

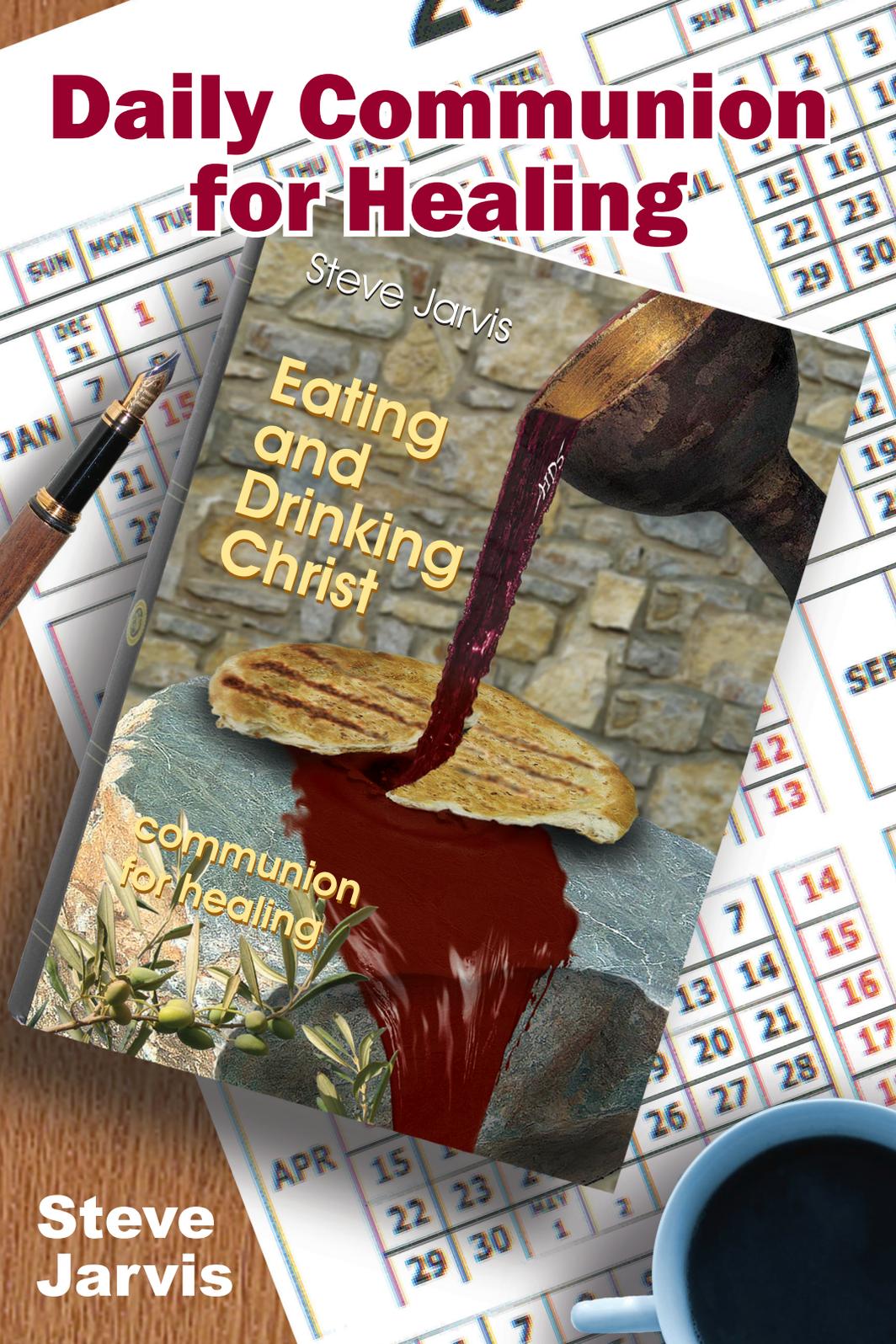
Daily Communion for Healing

Steve Jarvis

Eating
and
Drinking
Christ

Communion
for healing

Steve
Jarvis



Daily Communion for Healing Eating and Drinking Christ

As you are going make disciples,
teach them what I have taught you.

Matthew 28: 19~20

Steve Jarvis



The Steve Jarvis Family

Son Levi, Steve, wife Lynn,
daughter Hannah, and son Zechariah

Rules I have lived by and taught my children:

Talk to God, The Creator of the Universe.

Do not cheat, lie or steal for any thing or any reason, in your private life and your work.

Do not be immoral and the majority of life's problems will not come.

Listen to God and read the Bible.

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JAMES VERSION of the Bible.

Once I was bitten by a very deadly insect. The bite caused my joints and every part of my body to have great pain and stiffening. I could barely move. My left side just below my ribs all the way to my left thigh and around my back was purple. I took communion five times a day for three days; sometimes with my wife and sometimes alone. Then on the third day God healed me. I'm not saying I just felt better. I'm saying my energy was back and I had no weakness. I was 100 percent from the top of my head to the bottom of my feet. I know it was the communion. Communing with Christ is what healed me. This is the message, for every believer on Earth, that the God of Abraham, Isaac, and Jacob wants us, as His people, to break bread and drink the cup of the new covenant OFTEN!

Now let me take you on a journey through the Bible that has unlocked some powerful truths of healing that are for us today. This book will show you the power in God's Word from the Old Testament concerning what makes a person healed. You will be convinced after reading this book, that healing is a major part of the gospel message.

Read Exodus 14. And they shall take of the blood, and strike it on the two side posts and on the upper doorpost of the houses, wherein they shall eat it. (They ate the lamb)

We are told in Psalms that not one was sick or lame when they left Egypt. The blood on the doorpost was protection from the plague. Eating the lamb was preparation for the trip.

Psalm 105:37 "He brought them forth also with silver and gold: and

there was not one feeble person among their tribes.”

This is a very powerful Old Testament account of the first steps of deliverance from Egypt. I find this interesting that the Hebrew people ate a lamb and were all perfectly healthy before they made their trip. This shows you can be saved by the blood. But if you don't eat the lamb you won't be healthy for the trip of life. Now in the beginning of the New Testament, John the baptizer said, (*John 1:29*) “*behold the Lamb of God which takes away the sin of the world.*” *Do you see the reference of eating a lamb in the Old Testament and Jesus being the lamb in the New Testament?*

Matthew 15:22-28 And, behold, a woman of Canaan came out of the same coasts, and cried unto him, saying, Have mercy on me, O Lord, thou Son of David; my daughter is

grievously vexed with a devil. But he answered her not a word. And his disciples came and besought him, saying; Send her away; for she crieth after us. But he answered and said, I am not sent but unto the lost sheep of the house of Israel. Then came she and worshipped him, saying, Lord, help me. But he answered and said, It is not meet to take the children's bread, and to cast it to dogs. And she said, Truth, Lord: yet the dogs eat of the crumbs which fall from their master's table.

Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt. And her daughter was made whole from that very hour."

This Canaanite woman said, "My daughter is vexed with a devil," and Jesus did not answer her a word. The disciples even wanted to send her

away. She was persistent and worshipped Him, but he answered her and said, "I can't give the children's bread or food to the dogs." (Canaanites were called dogs by the Jews.) What was Jesus calling food here? The woman was asking for her daughter to be healed. Jesus had been healing Jews. The bread was food and healing. Understand, Jesus was calling healing "bread."

Jesus also said that He was the manna or bread that came down from heaven in John 6:50. I want us to look very closely at what Jesus is saying about healing. There is a healing meal that has been robbed from us. This healing meal is the taking of communion. This word I am speaking is for every believer, tribe, and tongue who names the name of Jesus. It is essential to take communion in your home by yourself, with other believers, and with your family. As often as you eat

and drink, remember what happened to Jesus, and know that redemption started when Christ's sufferings started. Do this at home, work, or wherever you may be.

1 Cor. 11:23-26 "For I have received of the Lord that which also I delivered unto you. That the lord Jesus, the same night in which he was betrayed, took bread: and when he had given thanks, he brake it, and said, take, eat: this is my body, which is broken for you: this do in remembrance of me. For as often as ye eat this bread, and drink this cup, ye do show the Lord's death till he come."

Did you catch that last part? When **YOU** take communion, do it in remembrance of the Lord's Death. Let us stop and remember how He died. Jesus was first accused. He had fear. He sweated with grief. He was mocked and ridiculed. He was in pain and He

was lonely. He was accursed.

Read Galatians 3:13. He had sleeplessness and sweated grief droplets of blood. Jesus was exhausted, anguished of the soul – to the point of almost surrendering to the flesh.

Isaiah 53:3 “He is despised and rejected of men; a man of sorrows, and acquainted with grief; and we hid as it were our faces from him; he was despised, and we esteemed him not.”

Rejected by men, a man of sorrows and acquainted with grief. He was despised and smitten, slapped, and forsaken. He was totally alone when He became our sin. *Jesus said “My God, My God, why hast thou forsaken Me?” (Mathew 27: 46)* Surely our griefs He Himself bore, and our sorrow He carried; Yet we ourselves esteemed Him stricken, Smitten of God, and afflicted.

But he was pierced through for our transgressions, He was crushed for our iniquities; the chastening for our well-being fell upon Him, and by His scourging we are healed. All of us like sheep have gone astray, Each of us has turned to his own way; but the Lord has caused the iniquity of us all to fall on Him.

Isaiah 53:10 "Yet it pleased the Lord to bruise Him; He hath put Him to grief: when thou shalt make His soul an offering to sin, He shall see His seed, He shall prolong His days, and the pleasure of the Lord shall prosper His hand."

Jesus was bruised, whipped, spat on, cursed, wounded, pierced, and crushed. At this point He was not dead. He was beaten. His beard was pulled out. A crown of thorns was placed on His head. His joints were all out of place. He was whipped with a cat of nine tails made of leather with

metal in them. He was made to carry a cross too heavy to bear and He was taken out of the city that had blessed Him. The government tormented Him. He was made to lie in the dust. Jesus was put on trial and found guilty by His own people. His body was beaten, whipped, bruised, and crushed. His body was then stretched into a contorted position and nailed to the cross where it was almost impossible to breathe. Every part of His body was throbbing with the pulse beat of His heart. Then the cross was suddenly dropped into the hole to hold Him as a spectacle in the air. He was naked. He gasped for His breath. He was made to drink vinegar for thirst.

He said He could see His bones. They called Him names as he was in agony. Though he was not dead, He felt rejected by His Father and said, *“My God, my God, Why has thou forsaken me?”* Matt. 27:46

His own words were used against Him and then He died.

When we partake of communion, we are exchanging what is wrong in our body for what was put on His body. Jesus Christ died in such agony so that you could be healed by feeding on Him, eating His flesh and drinking His blood. Jesus said this is communion.

John 6:4 “Your father did eat manna in the wilderness, and are dead.”

John 6:50 “This is the bread which cometh down from heaven, that a man may eat thereof and not die.”

John 6:51 “I am the living bread which came down from heaven: if any man eat of this bread, he shall live forever: and the bread that I will give is My flesh, which I will give for the life of the world.”

This doctrine is to be proclaimed to every believer on the earth to take Communion more OFTEN. So we, as the church will be stronger, healthier, and more alive.

1 Cor. 11:25-26 "After the same manner also He took the cup, when he had supped, saying, This cup is the new testament in My blood: this do ye, as often as ye drink it, in remembrance of me.

For as often as ye eat this bread, and drink this cup, ye do show the Lord's death till He come."

For as "often" as you partake and discern the Lord's death, you trade sickness, disease and infirmities. For what died in Christ will not live in you. His death is what heals us, because all disease died in Him. We must examine and look deeply into His tribulation, because it is written...

Matthew 8:17 “that what was spoken through Isaiah the prophet might be fulfilled, saying, HE HIMSELF TOOK OUR INFIRMITIES, AND CARRIED AWAY OUR DISEASES.”

Psalms 103:2 “Bless the Lord, O my soul: and all that is within me, Bless His holy name. Bless the Lord, O my soul, and forget not all his benefits: who forgiveth all thine iniquities; who healeth all thy diseases.”

Read the entire chapter, Psalm 103. Spend time in this passage. Pray, meditate and seek the Lord while He may be found.

Acts 2:42 “And they continued steadfastly in the apostles’ doctrine and fellowship, and in breaking of bread, and in prayers.”

This doctrine was practiced daily. (Doctrine is a teaching or a way.)

Acts 2:46 “They, continuing daily with one accord in the temple, and breaking bread from house to house, did eat their meat, with gladness and singleness of heart.” (Christ is the meat. John 6:55)

I am sending this message to the church, anyone anywhere, who calls on the name of Jesus Christ as Savior and Lord; to him who believes, He is the Christ, the Anointed One, the only Son of God sent from God to save man from his sin. No matter what other Biblical teachings you hold fast, if the *church* will embrace this teaching, it will be stronger, healthier and more alive.

Test this doctrine for yourself. Be still and be your own priest because the Bible says we are the royal priesthood.

This is the scriptural basis for the

priesthood of all believers, under Christ the High Priest. Jesus is our High Priest after the order of Melchizedek (Hebrew 5:6, 10; 6:20) and all believers are a royal priesthood according to the Order of Melchizedek (Read Psalms 110: 4). One of the signs of the ministry of the priesthood is offering bread and wine. Melchizedek brought bread and wine to Abraham. Genesis 14: 18 Jesus was born in Bethlehem and buried in a vineyard. Bethlehem means “house of bread.” Jesus said He was the bread and the wine. At the last supper we see Jesus establishing the priesthood of Melchizedek offering bread and wine.

As a royal priesthood you are authorized, anointed, and ordained to minister healing “bread and wine” to others. Because you are Melchizedek in the earth now, you are the royal priesthood.

1 Peter 2:9 “But ye are a chosen generation, a royal priesthood, a holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of darkness into his marvelous light.”

Be the priest over your body and your household. Healings will take place as you minister and partake of the Communion. Jesus said, He who eats My flesh and drinks My blood, it is he who abides in Me and I on the inside of him.

Therefore, if you want to abide in Christ, take communion. This is the only place in all of scripture that tells you how to abide in Christ...by taking communion.

John 6:47-53 “Verily, verily, I say unto you, He that believeth on me hath everlasting life. I am the bread of life. Your fathers did eat the manna in the

wilderness, and are dead. This is the bread that cometh down from heaven, that a man may eat thereof, and not die. I am the living bread which came down from heaven: if any man eat of this bread, he shall live forever: and the bread that I will give is my flesh, which I will give for the life of the world. The Jews therefore strove among themselves, saying, how can this man give us his flesh to eat?"

Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink His blood, Ye have no life in you. Who-so Eateth My flesh, and drinketh My Blood, has eternal life; and I will Raise him up at the last day. (We are living in the last day.) For My flesh is meat indeed, and My blood is drink indeed. He that eateth My flesh, and drinketh My blood, dwelleth in Me, and I in him. As the living Father hath sent me, and I live by the Father; so he that eateth

Me, even he shall live by Me. This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live forever.”

Think about this: To abide in Christ is to partake of Him. Take communion. To eat His flesh and drink His blood is partaking of the Passover lamb, because Jesus is the Lamb of God.

John 15:4 “Abide in Me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine: no more can ye, except ye abide in me.

Jesus continued to say, “*Apart from me you can do nothing. And if you abide not, you are cast away as a branch and are a dried up well.*”

No wonder many believers’ bodies are weak and shriveled.

John 15:7 “If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.”

When you take communion, you are abiding in Him. When you memorize the scripture, Jesus and the Word are abiding in you. Then whatever you ask, it shall be done unto you.

John 6:53 “Then Jesus said unto them, Verily, verily, I say unto you, except ye eat the flesh of the Son of man, and drink His blood, ye have no life in you.”

John 6:55 Jesus said, *“For my flesh is meat indeed.”*

My family and I take communion at our dinner table. We ask others to take communion with us. Some do and some do not.

It is most important that communion not be taken in vain. “In Vain” means to do something with no results.

1 Cor. 11:27-30 “Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord. But let a man examine himself, and so let him eat of that bread, and drink of that cup. For he that eateth and drinketh unworthily (in vain), eateth and drinketh damnation to himself, not discerning the Lord’s body. For this cause many are weak and sickly among you, and many sleep.”

The scripture says if you take it in vain you **WILL** be weak, sick, or even sleep, unto death. So, if you do not take communion in vain, the communion will do the opposite...you will be strong, healthy, and awake unto life.

Imagine for a minute if you were the

enemy and you knew that communion would help you stay healthy, what could you do? You would be diligent to inconvenience leadership that do not partake or believe communion has no effect. You might symbolize it to death or make communion so ritualistic that you get bored or passive taking it.

In the beginning, Eve and Adam ate from the tree of knowledge of good and evil. When we take communion, eating the bread and drinking the cup, we are putting our body into the trust and leadership of Jesus Christ. Jesus is the last Adam. 1 Corinthians 15:45 states that death entered through the first Adam by eating. Jesus, the last Adam tasted death and disease for all of us so we must eat and drink Christ to be healthy.

Because His death, His covenant and His redemption brings us back to

Eden, before they ate of the forbidden tree. His kingdom now in the earth as it is in Heaven. Therefore, when we partake of the new **COVENANT** in vain (having no results), we are guilty of the body and the blood of the Lord and we eat and drink damnation to ourselves. This is why you are sick.

Stop taking the suffering and crucifixion of Christ for granted or in vain, as if it has no power right now.

This word of the communion is for all believers to eat and drink Christ more often.

Those of you who are Jewish believers, if you will break bread with unbelieving Jew, their eyes will be opened just as the disciples on the road to Emmaus. When Jesus was walking with them and their eyes were beholden until they invited Jesus in.

Jesus took the bread, He blessed it, broke it, and gave it and then their eyes were opened. A great unveiling will happen in Israel to see Jesus as the Messiah.

If you never have taken communion by yourself or at your own home, this is how to take communion. It is true, you do need to examine yourself to see if there is any known sin in your life, confess it and repent. If you are struggling in an area, be honest with God and come to him just as you are because Jesus ate with tax collectors and sinners. Take the bread, bless God and thank Him for his provision for your healing. Thank Him for His goodness. Thank Him for being broken for you. Think about where you need healing in your body.

Give this bread to yourself and others (Pray, Bless God, with everyone having bread in their Hand) because God

took His only begotten son and He blessed Him. Jesus went all through the land healing and sharing God's love, then God broke Him in the crucifixion (Break the bread and eat it) and in the resurrection God gave Jesus back to us. Jesus never made anyone sick during His entire earthly ministry.

Jesus said, *"If you want to see the Father, I am the exact representation of Him."* John 14: 9

The covenant started when the first drop of blood fell in the garden of Gethsemane. This is why we partake and remember the death of the Lord, because of what died in Him will not live in you. It is God's mercy for your healing.

When under heavy attack of the enemy, remember He prepares a table in the presence of your enemies. Sickness is your enemy; it

will steal your faith.

In the Old Testament, God sent sickness because of people's disobedience. They complained of the manna that came down from Heaven and they died. Do not grumble and complain against the Lord or blame Him if you are sick. He provides the way for health and life through communion. Take communion everyday because Jesus said, "give us this daily bread." **OUR DAILY BREAD IS CHRIST.**

Memorize this scripture: John 10:10

John 10:10 The thief commith not, but for to steal, and to kill and to destroy: I am come that they might have life, and that they might have it more abundantly.”

Satan wants to steal your life. God poured out His wrath for sin, diseases, and sickness on Jesus. For healings to stop, His love would have to stop, so...

Eat, Drink and be Healed



About the Author

Steve Jarvis with his wife Lynn and three children, live in a rural environment, much like the one he lived in as a child. Steve had a Huckleberry Finn–Tom Sawyer childhood, hunting, fishing and trapping. He has many stories to tell and enjoys telling them even today around a camp fire with his children, family and friends.

Such stories as his experience with a wild bear and falling 20 feet off a cliff into two feet of water were near-miss experiences with death.

These life experiences have helped to give him understanding about survival, struggles and setbacks and how great it is to overcome when you know God's truths. Steve has wisdom to share with you about the healing and health that is complete and yours to experience. Regardless of what life you have lived or what struggles and setbacks you have experienced, this book will direct you to God's Word for health and healing.

This book, as well as others written by Steve, has a powerful message to encourage believers in their Christain walk to live an exciting, healthy and adventurous life in Christ.

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