

Healthy Habits with Lana Lou

for Boys Ages 3-6

10 Printable Coloring Pages

Download Once • Print Forever

10 Images

Eating a healthy breakfast
helps me grow!



Brushing my teeth keeps
my smile healthy!



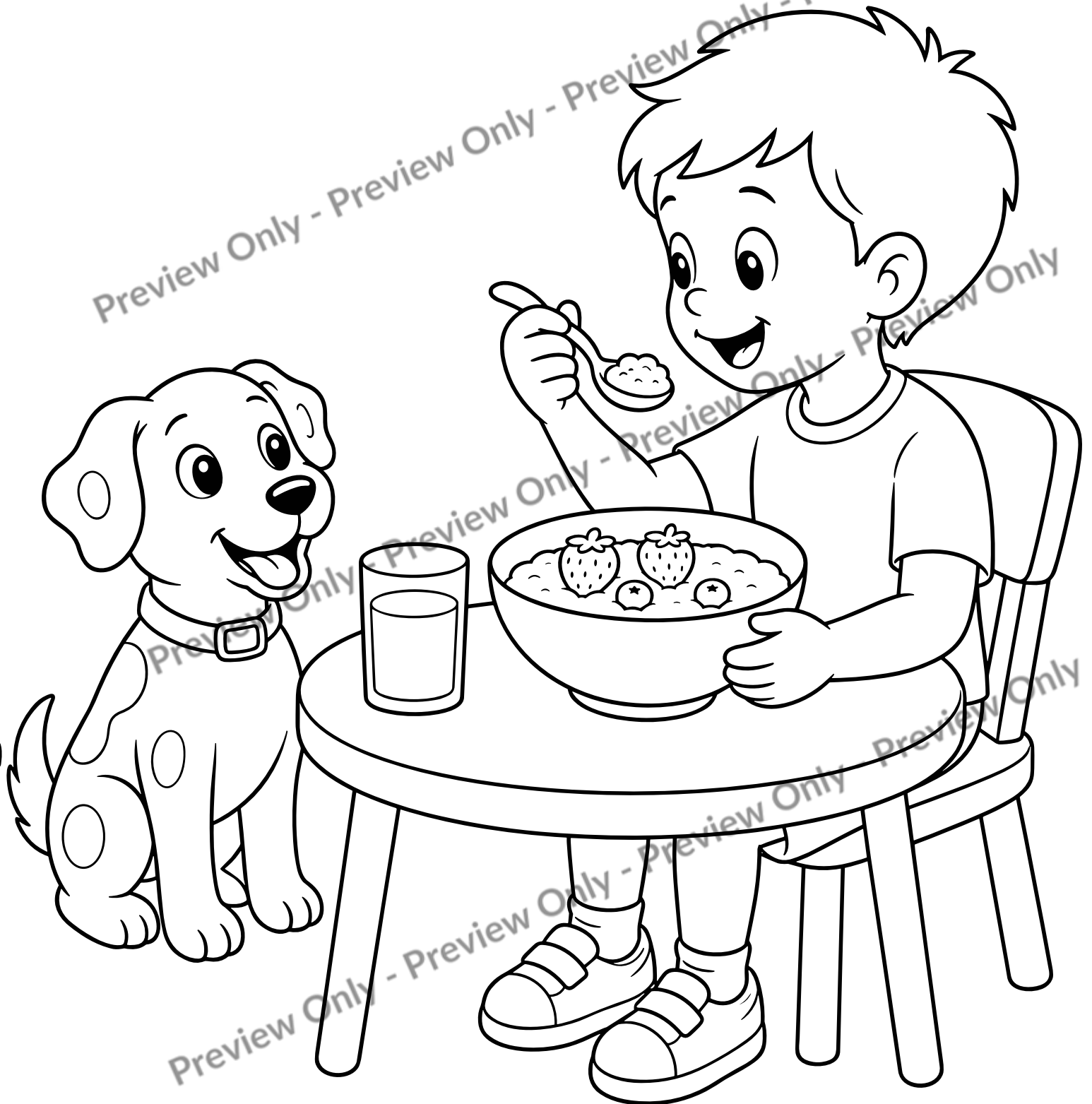
Moving my body helps me
grow strong!



Talking about my feelings
helps me feel better!



Eating a healthy breakfast helps me grow!



Drinking water helps my body feel good!



Brushing my teeth keeps
my smile healthy!



Washing my hands helps keep germs away!



Eating colorful foods helps
my body stay healthy!



Moving my body helps me grow strong!



Quiet time helps my body rest!



**A good night's sleep helps
my body recharge!**



A black and white line drawing of a smiling boy with short hair, looking towards the right. A second boy's face is partially visible on the right edge of the frame.



**Putting my toys away
keeps my space safe!**

