

Game



Ultimate Egg Collection Challenge

Objective

The goal of this game is to collect all the eggs and sort them into their egg baskets.

Set-Up

- Scatter colourful plastic eggs (or bean bags) in the center of the activity space.
- Place a hula hoop in each corner, using a different colour for each hoop.
- Place a cone to mark a throwing line about 2 m in front of the hoops.
- Participants start around the perimeter of the activity space.
- On your "GO!" signal, participants move (e.g. run, gallop, skip) to the centre and collect one egg.
- They place their egg between their knees and two-foot jump to the matching colour hoop.
- From behind the throwing line, they underhand throw the egg into the hoop.
- Play continues until all eggs are collected.
- You can time the group and challenge them to beat their time in the next round.
- Alternately you can divide participants into 4 groups.
- Each group is assigned a colour and must collect the same coloured eggs.

Adaptations and Modifications

- Increase or decrease the activity space.
- Suggest different ways of moving.
- Hold egg/bean bag in hand Instead of between knees.

Safety

- Remind participants to keep their heads up while moving.

Diagram: Ultimate Egg Collection Challenge



Equipment Plastic eggs, hula hoops, bean bags