FGA

Sound Human
Make AI write like you

A few seconds per draft. Add the skill once, then use it on anything a person will read.

0 **Add the skill to Claude first.** The file is called `sound-human.skill`. Don't rename it. In Claude, go to Customize, then Skills, then + Add, then Upload skill. The other PDF in this folder shows Claude and ChatGPT step by step.

HOW TO USE IT

1 **Write the way you already do.** Ask Claude for a post, an email or a caption, and the skill switches on by itself for anything people will read.

2 **Clean up a draft.** Paste it in and say any of these:

> "Run Sound Human on this."
> "Make this not sound like AI."
> "De-AI this."

3 **Check someone else's writing.** Say "Check this for AI tells." You get a verdict (likely human, mixed or likely machine), the lines that gave it away, and the details worth keeping.

4 **Give it your voice.** Paste a few hundred words you wrote yourself. Your words set the vocabulary and rhythm, and the skill keeps the robot out.

5 **Try it now:**

> "Run Sound Human on this:" then paste a paragraph ChatGPT wrote for you.

WHAT IT CATCHES

- **Words**: delve, tapestry, seamless, leverage and over 100 more, each with a plain swap.
- **Sentence shapes**: "It's not X, it's Y", setup questions like "The result?", tidy groups of three, and endings that explain the point.
- **Formatting**: Title Case headlines, bold on everything, emoji bullets, em dashes, and stray markdown in emails and DMs.
- **Chatbot leftovers**: citation junk, [Your Name] placeholders, "as of my last update", and links that go nowhere.
- **Made-up detail**: anything it can't trace back to what you gave it gets cut.

THE TEST IT USES

Read it out loud. If you wouldn't say it to one person across a table, it gets rewritten.

What it leaves alone

Code, legal wording and direct quotes stay exactly as they are.

One word isn't proof

When it checks a draft, it calls it machine-made only when several tells stack up in the same passage.

Make it yours

Tell it the words you love or hate, right in the chat. What you say beats the skill.