Emilio M. Justo, MD
Curriculum Vitae

Personal Information

Birthplace: Sancti-Spiritus, Cuba

Languages: Fluent in English and Spanish

Family: Married with 3 children

Personal Website: www.DrEmilioJusto.com

E-Mail: DrJusto@DrEmilioJusto.com Mobile: 602-690-4080

Work Addresses

Office Locations

Emilio Martin Justo, MD, PC (dba Arizona Eye Institute & Cosmetic Laser Center)

www.AZEyeInstitute.com

Arizona Eye Institute & Cosmetic Laser

19052 North RH Johnson Boulevard

Sun City West, AZ 85375

Arizona Eye Institute & Cosmetic Laser Center

10701 W Bell Road

Sun City, AZ 85351

Arizona Eye Institute & Cosmetic Laser Center

500 Savage Street

Wickenburg, AZ 85390

Education

Residency: The Washington Hospital Center, Washington, D.C.

July 1986 – June 1989 (Ophthalmology)

Internship: St. Vincent Hospital and Health Care Center, Indianapolis, Indiana

July 1985 – June 1986 (Transitional)

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Graduate M.D.: The University of Michigan Medical School, Ann Arbor, Michigan

May 1985

Undergraduate BS in Biomedical Sciences: The University of Michigan Medical School, Ann Arbor, Michigan

December 1984

Employment History

Medical Appointments

- Emilio Martin Justo, M.D., P.C., Founder (Practice) December 1989 – present
- Arizona Eye Institute & Cosmetic Laser Center, Inc., Founder (ASC – Ambulatory Surgery Center) May 1999 – present
- Physicians Research Group (Independent Contractor) Principal Investigator, November 2019 – September 2024

Facility Appointments

- West Valley Hospital, Goodyear, AZ August 2004 – Present
- Arizona Eye Institute & Cosmetic Laser Center (ASC), Sun City West, AZ December 1999 – present

Academic Appointments

- University of Arizona College of Medicine-Phoenix, Department of Ophthalmology, Clinical Assistant Professor, September 2019 – Present
- Midwestern University, Glendale, AZ, Arizona College of Osteopathic Medicine, Clinical Assistant Professor, July 2009 – Present
- A.T. Still University, Mesa, AZ, School of Osteopathic Medicine, Adjunct Clinical Assistant Professor of Ophthalmology, April 2024 – Present
- Kansas City University, College of Osteopathic Medicine, Adjunct Assistant Professor of Ophthalmology, March 2024 – Present

Licenses and Certificates

- State of Arizona – Medical License #18595
- State of Florida – Medical License #ME 153578
- State of Texas – Medical License W7851
- State of California – Medical License G211369
- IMLC Letter of Qualification exp 07-09-27
- Diplomate, National Board of Medical Examiners
- Diplomate, American Board of Ophthalmology
- Fellow, American Academy of Ophthalmology
- Fellow, American Academy of Cosmetic Surgery
- National Institutes of Health (NIH) GCP Training (Expires 09/25/2025)
- ACLS/BLS exp 10-31-28

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Organizational Memberships

- Member, American Academy of Cosmetic Surgery
- Member, American Academy of Ophthalmology
- Member, Arizona Society of Eye Physicians and Surgeons
- Member, Phoenix Ophthalmological Society
- Member, Phoenix Ophthalmic Business Society
- Member, Arizona Latin-American Medical Association
- Member, Board of Directors Tarkio College, Tarkio, MO (2022–present)

Awards and Presentations

- TEDx Speaker, TEDxASU (04/12/2026, Mesa, AZ, USA): “The Most Dangerous Skill in the Modern World is Speed”
- TEDx Speaker, TEDxWesternU (02/02/2024, London, Ontario, Canada): “Unleashing the Drive Within: The Obsession Advantage to Unprecedented Success” – #1 Global TEDx YouTube Video in 2024
- TEDx Speaker, TEDxCherryCreekHS (08/12/2023, Parker, CO, USA): “Delayed Gratification: Your Superpower to Success” – #3 Global TEDx YouTube Video in 2023
- Cambridge University, UK (08/08/2024): “Mastering the American Dream: The Cuban Triad For Triumphant Success”
- Global Aesthetics Conference, Miami Beach, FL (11/05/26): “Advanced Levator Eyelid Muscle Surgery: Levator Advancement and Resection for Acquired Aponeurotic Ptosis”
- Global Aesthetics Conference, Miami Beach, FL (11/05/26): “Lateral Canthoplasty for Eyelid Support and Aesthetic Enhancement: A Step-By-Step Surgical Approach”
- American Academy of Cosmetic Surgery Facial Cadaver Workshop (04/25/2026, Orlando, FL, USA): “Differentiating Levator Repair & Muellerectomy: Indications for Each”: and “Lateral Canthal Tendon Tightening”
- American Academy of Cosmetic Surgery Facial Cadaver Workshop (05/05/2024, Orlando, FL, USA): “Laser Blepharoplasty & Muellerectomy”
- Boy Team Charity Sonoran League (01/26/2025, Scottsdale, AZ, USA): “Unlocking Your Inner Champion: The Secrets to Unstoppable Success”
- American Academy of Cosmetic Surgery Annual Meeting (02/21/2025, Palm Springs, CA, USA): “The Art of CO2 Laser Blepharoplasty”
- American Academy of Cosmetic Surgery Advanced Cosmetic Surgery Board Review Course (03/07/2025, Live Virtual Training): “Cosmetic Surgery of the Eyes I: Review of Anatomy and Treatment Considerations for the Novice and Non-Oculoplastic Surgeon, Cosmetic Surgery of the Eyes II: Review of Complications and Treatments”
- American Academy of Cosmetic Surgery Webinar (04/29/2025): “Starting Your Own Medical and Cosmetic Surgery Practice”
- Global Aesthetics Conference, Miami Beach, Fl (10/30/2025): “Starting Your Own Medical & Cosmetic Surgery Practice”
- Global Aesthetics Conference, Miami Beach, FL (10/31/2025): “The Art of CO2 Laser Blepharoplasty”
- American Academy of Cosmetic Surgery Annual Meeting (02/05/26 Tampa, FL, USA): “Precision Muellerectomy for Acquired Ptosis: A Targeted Approach for Elevating Upper Eyelid Function”

- American Academy of Cosmetic Surgery Annual Meeting (02/05/26 Tampa, FL, USA): "CO2 Laser Upper and Lower Eyelid Blepharoplasty: Precision, Safety, and Enhanced Outcomes in Aesthetic and Functional Oculoplastic Surgery"
- American Academy of Cosmetic Surgery Annual Meeting (02/07/26 Tampa, FL, USA): "Starting Your Own Medical & Cosmetic Surgery Practice: A Blueprint for Autonomy, Growth and Long-Term Success"
- American Academy of Cosmetic Surgery Advanced Cosmetic Surgery Board Review Course (03/07/2026, Live Virtual Training): "Cosmetic Surgery of the Eyes I: Review of Anatomy and Treatment Considerations for the Novice and Non-Oculoplastic Surgeon, Cosmetic Surgery of the Eyes II: Review of Complications and Treatments"
- Expert Panelist for Ophthalmology Business Academy webinar "Protecting Margins When Reimbursement Tightens and Costs Keep Rising" (10/15/2026, Live Virtual Training)
- Valedictorian, Andrean High School (1979, Merrillville, IN, USA)
- The University of Michigan Integrated Premedical-Medical Program (1979–1985)
- Graduate with High Distinction, The University of Michigan (1984)
- Past-President, Surprise Grand Bell Rotary Club, Surprise, AZ (1992–1993)

Published Books

- Author, "The Power of Pause: Mastering Delayed Gratification for Success"
- Contributing Author, "Business, Life & the Universe, Vol. 12" (Corey Poirier)
- Contributing Author, "Talk Your Way to the Top" (Tara Lafon Gooch)
- Contributing Author, "Revitalize for the Soul, Vol 1" (Kim Groshek)
- Contributing Author, "Business, Life & the Universe, Vol 14" (Corey Poirier)

Volunteer Activities

- Monthly volunteer at MOM'S PANTRY, Phoenix, AZ, serving the homeless and underprivileged with food supplies
- Team Leader for Boys Team Charity, Sonoran League, Scottsdale, AZ, developing and supervising high school teenagers in community outreach and volunteer programs throughout metro Phoenix
- Led international medical and surgical missions to Puerto Penasco, Mexico and Havana, Cuba (1995–2005)

Professional Medical Interests

- "Fast Focus" Laser-Assisted Refractive Cataract Surgery
- LenSx Femtosecond Laser Refractive Cataract Surgery
- Advanced Technology Intraocular Lens Implants
- MIGS – Minimally Invasive Glaucoma Surgery
- CO2 Laser-assisted Blepharoplasty and Facial Resurfacing
- Monthly 3-day live intensive CO2 Laser Blepharoplasty course for visiting U.S. and international physicians

Research

- Ophthalmic assessments of signs and symptoms of dry eye in patients suffering from self-reported or clinician-diagnosed dry eye disease

- Phase 3, multi-center, randomized, double-masked, placebo-controlled clinical study to assess the safety and efficacy of XXX-XXX-XXX in the environment and during challenge in the controlled adverse environmental (CAE®) model for the treatment of dry eye syndrome
- Phase 3, multi-center, randomized, double-masked, placebo-controlled clinical study to assess the safety and efficacy of XXX Ophthalmic Solution in the environment and during challenge in the controlled adverse environment and in the XXX model for the treatment of dry eye syndrome
- Multi-center, double-masked, randomized, vehicle-controlled, parallel-group clinical trial evaluating the safety of XXX Ophthalmic Solution in subjects with dry eye disease