

Participant Agreement - 2026

Gorge Narrows Participant Agreement

In the agreement below, "Parties" means both the Participant and, if participant is a Minor, the Participant's legal parent/guardian.

The Parties hereby agree as follows:

1. The Parties agree to comply, at all times, with GNRC's bylaws, policies, procedures, and rules and regulations, as adopted and amended from time to time, and, when applicable, additional rules as stated verbally by managers or coaches. This agreement applies to conduct during all GNRC activities, events, and associated travel. An Individual who violates this agreement may be subject to sanctions pursuant to GNRC's Discipline and Complaints Policy. In addition, an Individual who violates this agreement during a competition may be ejected from the competition, the official may delay the competition until the Individual complies with the ejection, and the Individual may be subject to any additional discipline associated with the particular competition or event. This agreement also applies to Individuals' conduct outside of GNRC, when such conduct adversely affects relationships within GNRC (and its work and sport environment) and is detrimental to the image and reputation of GNRC. Such applicability will be determined by GNRC at its sole discretion.
2. Equipment provided to members is the sole and exclusive property of Gorge Narrows Rowing Club (GNRC). GNRC is responsible for equipment maintenance and repair of ordinary wear-and-tear. If it is determined the Parties intentionally or negligently damaged GNRC property, the Parties and all others involved in the incident will equally share in paying the total cost of repair or replacement.
3. The Parties UNDERSTAND AND AGREE, that they have read and understood the terms and conditions of this document. On behalf of the Parties, their heirs and assigns, the Parties are signing this document voluntarily and will abide by its terms and conditions.

INTRO

ROWING CANADA AVIRON ACKNOWLEDGEMENT AND CONSENT FORMS

INTRODUCTION

This document contains the following Parts:

- A. Assumption of Risk and Release Form – Quebec Residents
- B. Assumption of Risk and Release Form – Non-Quebec Residents
- C. Code of Conduct and Ethics Consent Form
- D. Image Consent Form
- E. Privacy Policy Consent Form

The relevant Parts listed above must be signed by Participants before participating in the business, activities, and Events of Rowing Canada Aviron (RCA) and its Members (as applicable).

Due to differences in the laws of Quebec and the rest of Canada, Participants must sign the Assumption of Risk and Release Form specific to the location of their residence. Accordingly, residents of Quebec are required to sign Parts A, C, D and E. Residents of all other Provinces and Territories are required to sign Parts B, C, D, and E.

Please read each Part carefully before signing.

DEFINITIONS

“Participant” means athletes, coaches, other support personnel, and any other persons directed by RCA to sign any Part of this document.

Except where specifically defined herein, all other terms used in this document shall have the meanings set out in the RCA Safe Sport Policy Manual.

IDENTIFICATION AND ACKNOWLEDGEMENT

In signing the Parts of this document applicable to you or to the Minor Participant over whom you have parental and/or legal authority, you acknowledge that you have read and understand all Parts of this document applicable to you or to the Minor Participant over whom you have parental and/or legal authority. You further acknowledge that you have signed each applicable Part of this document voluntarily and in the knowledge that its terms are binding upon you, the Minor Participant, your heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

In addition, you acknowledge that Participants are bound by and expected to comply with all RCA policies, as they may be amended from time to time, as a condition of participating in the activities and Events of RCA and its Members (as applicable). This includes being bound by the **Universal Code of Conduct to Prevent and Address Maltreatment in Sport** (UCCMS), or after April 1, 2025, subject to the **Canadian Safe Sport Policy** (CSSP). Nothing in this

document is intended to modify or limit this requirement to the policies specifically mentioned herein.

This document may be signed electronically, in which case your electronic signature shall be as binding, valid and enforceable as an original.

[Please check this box if you are a resident of Quebec](#)

Rowing Canada Waiver (Rest of Canada)

PART B: ASSUMPTION OF RISK AND RELEASE FORM

Part B applies to Participants resident in all Provinces and Territories other than Quebec.

1. This is a binding legal agreement that must be signed by all Participants, or their parent or legal guardian, if they are a Minor, before they may participate in the Activities, as defined below.
2. By signing this agreement, I (or my parent or legal guardian, if I am a Minor) acknowledge that I have read and understand this agreement, that I have been, by the present, made aware that I can seek legal advice regarding this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.
3. As a Participant participating in a Rowing Canada Aviron sanctioned activity, which includes any activity or event, including, but not limited to any competition, training camp, festival, workshop or clinic (collectively referred to as the “Activities”), whether taking place in person or remotely, individually or collectively, inside or outside a sport-specific facility (defined below as the Premises) the undersigned acknowledges and agrees to the terms described herein.

DESCRIPTION AND ASSUMPTION OF RISKS

4. I hereby acknowledge and understand that my participation in the Activities carries certain standard, common and reasonably foreseeable risks, dangers and hazards inherent to the sport of rowing or participating in an outdoor sport including, but not limited to: drowning; collision with other persons or objects; being struck by an oar and/or watercraft; the risk of stroke, heart attack or other similar life threatening conditions caused by physical exertion; the risk of personal injury including, but not limited to, cuts, scrapes, bruises, or other lesions, strains, sprains, fractures, brain injury such as concussions or other head traumas, spinal cord injury including paraplegia or quadriplegia, or death; damage to or loss of eyesight; loss of balance or control; slips, trips and falls; or a failure to act safely or within one’s own ability.
5. I also hereby acknowledge and understand that I may required to resume training remotely, or independently, outside of a sport-specific facility, owned, leased, operated or otherwise controlled by the Organization (“Remote Training”) and that this carries certain risks, hazards and dangers, as described immediately below, and for which I accept full responsibility.
6. In this regard, I (or my guardian, if I am a Minor) understand, acknowledge and accept full responsibility for the risks, dangers, and hazards which are inherent to Remote Training and/or use of the Organization’s facilities while participating in the Activities, which may involve entering lands, properties, facilities, structures, installations, vehicles or equipment owned, leased, operated or otherwise controlled by the Organization (the “Premises”). These inherent risks include, but are not limited to: the potential for bodily injury or illness (including contraction of COVID-19); close proximity to or contact with others who may have been exposed to or infected with COVID-19 or other communicable illnesses; close proximity to or contact with surfaces, equipment,

fixtures, or other objects that may be infected with COVID-19 or other communicable illnesses, despite the Organization's efforts; collision with natural or manmade objects; tripping hazards; imperfect venue or field of play conditions; equipment failure; loud-noises; equipment failure; dehydration; exhaustion; lacerations, bone fracture, bone breakage, soft-tissue damage, dislocations, tendon and/or ligament damage, sprains, spinal injuries, head or neck injuries, concussion, hearing damage, ocular damage, damage to teeth or dental work, or other bodily injury, disability (permanent or temporary), paralysis, or death; participants of varying skill levels; the negligent use of the Premises by others; despite the Organization's efforts, inadequate safety measures or unsafe Premises; other circumstances known, unknown or beyond the control of the Organization, its partners, sponsors, agents, affiliates, directors, employees, officer, or volunteers; or negligence or omission of any of the aforementioned individuals.

7. I also hereby acknowledge and understand that by signing the present agreement I acknowledge that I assume and am aware of or have been informed by Rowing Canada Aviron of the standard, common and reasonably foreseeable risks, dangers and hazards inherent to the sport of rowing which may include, but are not limited to, death, injuries or other harm or damages resulting from:

- a. Engaging in vigorous and strenuous physical exertion;
- b. Water hazards, terrain obstacles, waves, unstable surfaces and extreme and unforeseeable weather conditions;
- c. The use of any piece of equipment for the purpose of participating in the Activities, whether as a result of my own improper use or mechanical failure or manufacturer's defect;
- d. Contact, collision, falling or being struck by other participants or equipment and/or watercraft;
- e. Entanglements, entrapments, or flying objects and debris, falling out of boat/watercraft into the water, capsizing or being knocked unconscious in the water;
- f. Cold water conditions resulting in hypothermia and the potential risks and hazards above; or
- g. Any other environmental or weather conditions.

8. Furthermore, I am aware and understand:

- a. That I am expected to wear an approved Personal Flotation Device when on the water, unless otherwise stated by any government regulations that provide exemptions for the Activity(ies) and for which I qualify;
- b. That injuries sustained can be severe;
- c. That I may experience anxiety while challenging myself during the activities, events and programs;
- d. That I may come into close contact with other participants; and
- e. That my risk of injury increases as I become fatigued.

9. I am also aware and understand that my participation in the Activities may put me at an elevated risk of contracting or being exposed to viruses, including COVID-19, or other illnesses that may be present in the general population and/or in public spaces and that I nevertheless choose to participate in the Activities and fully assume the risk of doing so.

10. Therefore, as a condition of my participation in the Activities, I agree:

- a. To ASSUME all risks arising out of, associated with or related to my participation in the Activities;
- b. That my physical condition has been verified by a medical doctor to participate (or that I have been notified that my physical condition should be verified by a medical doctor and that I have consciously decided to not undergo such a verification);
- c. That I am solely responsible for my safety;
- d. To remove myself from the Activities or take any and all appropriate actions if I sense or observe any unusual hazard or unsafe condition or if I feel unable or unfit to safely continue participating in the Activities; and
- e. To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, illness, death, property damage, expense and related loss, including loss of income, resulting from my participation in the Activities.

RELEASE

In addition to assuming the risks of participating in the Activities as described above, I also agree as follows:

That Rowing Canada Aviron and its coaches, trainers, instructors, agents, staff, volunteers, directors, sponsors, partners and representatives (collectively referred to as the “Organization”), as well as any such individuals from its affiliated Provincial Rowing Associations and member clubs (collectively referred to as the “Affiliates”), shall not be considered responsible for any death, personal injury, illness, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of their participation in, the Activities;

To WAIVE any and all claims that I may have now or in the future against the Organization and its Affiliates;

To FOREVER RELEASE the Organization and its Affiliates from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the “Claims”) which I may have now or in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Organization or its Affiliates; and

To hold harmless and indemnify the Organization and/or its Affiliates from any and all liability for any damage to property of or personal injury or death to any third party, resulting from my use of or presence in or at any facilities made available for the Activities by the Organization and/or its Affiliates.

ACKNOWLEDGEMENT

I FREELY ACCEPT AND FULLY ASSUME ALL STANDARD, COMMON AND REASONABLY FORESEEABLE RISKS, DANGERS AND HAZARDS INHERENT TO THE SPORT OF ROWING AND THE POSSIBILITY OF PERSONAL INJURY, ILLNESS, DEATH, OR PROPERTY DAMAGE OR LOSS RESULTING THEREFROM. I ACKNOWLEDGE THAT I AM RESPONSIBLE FOR MY CHOICE TO PARTICIPATE IN THE SPORT OF ROWING AFTER BEING NOTIFIED OF THE ABOVE-MENTIONED RISKS, DANGERS AND HAZARDS AND THAT THE LEVEL OF RISK, DANGER AND HAZARD THAT MAY AFFECT ME PERSONALLY MAY BE AFFECTED BY MY SKILL LEVEL AND EXPERIENCE IN THE SPORT OF ROWING, AS WELL AS ANY PRECAUTIONARY MEASURES THAT I MAY OR MAY NOT HAVE TAKEN TO AVOID SUCH RISKS, DANGERS AND HAZARDS AND MY CHOSEN REACTION IN ANY GIVEN SITUATION WHILE PARTICIPATING IN THE SPORT OF ROWING.

FOR PARTICIPANTS WHO ARE MINORS:

(i.e. under 18 in Alberta, Manitoba, Ontario, PEI, Quebec, Saskatchewan and under 19 in other Provinces and Territories):

As the parent or legal guardian of the Participant, I declare that I have parental and/or legal authority to enter sign this agreement on behalf of the Participant, and I acknowledge that I have read and understand this agreement, and that I have been, by the present, made aware that I can seek legal advice regarding this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon the Participant, myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

PART C

PART C: CODE OF CONDUCT AND ETHICS CONSENT FORM

1. Rowing Canada Aviron (RCA) has adopted a Code of Conduct and Ethics to ensure a safe and positive environment within the programs, activities, and Events of RCA and its Members by making Individuals aware that there is an expectation, at all times, of appropriate behaviour consistent with the

applicable organization's core values and policies.

2. In signing below, you acknowledge and agree that:

- a. You have read and understand the Code of Conduct and Ethics, including, without limitation, its application and all responsibilities set out therein;
- b. You are responsible for knowing and complying with the [Universal Code of Conduct to Address Maltreatment in Sport](#) (UCCMS), or after April 1, 2025, knowing and complying with the [Canadian Safe Sport Policy](#) (CSSP), which is incorporated into the Code of Conduct and Ethics by reference as if set out in full therein;
- c. You acknowledge that you are bound to all of the policies found in RCA's [Safe Sport Policy Manual](#) that are not specifically referenced in this Part C and that you are able to access the full Policy Manual on RCA's website; and
- d. Any Individual who violates the Code of Conduct and Ethics may be subject to sanctions pursuant to RCA's [Discipline and Complaints Policy](#). In addition to facing possible sanctions pursuant to the Discipline and Complaints Policy, an Individual who violates the Code of Conduct and Ethics during a competition may be removed from the competition or training area, and the Individual may be subject to further sanctions.

PART D

PART D: IMAGE CONSENT FORM

NOTE: this Image Consent Form shall only be completed where the Participant (or the Participant's parent or legal guardian, if the Participant is a Minor) agrees to the terms described herein. If the Participant (or the Participant's parent or legal guardian, if the Participant is a Minor) does not want to provide the requested consent, please select the option immediately below.

1. I hereby grant to Rowing Canada Aviron and, as applicable, my Provincial Rowing Association or Club (collectively the "Organizations") on a worldwide basis, the permission to photograph and/or record the Participant's image and/or voice on still or motion picture film and/or audio tape (collectively the "Images"), and to use the Images to promote the sport and/or the Organizations through traditional media such as newsletters, websites, television, film, radio, print and/or display form, and through social media such as Instagram, Facebook, TikTok, YouTube, and Twitter/X. I understand that I waive any claim to remuneration for use of audio/visual materials used for these purposes. This consent will remain in effect in perpetuity; however, consent may be withdrawn, by providing written notice to the Organizations.

2. I hereby fully release, discharge, and agree to save harmless the Organizations, for any and all claims, demands, actions, damages, losses or costs that might arise out of the collection, use or disclosure of the Images or taking, publication, distortion of the Images, negatives, and masters or any other likeness or representation of the Participant that may occur or be produced in the taking of said Images or in any subsequent processing thereof, including without limitation any claims for libel, passing off, misappropriation of personality or invasion of privacy.

3. I UNDERSTAND AND AGREE, that I have read and understood the terms and conditions of this document. On behalf of me, my heirs and assigns, I agree that I am signing this document voluntarily and to abide by such terms and conditions.

I, the Participant (and the Participants legal parent/guardian if Participant is a Minor):

Understand that I may withdraw such consent, as it relates to Part D, at any time by contacting the [RCA Privacy Officer](#). The RCA Privacy Officer will advise the implications of such withdrawal.

PART E

PART E: PRIVACY POLICY CONSENT FORM

1. In the course of providing programs and services, Rowing Canada Aviron (RCA) may collect Personal Information, as defined in RCA's Privacy Policy ("Privacy Policy").
2. By providing Personal Information to RCA, you agree and consent to the collection, use and disclosure your Personal Information in accordance with RCA's Privacy Policy.
3. In addition to the disclosures of Personal Information contemplated by RCA's Privacy Policy, Participants who are also CSSP Participants (as defined in the RCA Safe Sport Policy Manual) acknowledge and agree that RCA may disclose Personal Information to the Office of the Sport Integrity Commissioner (OSIC) / Abuse-Free Sport program, where required or requested by OSIC for the implementation of the CSSP.