

Game



Frisbee-Curling

Objective

The goal of this game is to slide frisbees down the lane and try to land them closest to the "house".

Set-Up

- Using cones divide the activity space into "curling rinks".
- At the far end of each rink, use a cone or bowling pin to create a target (called the "House" in curling).
- Mark off a throwing line (called a "Hog line" in curling) at the start of each curling rink.
- Divide children into teams of 4.
- Each player gets 3 stones (upside down frisbees, rubber rings or bean bags).
- Place two teams in each curling rink.
- Without stepping over the hog line, children take turns sliding or throwing their stone to the target.
- When all the stones have been thrown, children can count how many stones have hit the target.
- Switch teams and play again.

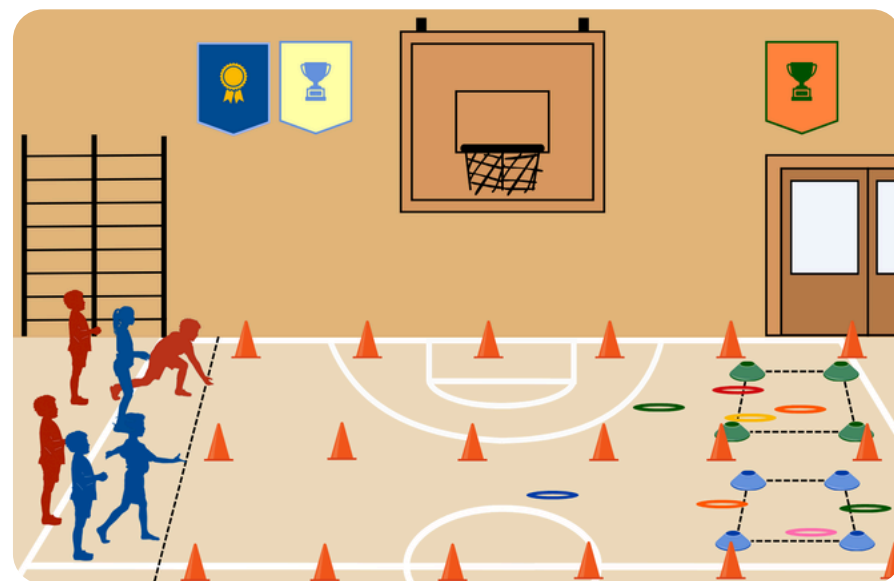
Adaptations and Modifications

- Shorten/increase lane distance.
- Take the game outside and use frozen plastic water bottles as stones.
- Place various targets worth different points
- Have children practice throwing the stone with their right and left hand.

Safety

- To avoid collisions, make sure there is sufficient space between rinks.

Diagram: Frisbee-Curling



Equipment Cones, ropes, frisbees/rings, bean bags.

