

Game → Fill the Nest

Objective

The goal of this game is to roll "acorns" into your nest.

Set-Up

- Divide participants into two groups of "squirrels".
- Divide activity space into two halves "nests".
- With cones, make a line between the two halves.
- Each group stands on one side of the cones and cannot cross over to the other side.
- Several "acorns" (i.e. small balls) are distributed to each side.
- On your signal, "squirrels" try to fill their "nests" with "acorns" by rolling them to the other side (i.e. their nest), faster than the other side can pick the "acorns" up and roll them back into their own "nest".
- After 1-2 minutes, stop the game and count how many acorns are on each side.
- Play again trying to increase the amount of acorns in their nests.

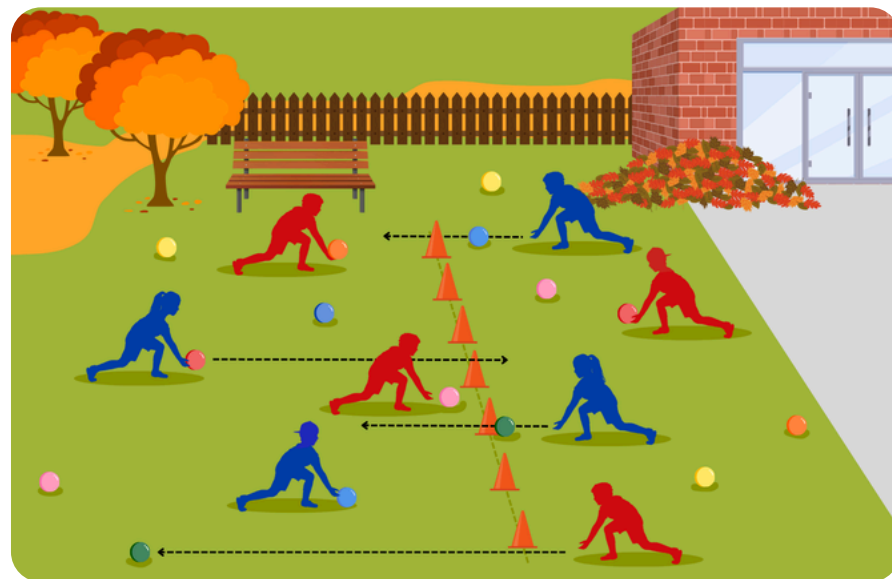
Adaptations and Modifications

- Increase or decrease the activity space.
- Use various sizes of balls (e.g. beach balls).
- Encourage participants to use both their left and right arms.

Safety

- Remind participants to keep their heads up and be aware of rolling balls.
- Remind participants not to cross the middle line.

Diagram: Fill the Nest



Equipment Cones, balls