

Corporate Operational Philosophy: High-performing organizations don't wait for workplace repetitive stress or posture decay to compromise team output before taking action. Your workforce operates under strict mechanical rules. We deliver targeted, frictionless on-site biomechanical maintenance and structural recovery—preventing occupational burnout and sustaining peak workforce productivity without disruptive meetings or time-wasting lectures.

1. STREAMLINED CORPORATE BIOMECHANICAL UPKEEP

Athlete or Knot LLC provides efficient, high-impact workplace performance integration designed to deliver rapid physical resets without interrupting office workflow:

- **Rapid On-Site Targeted Relief:** In-and-out 15–20 minute myofascial treatments addressing cervical tension, upper-back tightness, and postural strain directly on the office floor.
- **Advanced Myofascial Release:** Specialized 15–30 minute structural resets utilizing targeted fascial protocols and deep soft-tissue engagement to optimize employee mobility.

2. MASTER CORPORATE MEMBERSHIP FEATURE MATRIX

Below is the universal perk matrix governing all Athlete or Knot B2B corporate membership credentials:

CORPORATE FEATURE & PERK	NON-MEMBER B2B	PRIORITY PLATINUM CORPORATE MEMBER
Annual Credential Fee	\$0.00	\$369.00 / year
Hourly Service Rate (3-Hour Minimum)	\$180.00 / hour	\$150.00 / hour
Session Format & Duration	15–20 Min Targeted Relief	15–30 Min Advanced Myofascial Release
Flat Travel Fee (Per Dispatched Practitioner)	\$100.00 / visit	\$50.00 (Up to 15 GPS Miles) / \$100.00 (15.1+ Miles)
Executive Sponsor Comp Session	Not Available	1 Comp 60-Min Session / yr (\$140 Value; Expires at 365 Days)
Workforce Posture & Health Summary	Not Available	Included (Anonymized Aggregate Report for Active Quarters)
Peak-Season Priority Locking	Standard Access	Included (First-Choice Crunch Period Calendar Locks)
Turnkey HR Launch & Comms Pack	Manual Outreach	Included (1-Click Slack/Teams/Email Templates)
Advanced Movement & Joint Stability Screening	Not Available	Included (Within Session Timeframe)
Reserved Timeslot Security	None	Up to 6 Months Out
HIPAA Compliant Employee Privacy	Included	Included
Online Employee Booking Portal & Waitlist	Included	Included

3. EXCLUSIVE CORPORATE & EMPLOYEE PERKS

Priority Platinum Corporate Members and their active, verified payroll staff receive high-value organizational and individual wellness benefits:

- **Complimentary Executive Sponsor Private Treatment:** Each annual membership year includes one (1) complimentary 60-Minute private In-Home or In-Suite session designated specifically for the contracting Executive Sponsor, HR Director, or C-Suite Officer (\$140.00 direct retail value). This session strictly expires exactly 365 days from credential execution, does not roll over to subsequent membership years, and is non-transferable outside executive leadership. Standard individual booking and cancellation rules apply.
- **Anonymized Quarterly Workforce Posture & Health Summary:** Priority Platinum corporate partners receive a quarterly aggregate data report analyzing workplace tension patterns, postural decay trends, and mechanical health baselines. Reports are generated quarterly following any calendar quarter in which active on-site corporate blocks were executed, providing HR and executive leadership concrete ROI documentation to defend corporate wellness expenditures.
- **Turnkey HR Launch & Comms Pack:** Access to pre-formatted 1-click email announcement templates, Slack/Teams copy, digital flyers, and custom employee portal booking links to eliminate administrative overhead for internal HR staff.
- **25% Discount on Individual Annual Membership:** Eligible staff members receive 25% off their personal annual individual membership credentials (Priority, Priority+, Priority Platinum, or Couples).
- **\$30.00 Savings on Single Rate Private Services:** Staff members receive \$30.00 off standard single rate individual massage and muscle treatments when booking private sessions.
- **Verification & Anti-Double-Dipping Clause:** Corporate employee perks require proof of active payroll status dated within the preceding thirty (30) days (e.g., recent paystub or active HR verification). Company email addresses are not required. Discounts apply strictly to current active payroll staff, cannot be transferred to family or friends, and cannot be double-dipped or combined with any other promotional vouchers, referral credits, or existing tier savings under any circumstances. Athlete or Knot LLC reserves the right to deny unverified discount requests.

4. OPERATIONAL PROTOCOLS & LEGAL ADDENDUM TERMS

A. ANNUAL RETAINERS, PAYMENT UPON ARRIVAL, AUTO-RENEWAL, & PAYMENT DEFAULT TERMS

Upfront Annual Credential & Auto-Renewal: Corporate annual membership retainers (\$369.00/yr Priority Platinum) are billed upfront in full upon execution and automatically renew exactly 365 days from enrollment for successive 12-month terms unless written cancellation notice is received at least thirty (30) days prior to the renewal date. All corporate annual membership retainers are strictly non-refundable.

100% Corporate Liability, Arrival Billing Mandate, Auto-Debit, & On-Site Clearance: Athlete or Knot LLC operates strictly under a 100% Full Corporate Sponsorship model. Client Corporation is 100% financially liable for all annual retainers, minimum hourly block bookings, travel fees, parking surcharges, and cancellation penalties. Employee co-pay or individual billing is strictly prohibited. A valid corporate credit or debit card must be securely held on file at all times. Payments for scheduled corporate visits are executed ****immediately upon the practitioner(s) arrival on-site**** before treatments commence to ensure Athlete or Knot practitioners are paid and time is valued. Client Corporation expressly authorizes Athlete or Knot LLC to automatically debit the card on file upon physical arrival. Client Corporation agrees all corporate payments are final and waives all rights to initiate chargebacks or banking disputes. All card transactions carry a mandatory 3.5% processing surcharge; payment via Cash or Zelle bypasses this surcharge. ****On-Site Payment Processing Clearance:**** Hands-on treatments will not commence until arrival payment processing is successfully authorized. Billed block time continues to run continuously during any payment resolution delays on site, reducing available employee treatment time accordingly without adjusting the scheduled block end time or total fee.

Delinquency, 3-Day Default Grace Period, & 73rd-Hour Penalty: If a corporate credit card transaction declines or an account balance remains unpaid, a strict three (3) day grace period applies. If account delinquency extends to the ****73rd hour** following the date payment was due (Day 3, Hour 1**), an automatic ****\$200.00 flat penalty fee**** will be assessed and added to the corporate balance, and all upcoming on-site scheduling privileges will be immediately suspended until the total balance is settled in full.

B. 3-HOUR MINIMUM BLOCK, EQUIPMENT ACCESS, SETUP PROTOCOL, TURNOVER, & NON-ROLLOVER TERMS

3-Hour Minimum Booking & Facility Access Readiness: All on-site corporate visits require a strict ****minimum booking of three (3) consecutive hours per visit****. Billed hands-on time begins the exact minute treatments commence. Client Corporation must guarantee facility and room access is open and available for practitioner setup beginning up to ****forty-five (45) minutes prior to the scheduled treatment start time****. Client Corporation must guarantee elevator access or ground-floor setup rooms for heavy equipment transport; setup rooms must provide climate control, privacy, and electrical access. Any delay in granting room or equipment access caused by corporate security, badge protocols, or room clearing will reduce available treatment time accordingly without extending the scheduled block end time.

Turnover, Sanitization, & Empty Chair Allocation: Hourly corporate block duration includes hands-on service time plus essential sanitization and participant turnover intervals between scheduled employee appointments. It is strictly required and acknowledged that ****3 to 4 minutes of each reserved employee timeslot**** is allocated to adequately sanitize equipment, replace face rest barriers, and manage employee-client turnover to maintain clinical hygiene and safety. Client Corporation pays for reserved block time, not individual employee attendance; employee no-shows, late arrivals, or empty schedule slots remain 100% billable and do not entitle the corporation to credits, extensions, or fee adjustments.

Parking, Tolls, Per-Dispatched-Practitioner Travel Fees, & 15-Mile Threshold GPS Origin: Client Corporation must provide pre-paid, reserved, or fully reimbursed on-site parking or valet for the practitioner. Any parking fees, garage charges, or highway tolls incurred will be billed directly to the corporate card on file. Travel fees apply to ****every visit to the business location and are billed per dispatched practitioner****. For Priority Platinum Corporate Members, the \$50.00 flat travel fee per dispatched practitioner applies exclusively to corporate locations within 15.0 GPS miles (one-way), measured via real-time GPS routing from the therapist's departure location to the corporate facility (verified via route screenshot upon departure). Corporate visits located 15.1+ GPS miles away automatically default to a \$100.00 flat travel fee per dispatched practitioner.

Joint Stability Screenings Within Session Timeframe: For Priority Platinum Corporate Members, Advanced Movement & Joint Stability Screenings or muscle testing are executed strictly **within** the employee's scheduled 15–30 minute treatment slot. Screenings preserve corporate time and are not provided as additional or extended service time.

Non-Rollover Forfeiture Rule: Unused corporate service block hours do not roll over to subsequent calendar months under any circumstances. Unbooked hours within a scheduled month are permanently forfeited, and the Client Corporation remains 100% financially liable for the full scheduled block commitment.

C. SCHEDULING BOUNDARIES, MANDATORY 5-DAY CANCELLATION WINDOW, & ACTIVE HOURS

Active Communication Window (8:00 AM – 6:00 PM CST): All corporate scheduling adjustments, shift rescheduling, or block alterations must be transmitted during active business hours (8:00 AM to 6:00 PM CST). Any notice received outside this window is legally logged at 8:00 AM the following business day.

Mandatory 5-Day Corporate Cancellation Window & Reschedule Origin Lock: In order to preserve schedule efficiency and allow fair opportunity for additional clients to book released openings, cancellations or requests to reduce, alter, or reschedule a confirmed corporate block must be submitted in writing at least ****five (5) full calendar days (120 hours)**** prior to the scheduled block start time. Any changes, reductions, or cancellations made inside this 5-day window trigger an automatic penalty charge equal to 100% of the total estimated hourly service fees and applicable travel fees for that entire block, billed immediately to the corporate card on file. ****Reschedule Origin Lock:**** Once a corporate block is rescheduled, the 5-day cancellation window remains locked to the original appointment date; rescheduled blocks cannot subsequently be canceled for a refund or fee waiver.

D. SCOPE OF PRACTICE, WORKPLACE PREMISES LIABILITY, & HIPAA FIREWALL

Non-Medical Scope & Informed Consent: Corporate services are therapeutic, restorative, and educational. Practitioners are Licensed Massage Therapists (LMT) and Certified Personal Trainers (CPT / CES), not medical doctors or physical therapists. Client Corporation assumes all workplace operational risks and confirms participating employees understand this scope.

Workplace Premises Liability: Client Corporation agrees to provide a clean, safe, private/semi-private, and professional physical environment for on-site corporate blocks. Corporation agrees to indemnify, defend, and hold harmless Athlete or Knot LLC and its practitioners from any premises liability or third-party workplace claims.

Corporate B2B HIPAA Information Barrier: Individual employee health history, digital intakes, SOAP chart notes, and PHI remain strictly confidential in an encrypted, HIPAA-compliant patient vault and are NEVER disclosed to corporate HR departments or management without explicit, signed employee consent.

CORPORATE ENROLLMENT SELECTION MATRIX

Note: Authorized Corporate Officer must initial next to exactly ONE selected Corporate Credential Option.

1. Select Corporate Membership Credential:

☐ Initials: _____ Priority Platinum Corporate Member (\$369.00 / yr)

☐ Initials: _____ Non-Member B2B Pay-As-You-Go (\$0.00 / yr)

2. Mandatory Billing Format Confirmation:

☐ Initials: _____ Full Corporate Sponsorship (100% Billed Upon Arrival)

5. BINDING EXECUTION & CORPORATE LEGAL AGREEMENT

By executing below, the Authorized Corporate Representative and Athlete or Knot LLC legally confirm mutual adherence to all structured B2B corporate credentials, hourly service rates, 3-hour minimum block allocations, payment-upon-arrival mandates, on-site clearance rules, 73rd-hour delinquency penalties (\$200.00 fee), 5-day cancellation windows, reschedule origin locks, per-practitioner travel fees, equipment accessibility rules, 3–4 minute sanitization protocols, executive sponsor comp sessions (365-day expiration), quarterly workforce health reports (active block quarters), 100% corporate liability terms, non-rollover rules, auto-debit authorizations, and contractual terms defined herein.

CLIENT CORPORATION NAME

AUTHORIZED CORPORATE OFFICER PRINTED NAME & TITLE

AUTHORIZED CORPORATE OFFICER SIGNATURE

DATE

ATHLETE OR KNOT LLC REPRESENTATIVE NAME

AUTHORIZED BRAND SIGNATURE

DATE