

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

West View Healthy Living 1715 Mechanicsburg Rd ♦ Wooster OH 44691

October 2026

BRIDGES

11:30am-Lunch & Laughter 2pm-Sunday Worship; Church of the Nazarene, Pastor Jeremy (CH/ch 4) 	4 9am-Chair Exercises 10am-Devotions & Sing 11am-Monarch Brass Band (CH) 11:30am-Lunch & Laughter 1:30pm-Music w/Christine	5 9am-Morning Stretch 10am-Devotions & Sing 11am-Songs w/Sharla (L) 11:30am-Lunch & Laughter 1pm-Activity w/Don	6 9am-Morning Stretch 10am-Devotions & Sing 11am-Songs w/Sharla (L) 11:30am-Lunch & Laughter 1pm-Activity w/Don	7 Salon Appointments 9am-Chair Exercises 10am-Trivia 10:45am-Chapel (CH) 11:30am-Lunch & Laughter 1pm-Movies & Ice Cream 1-3pm-Ice Cream Social (TS)	8 9am-Morning Stretch 10am-Devotions & Sing 10:45am-Music w/Dan 11:30am-Lunch & Laughter 1pm-Activity w/Don 3pm-Puzzles	9 Reflexology & Massage (RR) 9am-Chair Exercises 10am-Creative Crafts 10:45am-Trivia 11:30am-Lunch & Laughter 3:30pm-Piano w/Laura Jane	10 Weekend Packet: Journey Through the Pumpkin Patch 11am-Piano w/Tom (L) 11:30am-Lunch & Laughter Birdwatching, Strolls, Conversations 
11:30am-Lunch & Laughter 2pm-Sunday Worship; Congress Community, Pastor Tadd (CH/ch 4) 	11 Chance-Therapy Dog (RR) 9am-Chair Exercises 10am-Devotions & Sing 10:45am-Music w/Steve 11:30am-Lunch & Laughter 1:30pm-Music w/Christine 6:30pm-Evening of Arts w/Wooster Music Club (CH) Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12 9am-Morning Stretch 10am-Devotions & Sing 11am-Songs w/Stan (L) 11:30am-Lunch & Laughter 1pm-Activity w/Don	13 Salon Appointments 9am-Chair Exercises 10am-Trivia 10:45am-Chapel (CH) 11:30am-Lunch & Laughter 1pm-Movies & Ice Cream 1-3pm-Ice Cream Social (TS)	14 9am-Morning Stretch 10am-Devotions & Sing 10:45am-Trivia 11:30am-Lunch & Laughter 1pm-Activity w/Don 3pm-Puzzles	15 9am-Morning Stretch 10am-Devotions & Sing 10:45am-Trivia 11:30am-Lunch & Laughter 1pm-Activity w/Don 3pm-Puzzles	16 9am-Chair Exercises 10am-Creative Crafts 11am-Music w/Jim Ball (L) 11:30am-Lunch & Laughter 3:30pm-Piano w/Laura Jane	17 Weekend Packet: Armchair Travel: Chile 11am-Piano w/Rachel (L) 11:30am-Lunch & Laughter Birdwatching, Strolls, Conversations 
11:30am-Lunch & Laughter 2pm-Sunday Worship; Pleasant Hill Baptist, Steve Gerber (CH/ch 4) 	18 9am-Chair Exercises 10am-Devotions & Sing 11am-Monarch Brass Band (CH) 11:30am-Lunch & Laughter 1:30pm-Music w/Christine	19 9am-Morning Stretch 10am-Devotions & Sing 11am-Songs w/Sharla (L) 11:30am-Lunch & Laughter 1pm-Activity w/Don	20 Salon Appointments 9am-Chair Exercises 10am-Trivia 10:45am-Chapel (CH) 11:30am-Lunch & Laughter 1pm-Movies & Ice Cream 1-3pm-Ice Cream Social (TS)	21 9am-Morning Stretch 10am-Devotions & Sing 10:45am-Music w/Dan 11:30am-Lunch & Laughter 1pm-Activity w/Don 3pm-Puzzles	22 9am-Morning Stretch 10am-Devotions & Sing 10:45am-Music w/Dan 11:30am-Lunch & Laughter 1pm-Activity w/Don 3pm-Puzzles	23 9am-Chair Exercises 9:30am-Bus Loads for Outing to Secrest Arboretum 11:30am-Lunch & Laughter 3:30pm-Piano w/Laura Jane	24 Weekend Packet: Candy Corn Capers 11am-Piano w/Rachel (L) 11:30am-Lunch & Laughter Birdwatching, Strolls, Conversations 
11:30am-Lunch & Laughter 2pm-Sunday Worship; Ackerman Church of God, Pastor Thomas (CH/ch 4) 	25 Chance-Therapy Dog (RR) 9am-Chair Exercises 10am-Devotions & Sing 10:45am-Music w/Steve 11:30am-Lunch & Laughter 1:30pm-Music w/Christine	26 9am-Morning Stretch 10am-Devotions & Sing 11am-Songs w/Stan (L) 11:30am-Lunch & Laughter 1pm-Activity w/Don	27 Salon Appointments 9am-Chair Exercises 10am-Trivia 10:45am-Chapel (CH) 11:30am-Lunch & Laughter 1pm-Movies & Ice Cream 1-3pm-Ice Cream Social (TS)	28 9am-Morning Stretch 10am-Devotions & Sing 10:45am-Bingo 11:30am-Lunch & Laughter 1pm-Activity w/Don 3pm-Puzzles	29 9am-Morning Stretch 10am-Devotions & Sing 10:45am-Bingo 11:30am-Lunch & Laughter 1pm-Activity w/Don 3pm-Puzzles	30 9am-Chair Exercises 10am-Creative Crafts 11am-Piano w/Jennie (L) 11:30am-Lunch & Laughter 3:30pm-Piano w/Laura Jane	31 Weekend Packet: Monster Mash 11am-Piano w/Rachel (L) 11:30am-Lunch & Laughter Birdwatching, Strolls, Conversations  HALLOWEEN

Key: CH=Chapel; L=Library; RR=Room to Room; TS=Town Square. Note: Montessori principles incorporated into programming.

*All activities, times and locations subject to change.