bullfrogs Men's Group 10:00 Spinner Dominoes ALL 1:00 Wii Bowling CH 2:00 Train Dominoes ILL 4:00 Tom Hofer ILD	9:30 Chat & Color CC 10 1:00 Spinner Dominoes ALL
9:30 Catholic Service CH 11 Have Your Library Books Ready! Pickup Tomorrow! 1:15 Lake Wobegon Brass Band @ Bethesda Lutheran Church (Free will offering) Happy Birthday Sandy Thompson!	9:30 Exercise CH 12 10:30 Bible Study ALL 1:00 Wii Bowling CH 1:00 Bridge CHL 1:30 Needlework Club IL 2:00 Pearle Vision CMR 3:00 Bingo ALD Happy Birthday Phyllis Madden!	10:15 Tour of Gilbert High School and Lunch w/Students 13 9:30 Exercise CH 10:30 Noodle Ball CH 2:30 Rosary HCPD 2:30 Knowledge at Northridge CH	9:30 Chair Yoga CH 14 10:30 Chapel w/Pastor Tom 1:00 Wii Bowling CH 1:00 Seven Card Game ALL 3:00 Reminisce Group ALL 3:30 Lady Bugs CC	9:00 Fareway Shopping 15 9:30 Exercise CH 10:00 Piece & Freedom Bakery- Lobby 1:30 Pig & Hog Card Game 2:00 David Carlyle, M.D., Speaking about Family Medicine	9:30 Exercise CH 16 10:00 Bullfrogs Men's Group CC 10:00 Spinner Dominoes ALL 1:00 Wii Bowling CH 2:00 Train Dominoes ILL 3:00 Sydney Scandrett, Pianist IDL	9:30 Chat & Color CC 17 9:00 Scandinavian Coffee, Bethesda Lutheran Church 1:00 Spinner Dominoes ALL
9:30 Catholic Service CH 18 Happy Birthday Marlene Weisshaar!	9:30 Exercise CH 19 10:30 Bible Study ALL 1:00 Wii Bowling CH 1:00 Bridge CHL 1:30 Needlework Club 3:00 Bingo ALD	9:30 Exercise CH 20 9:30 Fall Bus Tour of the Ledges 10:30 Noodle Ball CH 2:00 Fall Bus Tour of The Ledges 2:30 Rosary HCPD	9:30 Chair Yoga CH 21 10:30 Chapel w/Pastor Tom 1:00 Wii Bowling CH 1:00 Seven Card Game ALL 3:00 Reminisce Group ALL 3:30 Lady Bugs CC Happy Birthday Shirley Warren!	9:00 Walmart Shopping 22 9:30 Exercise CH 1:30 Pig & Hog Card Game 2:00 Harvest Day @ Upstill Farm 2:30 Apple Nacho Bar- HCD 3:00 Book Club CH	SWAP DAY 23 9:30 Exercise CH 10:00 Bullfrogs Men's Group CC 10:00 Spinner Dominoes ALL 1:00 Wii Bowling CH 2:00 Train Dominoes ILL 2:30 Wooden Pumpkin & Scarecrow Craft- HCD	9:30 Chat & Color CC 24 1:00 Spinner Dominoes ALL Pohm Joint Birthday Celebration 3:00-5:30 ILD
9:30 Catholic Service CH 25 Bingo with Sharon 3:30 ILD	9:30 Exercise CH 26 10:30 Bible Study ALL 1:00 Wii Bowling CH 1:00 Bridge CHL 1:30 Needlework Club IL 2:30 Halloween Bingo-HCD	9:30 Chair Exercise CH 27 10:30 Noodle Ball CH 1:30 Armchair Traveler's Nancy Franz, Northeast Canada & Greenland CH 2:30 Rosary HCPD Magic w/Jonathan May	9:30 Chair Yoga CH 28 10:30 Chapel w/Pastor Tom 1:00 Wii Bowling CH 1:00 Seven Card Game 3:00 Reminisce Group ALL 3:30 Lady Bugs CC 4-5:30 Trunk or Treat Commons Parking Lot	9:30 Exercise CH 29 10:00 Kelsi Papesh, Clarinetist, Accompanied by Paula A., Pianist CH 1:30 Pig & Hog Card Game 2:00 Been There Done That and Social Hour w/Jill T. ILD Signature Cocktail: Witch's Brew Lemonade	9:30 Exercise CH 30 10:00 Bullfrogs Men's Group CC 10:00 Spinner Dominoes ALL 1:00 Wii Bowling CH 2:00 Train Dominoes ILL 3:00 Newsletter Volunteer CMR	9:30 Chat & Color CC 31 1:00 Spinner Dominoes ALL 2:00 Halloween Jeopardy w/Alex "Trebeckenstein"& Vanna "Fright" ILD