Dolomites Participant Agreement & Liability Release

Italy | July 28-August 4, 2027 | Seven nights / eight days

PLEASE READ BEFORE SIGNING. Payment alone does not create a binding, nonrefundable booking. The acceptance requirements below must be completed first.

1. Who this agreement covers

This agreement is between KGFY LLC d/b/a KG Strong ("KG Strong" or the "Organizer") and the adult traveler signing below ("Participant").

"Protected Parties" includes KG Strong; Katie Gould; Erin Casey; and EVERY employee, instructor, trainer, contractor, trip host, coordinator, representative, or agent working for KG Strong in connection with this trip or its pre-trip activities. These protections apply to each such person individually when acting in the course of their work for KG Strong.

The hiking guides, hotels, mountain huts, airlines, transportation companies, and other providers may also be independent third parties. Their duties and any separate agreements will be identified in the final trip details.

2. The trip, price, and booking information

Trip	July 28-August 4, 2027; up to 12 paying participants; five hotel nights and two shared mountain-hut nights.
Price	$4,800 per person for an early-bird registration request and $500 deposit received by November 16, 2026 and subsequently accepted by KG Strong; $5,000 beginning November 17, 2026. Hotel double occupancy.
Included	Five boutique-hotel nights; two dormitory-style mountain-hut nights with shared bathrooms; breakfasts and dinners as described in the guide (departure-day breakfast may be unavailable); four hiking days with professional guiding for the hut portion; pre-trip training guidance; KG Strong yoga/mobility; specified on-trip logistics and luggage transfer.
Not included	Flights; Venice airport transfers; lunches and trail snacks; water and beverages not expressly included; alcohol; personal travel insurance; single-room upgrades; spa treatments; personal purchases.

Before accepting a binding, nonrefundable booking, KG Strong will provide the complete agreement, payment and cancellation terms, and a Trip Details sheet specifying the essential physical demands and guide coverage. That sheet will state expected daily distances and hiking hours; ascent and descent; sleeping and maximum elevations; exposed terrain, scrambling, cables or via ferrata, if any; pack and experience requirements; and the leader and professional-guide coverage for each hiking day. Participants must receive and expressly accept that information before the deposit becomes nonrefundable.

Hotel and hut names remain provisional. Substitutions must be reasonably comparable to the agreed accommodation standard: boutique hotels with hotel double occupancy and shared, dormitory-style mountain huts. Material changes are subject to Section 3. Current route estimates appear in Section 5; they are not a substitute for guide-confirmed Trip Details.

3. Deposits, payments, and cancellations

Provisional payment and acceptance

The $500 deposit counts toward the trip price. Until KG Strong supplies the essential booking information and Trip Details in Section 2, receives the Participant's signed agreement and separately initialed Section 7 release, receives express acceptance of those Trip Details, and accepts the reservation in writing, the reservation is provisional and the deposit remains fully refundable. Payment or checkout alone does not replace these requirements. Each adult must accept the applicable version, even when another person pays.

The $500 minimum and replacement exception

After the reservation is signed and accepted under the requirements above, the $500 deposit is nonrefundable if the Participant voluntarily cancels, including when documented net loss is less than $500, except for the full-price replacement exception below, the material-change refund right, KG Strong cancellation, or a refund required by law. Before the cancellation-liability trigger below, a voluntary cancellation is limited to this $500 minimum; payments above it are refundable.

GO decision and start of additional liability

KG Strong will issue a written GO / NO-GO decision by February 1, 2027. Cancellation charges above the $500 minimum begin only after BOTH February 1, 2027 and a written GO decision. An early GO does not accelerate this date. If no decision is issued by February 1, the booking will be canceled and KG Strong will refund all trip payments within 14 calendar days, unless the Participant expressly agrees in writing to a later decision date. A GO confirms that KG Strong intends to operate the trip; it does not eliminate the full-refund promise if KG Strong later cancels, including for insufficient enrollment.

Payment schedule

After written GO, either pay the remaining $4,300 early-bird or $4,500 regular balance in full by February 15, 2027, or use three interest-free installments due February 15, March 15 and April 15, 2027. Early-bird installments are $1,433.33 / $1,433.33 / $1,433.34; regular installments are $1,500 each. No interest, plan fee or automatic-charge authorization applies. For late bookings, installments whose scheduled dates have passed are due when the signed reservation is accepted. Registrations accepted after April 15 require payment in full at acceptance. Provisional payments remain refundable under the acceptance requirements above.

Missed payments

KG Strong will give written notice of a missed payment and at least 10 calendar days to cure before canceling a reservation for nonpayment. If the failure is not cured, any cancellation charge is calculated under this section; the unpaid trip balance is not automatically forfeited or automatically owed.

Cancellation charge after the trigger

Following the trigger above, a voluntary cancellation charge is the greater of (a) the $500 minimum and (b) reasonable, documented net unrecoverable costs and supplier commitments attributable to that Participant's reservation, capped at that Participant's original agreed trip price. The deposit and all installments already paid are credited against this ONE total charge. The full trip price is a ceiling, not an automatic cancellation bill.

Permitted costs and group allocation

Chargeable costs are actual, reasonable third-party costs and binding supplier commitments attributable to the canceled reservation, net of avoided costs, supplier refunds, replacement receipts and other recoveries. General planning, internal staff time, overhead and anticipated profit are not added as separate cancellation costs. A shared group commitment must be allocated on a reasonable, disclosed per-participant basis; one guest is not charged the entire group's hotel, guide or transport commitment. There will be no double recovery or undisclosed supplier charges.

Replacement booking exception

KG Strong will make reasonable efforts to offer the place to an eligible replacement, without guaranteeing a replacement. If an approved replacement pays at least the canceling Participant's original agreed trip price, KG Strong will refund the canceling Participant's KG Strong trip payments, INCLUDING the $500 deposit, less a $50 administrative fee and unavoidable supplier transfer charges disclosed in advance, to the extent lawful. The original Participant's price is the benchmark even if the replacement books at a higher regular rate. Other replacement receipts reduce net losses under the calculation above.

Written notice and accounting

Send cancellation notice to katie@kgstrongtraining.com, copying erin@ekcstrategies.com. KG Strong will acknowledge it and provide an itemized accounting within 30 calendar days, identifying the minimum deposit, attributable supplier costs, group allocations, payments received and all credits. If supplier amounts remain unresolved, the statement will identify them as provisional and KG Strong will update it as information becomes available. An undisputed additional amount is due 30 calendar days after a final itemized statement. Any refund then owed, including a later adjustment for supplier refunds or replacement receipts, will be paid within 14 calendar days after the amount is determined or recovery is received, or sooner when required by law.

If KG Strong cancels before departure

KG Strong will refund the deposit and all other trip payments collected by KG Strong or through its authorized registration platforms and payment processors within 14 calendar days, or sooner if law requires. This includes insufficient enrollment, severe weather or other causes. This promise is not reduced because a supplier retains funds. Independently booked airfare and separately purchased services are not reimbursed except where law requires. Wait for written GO before buying nonrefundable travel.

RIGHT TO REFUND IF MATERIAL TERMS CHANGE

If KG Strong proposes a material change to the agreed dates, core itinerary, price, essential physical demands or guide coverage, payment/cancellation terms or liability release, it will notify the Participant in writing. The Participant may decline in writing within 14 days of receiving the change. The booking then ends, remaining payments are canceled, and KG Strong refunds 100% of its trip payments, including the deposit, within 14 calendar days or sooner if required. Minor comparable operational changes and safety-driven route adjustments do not automatically trigger this right, except where law provides a remedy.

4. Travel disruptions and independent suppliers

You book your own flights and airport transfers and are responsible for your passport, travel documents and arriving at the stated meeting point on time. Flights, baggage, roads, lifts, trails and huts can be delayed, canceled or closed by weather, natural events, strikes, government action or other circumstances. KG Strong cannot guarantee the performance of airlines or other independent providers.

If your flight is delayed or canceled, you may need to arrange and pay for extra travel, meals or lodging to catch up with the group; the group is not required to delay its plans. Local guides make mountain-safety decisions and may modify or cancel hiking stages because of weather, trail closures or other safety risks. KG Strong will communicate significant changes and provide any assistance, refund or other remedy required by law or expressly agreed in this contract.

To the maximum extent allowed by law, KG Strong and the other Protected Parties are not responsible for loss or expense caused solely by natural events, independent travel providers or other circumstances outside their reasonable control and not caused by their legally actionable conduct. This does not eliminate legally required refunds, assistance or other non-waivable duties, including KG Strong's express pre-departure cancellation refund promise above.

Changes or interruption after departure

KG Strong will explain significant service changes and arrange reasonably comparable alternatives where feasible. If agreed services cannot be provided and an acceptable substitute is unavailable, KG Strong will account for the unused portion of KG Strong-collected payments and refund that portion less reasonable, documented, legally chargeable unrecoverable costs attributable to it, crediting supplier recoveries and avoiding double recovery. Mandatory rights to assistance, price reduction, compensation, refund or repatriation are preserved. Additional personal lodging, transport or other charges will be disclosed and agreed before commitment where practicable; emergency assistance remains subject to Section 8 and applicable law. This is distinct from KG Strong's full pre-departure cancellation refund promise.

5. Fitness, health, and mountain safety

THIS IS A PHYSICALLY DEMANDING TRIP. Expect several miles of hiking per day, potentially long days on uneven mountain terrain, sustained climbs and descents, early starts, consecutive hiking days and carrying a small overnight pack for two hut nights. The final verified distances, elevation gains/losses, sleeping and maximum altitudes, terrain and guide coverage will be provided in Trip Details.

You are responsible for preparing appropriately, bringing suitable footwear/equipment and medication, following guide safety instructions, remaining with your group, and informing the guide promptly if you feel unwell or cannot continue. You agree to provide accurate, relevant information about medical limitations and allergies through a private process. Seek advice from your own medical professional where appropriate. Fitness and training do not eliminate altitude-illness risk or guarantee safe participation.

The guides or Organizer may restrict a specific activity when necessary for safety, with reasonable accommodations where feasible. No one is required to continue hiking when sick or injured. Additional individual treatment, transport, lodging, rescue or evacuation costs may be your responsibility, subject to insurance and applicable law.

Current operator proposal - estimates requiring confirmation

The October 8 operator proposal estimates: July 30 - 8 km, 800 m ascent, about 6 hours; July 31 - 8 km, 150 m ascent, about 4 hours; August 1 - 5 km, 800 m descent, about 3 hours. It lists professional guiding for July 30 and 31. Coverage on August 1 and August 2 must be confirmed. The August 2 option includes a cable-car-assisted walk or a village ascent of about 500 m; distance and time are not yet verified. Sleeping/maximal elevations, all ascents/descents and terrain details remain to be confirmed. These estimates are provisional, not a statement that every route or guide arrangement is final. The nonrefundable-acceptance gate in Section 2 applies.

6. Acknowledgment of inherent risks

I understand that hiking, international travel, training, yoga, recovery activities, shared lodging and optional spa use have inherent risks. These include falls and injuries; steep, unstable or slippery trails; falling rock; adverse weather; heat and cold; exhaustion; dehydration; altitude illness; communicable or foodborne illness; allergic reactions; transportation incidents; theft; limited communications; and delays obtaining help in remote areas. Serious illness, permanent injury, disability or death can occur. I voluntarily accept these inherent risks and will take reasonable precautions.

7. IMPORTANT - Release of liability (separate initials required)

TO THE FULLEST EXTENT PERMITTED BY APPLICABLE LAW, I RELEASE AND AGREE NOT TO SUE THE PROTECTED PARTIES, INCLUDING KG STRONG, KATIE GOULD, ERIN CASEY, AND ALL KG STRONG EMPLOYEES AND CONTRACTORS ACTING IN THEIR WORK FOR THE TRIP, FOR CLAIMS OF INJURY, ILLNESS, DEATH, OR LOSS OF PROPERTY ARISING FROM THE DISCLOSED ACTIVITIES, INCLUDING CLAIMS CAUSED BY THE PROTECTED PARTIES' OWN ORDINARY NEGLIGENCE.

This release is limited to claims the law permits me to waive. It DOES NOT waive claims for gross negligence, recklessness, intentional misconduct, fraud, non-waivable statutory or consumer rights, or refunds and other duties expressly owed under this agreement. A third party's legal duties are not automatically waived.

My initials acknowledging this specific release: _____

The individual Protected Parties identified in Section 1 are intended beneficiaries of the protections expressly granted to them and may seek to enforce those protections to the extent permitted by applicable law. This does not expand the release beyond lawfully waivable claims or automatically release independent suppliers. The agreement does not purport to bind a non-signatory's independently held claim.

8. Insurance, emergency help, and belongings

Comprehensive travel insurance is strongly recommended, including cancellation/interruption, delayed flights, baggage, international medical treatment, mountain rescue, evacuation and repatriation. Confirm that the policy covers the actual hiking and altitude. Insurance is not included, and a recommendation to buy it does not guarantee payment or replace any non-waivable responsibility of KG Strong or the Protected Parties.

I am responsible for safeguarding my luggage, passport, money and medications. In an emergency, I authorize reasonable steps to summon medical assistance and contact my emergency contact when I cannot consent. I understand that I may have to pay lawful rescue, medical, evacuation and additional travel costs not covered by insurance or another responsible party.

9. Conduct and final agreement

Participants must follow reasonable safety directions and lodging rules, respect others, and refrain from dangerous or impaired activity. The Organizer may arrange a safe alternative or removal from an activity for serious safety or conduct concerns, with any payment treatment following the agreed cancellation terms and law. Participants are responsible for damage they negligently or intentionally cause beyond ordinary use.

This signed agreement, accepted payment terms and material trip information provided at booking describe the agreed reservation. KG Strong will provide updated logistical Trip Details before departure. It will not require you to accept a new liability waiver or materially different cancellation/payment duties without your consent; if a material change is declined, Section 3 applies. Changes and remedies remain subject to applicable mandatory law. If any provision is invalid, that provision is limited without automatically voiding the remaining terms. Nothing in this agreement excludes a law or court jurisdiction that cannot legally be excluded. Electronic signatures and signed electronic copies may be accepted as originals.

Voluntary cancellation is governed by Section 3. Illness or injury is not misconduct. If illness or injury prevents continuation, Section 4's unused-service accounting applies, with any assistance, accommodations and remedies required by law; individual additional rescue, treatment, lodging and transport costs remain subject to Section 8. Removal for serious misconduct requires reasonable grounds and communication of the reason; unused services and any allowable damage or additional costs are itemized, with no automatic forfeiture of all remaining payments or double recovery.

10. Participant acknowledgment and signatures

I am at least 18, have read this agreement and the booking information supplied to me, and voluntarily accept its terms, including the cancellation policy and the specific ordinary-negligence release in Section 7. I understand the hiking requirements and risks, shared hut accommodation and travel insurance recommendation. I have had an opportunity to ask questions before signing. I have also received and expressly accepted the essential Trip Details required by Section 2.

Participant name: _____ Email: _____

Signature: _____ Date: _____

Emergency contact (name and phone): _____

Acknowledgments - initials: Hiking demands _____ Shared huts _____ Deposit/cancellation _____ Insurance _____ Section 7 release _____

For KGFY LLC d/b/a KG Strong: _____ Date: _____

KG Strong booking contact: katie@kgstrongtraining.com | Questions and logistics: erin@ekcstrategies.com. Each party should retain a copy of the signed agreement and the accepted booking/payment terms.

Trip Details version/date accepted: _____

Participant initials accepting the Trip Details: _____