



BISHOP SHARON JONES
FOUNDER/LEAD COACH

RESOURCE SHEET



RESTORATION & SUPPORT FOR WIDOWS – JACKSONVILLE, FL

Widows Gathering Resource Sheet is designed to connect widows with trusted local agencies, organizations, and support services that can assist during seasons of loss and transition. This guide provides information on resources such as grief counseling, financial assistance, legal guidance, and support groups.

LOCAL GRIEF SUPPORT & COUNSELING SERVICES

Jacksonville Center for Grief and Loss

Offers grief education and support for individuals experiencing the loss of a spouse. Provides coping strategies, emotional support, and both in-person and virtual sessions.

Website: <http://www.jaxgrief.com>
Phone: (669) 272-8036

Community Hospice & Palliative Care Bereavement Services

Provides free grief counseling, support groups, and workshops for those grieving the loss of a loved one. Services are available to the community.

Website:
<https://www.communityhospice.com/grief-and-loss-support/>

GriefShare (Multiple Jacksonville Locations)

Weekly faith-based bereavement support groups hosted at local churches.

Website: <https://www.griefshare.org>

Contact local churches such as Chets Creek Church or St. Joseph's Catholic Church for meeting times.

WIDOW & WIDOWER SOCIAL SUPPORT GROUPS

Jacksonville Widows & Widowers Social Support Group (Meetup)

Peer-led social support group for widowed adults to connect, share experiences, and participate in local outings.

Search on Meetup or Facebook for current meeting information.

Local Church Widow Ministries

Many Jacksonville churches offer widow fellowship groups, prayer gatherings, and monthly luncheons. Contact your local church office for details.

FINANCIAL & PRACTICAL ASSISTANCE RESOURCES

Social Security Administration

Provides survivor benefits to eligible widows.
Website: <https://www.ssa.gov/benefits/survivors/>

AARP Grief & Loss Resources

Educational materials and tools to help navigate financial and emotional challenges after loss.

Website: [Dealing With Grief, Loss and End of Life Planning](#).
211 Northeast Florida (United Way)

National Widow Support Organizations (Online & Local Chapters)

Modern Widows Club®

National peer support community offering in-person and virtual support groups.

Website: <https://modernwidowsclub.org>