

CHINITHA JOHNSON

THE SELF-TRUST ACTIVATOR

Speaker | Author | Facilitator

Speaking that moves people from insight to self-trust in action.



ABOUT CHINITHA

Chinitha Johnson is a speaker, author, and Self-Trust Activator who helps people rebuild trust in themselves so they can make clear decisions, take action, and follow through on what matters. Her work resonates deeply with accomplished women who appear strong on the outside but feel disconnected from themselves beneath responsibility, achievement, and other people's expectations. Through The Master Key(TM) framework, she turns self-trust into a practical experience audiences can use immediately.

FEATURED TALKS & WORKSHOPS

Each session can be tailored to the audience, setting, and format.

01

The Master Key: Turning Self-Trust Into Evidence

Self-trust is not just a feeling. Chinitha shows audiences how to make a clear decision, act on what they already know, and use follow-through as evidence they can trust themselves again.

02

The Inner Yes: Trusting Your Own Answer

A practical conversation about hearing your own answer beneath pressure, outside opinions, and fear, then staying grounded after you choose.

03

The 48-Hour Rule: From Overthinking to Action

A memorable framework that gives people 47 hours to process and requires a decision at hour 48, helping them stop reopening the same choice and move forward responsibly.

SELECTED CREDIBILITY

- Author of The Master Key Challenge
- People's Choice Award Winner, Next Top Speaker Tournament Season 6
- Host of Who's in the Room? and creator of Trust Out Loud and The Self-Trust Room

AT A GLANCE

15+

years of leadership

35K+

audience across platforms

Top 50

Next Top Speaker finalist

AUDIENCES & SETTINGS

- Corporate and association events
- Leadership development
- Women's events
- Entrepreneur communities
- Faith and community gatherings

AVAILABLE FORMATS

Keynotes, interactive workshops, facilitated conversations, panels, and podcast interviews.

AUDIENCE RESPONSE

"Chinitha is a powerful and inspirational speaker that leaves the audience feeling seen and empowered! I love watching her speak!"

D'Leene DeBoer, Author

"Her storytelling was powerful, tender, and full of life. Her words created a vivid world that pulled us right beside her."

Felicia Collins, Coach

INVITE CHINITHA TO SPEAK

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