

Game → Snow Darts

Objective The goal of this game is to successfully throw objects and hit the targets.

Set-Up

- Dig holes or “targets” into the snow at various distances. Mark targets with a cone or draw a circle around them with diluted food colouring.
- Choose a starting point or “throw line” where each player will throw from.
- Place a bin with bean bags or soft balls by the throwing line.
- Divide participants into groups of 3 or 4.
- Participants take turns throwing an object at the target holes.
- When everyone is done throwing their objects, objects are retrieved and the game starts over.

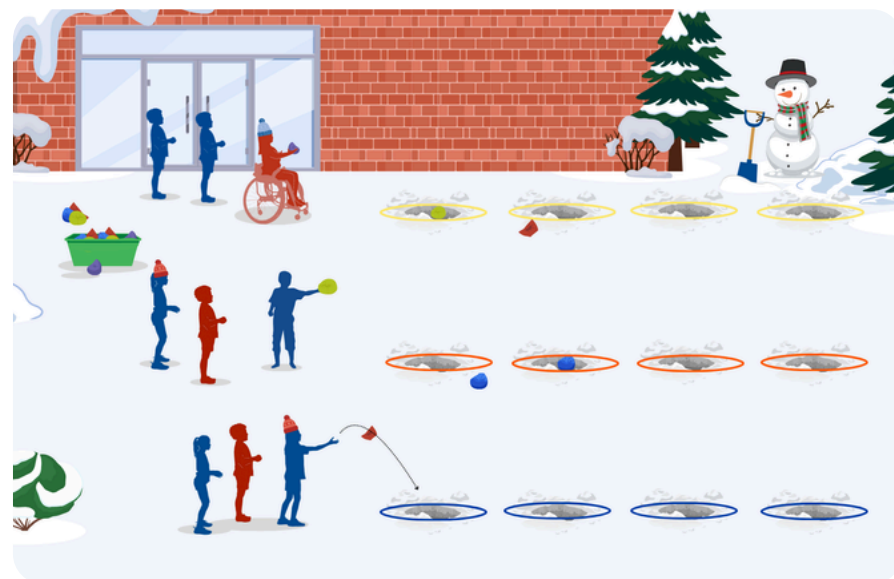
Adaptations and Modifications

- Distances from targets can be increased or decreased depending on skill level of the children participating.
- Size of the target can be increased or decreased to make the game easier or more challenging.
- Encourage participants to throw using both their left and right hands.
- Encourage participants to try different ways of throwing (e.g. underhand throw, overhand throw, sidearm throw).
- Participants can keep track of how many targets they hit.

Safety

- Remind participants to keep their heads up when moving around targets.
- Remind participants to dress appropriately for the weather.

Diagram : Snow Darts



Equipment Bean bags, something to dig in the snow, a bucket or bin