

Monday, Wednesday, Friday 7am – 4pm

Tuesday, Thursday 7 am – 6 pm



WEST VIEW
WELLNESS CENTER

MAY 2026 AQUATIC CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 OPEN SWIM 7a-9a Total Aqua 9:15a-10a – Nena OPEN SWIM 1:30p-3p
4 OPEN SWIM 7a-8a Gentle Waves Aqua 9:15a-10a - Sunny OPEN SWIM 3p-3:30p	5 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30-10:15 Aqua Dance-Nena 10:30a-11:15a Total Aqua Belinda 12p-12:45p OPEN SWIM 4p-5:30p	6 OPEN SWIM 7a-8a Gentle Waves Aqua 9:15a-10a - Sunny OPEN SWIM 3p-3:30p	7 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30a-10:15a Hydro Camp-Nena 10:30a-11:15a Total Aqua Belinda 12p-12:45p OPEN SWIM 4p-5:30p	8 OPEN SWIM 7a-9a Total Aqua 9:15a-10a - Nena OPEN SWIM 1:30p-3p
11 OPENSWIM 7a-8a Gentle Waves Aqua 9:15a-10a - Sunny OPEN SWIM 3p-3:30p	12 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30-10:15 Aqua Dance-Nena 10:30a-11:15a Total Aqua Belinda 12p-12:45p OPEN SWIM 4p-5:30p	13 OPEN SWIM 7a-8a Gentle Waves Aqua 9:15a-10a - Sunny OPEN SWIM 3p-3:30p	14 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30a-10:15a Hydro Camp-Nena 10:30a-11:15a Total Aqua Belinda Cl 12p-12:45p OPEN SWIM 4p-5:30p	15 OPEN SWIM 7a-9a Total Aqua 9:15a-10a - Nena OPEN SWIM 1:30p-3p
18 OPEN SWIM 7a-8a Gentle Waves Aqua 9:15a-10a - Sunny OPEN SWIM 3p-3:30p	19 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30-10:15 Aqua Dance-Nena 10:30a-11:15 Total Aqua Belinda 12p-12:45p OPEN SWIM 4p-5:30p	20 OPEN SWIM 7a-8a Gentle Waves Aqua 9:15a-10a - Sunny OPEN SWIM 3p-3:30p	21 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30a-10:15a Hydro Camp-Nena 10:30a-11:15a Total Aqua Belinda 12p-12:45p OPEN SWIM 4p-5:30p	22 OPEN SWIM 7a-9a Total Aqua 9:15a-10a - Nena OPEN SWIM 1:30p-3p
25 MEMORIAL DAY CLOSED	26 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30-10:15 Aqua Dance-Nena 10:30a-11:15 Total Aqua Belinda 12p-12:45p OPEN SWIM 4p-5:30p	27 OPEN SWIM 7a-8a Gentle Waves Aqua 9:15a-10a - Sunny OPEN SWIM 3p-3:30p	28 OPEN SWIM 7a-9:15a SS Splash-Nena 9:30a-10:15a OUT Hydro Camp-Nena 10:30a-11:15 OUT Total Aqua Belinda 12p-12:45p OPEN SWIM 4p-5:30p	29 OPEN SWIM 7a-9a Total Aqua 9:15a-10a - Nena OPEN SWIM 1:30p-3p

***CLASSES SUBJECT TO CHANGE DAILY**